

HARRIS COUNTY
RESOURCE DIRECTORY
2023-2024





A Program of Harris County Resources for Children and Adults

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6300 Chimney Rock, Houston, Texas 77081

http://resources.harriscountytx.gov

2023-2024 RESOURCE DIRECTORY FOR HARRIS COUNTY

Designed for Agencies Serving Youth & Families

This directory includes only the most commonly used nonprofit, United Way, church, and government resources available to the general public and is not intended to be complete. Private, for-profit services are sometimes included if there is a lack of nonprofits for that service, or they offer some free or specialized program to the community. It is intended to be an organized informational guide for professionals working with youth. <u>Inclusion</u> does not denote endorsement or recommendation.

Directory information rapidly becomes outdated, and a new directory is published annually. If you find errors or have information on new resources, please feel free to contact us so that we can stay as up to date as possible. For current information regarding state agencies, we recommend you contact the agency.

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For additional copies call: 832-927-6369

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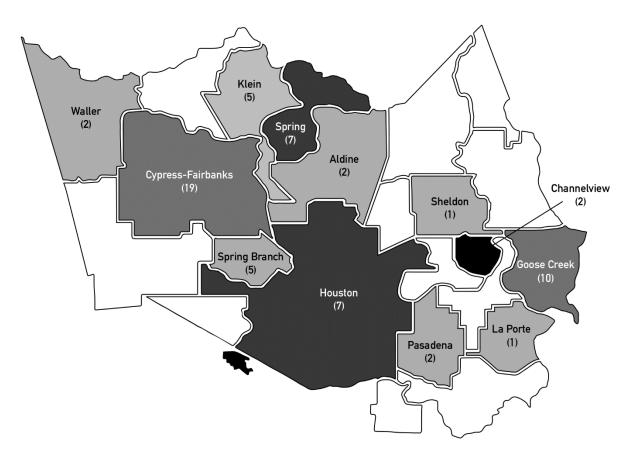
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Community Youth Services (CYS)

Administration: 6300 Chimney Rock Rd.

832-927-6300

Community Youth Services, a program of Harris County Resources for Children and Adults, is a school-based crisis intervention, counseling, and case management service that provides practical assistance to families of children and youth who are experiencing problems. In partnership with local schools/other governmental entities, the services of CYS are available to students in 12 Harris County school districts, as well as the Pasadena Police Department, and the Educational Services Division of the Harris County Juvenile Probation Department. All services of CYS are voluntary and provided at no cost to the family. In counseling youth and their families, CYS also searches among the many agencies throughout Harris County to locate and help clients obtain needed social services to resolve family problems. Truancy, runaway, pregnancy, drugs, school, economic and family problems are appropriate referrals. When providing services, CYS can visit the family in their home or at the CYS offices on the school campus in the client's community. CYS can also serve as a liaison with other youth serving agencies of the county such as Juvenile Probation, Children's Protective Services and The Harris Center for Mental Health and IDD when youth and family have multi-agency involvement. To get help, simply telephone the Youth Service Specialist (YSS) for your school district or their supervisor during school hours.



The mission of CYS is to improve the lives of youth and their families through advocacy, education, and personal empowerment.

CYS Staff and Supervisors by Contracting School Areas

Area Supervisor	Sonya Fowler	<u>832-927-6372</u>
Baytown I	Earlicia Holman	832-919-9751
Baytown II	Adriana Deleon	832-917-8404
Baytown III	Patricia Fiess	713-829-1117
Baytown IV	Cyntera Jnofinn	832-919-2001
Baytown V	Pamela McClain	832-405-2443
Baytown VI	Audrey Shankle	832-523-2192
Baytown VII	Flavie Vodounou	281-635-7625
Baytown VIII	Malia Dixon	281-714-1866
Baytown IX	Vacant	
Baytown X	Vacant	

<u> Area Supervisor</u>	Kristie Erwin	<u>832-927-6360</u>
Cy-Fair I	Chantal Samson	832-919-9880
Cy-Fair V	Nikki Sample	832-919-1614
Cy-Fair VI	Kimberly Hines	832-917-9564
Cy-Fair VII	Timira Maxwell	713-206-5466
Cy-Fair VIII	Carrie Harris	832-919-2287
Cy-Fair XII	Olivia McElrath	832-431-0200
Cy-Fair XIV	Karisman Taylor	832-917-9492
Cy-Fair XV	Ellyna Triplett	832-405-6075
Cy-Fair XVII	Ariell Shackelford	832-319-4822

<u> Area Supervisor</u>	Paula Wilkes	<u>832-927-6362</u>
Cy-Fair II	Kelley Rasmussen	832-919-9044
Cy-Fair III	Darshall Lundy	281-900-4906
Cy-Fair IV	Jason Jones	832-851-9229
Cy-Fair IX	Joshua Bibbs	281-900-8740
Cy-Fair X	Samantha Promise	281-740-4510
Cy-Fair XI	Chandler French	281-728-0853
Cy-Fair XIII	Britney Brown	832-370-3669
Cy-Fair XVI	Lilia Ramos Rodriguez	832-851-6904
Cy-Fair XVII	Hilda Marquez Lara	713-829-2328
Cy-Fair XIX	Brenda Argueta	832-778-1892

Area Supervisor	Frances Thompson	832-927-6364
Aldine I	Dora Byrd	832-470-7287
Aldine II	Twyla Lee	832-506-4971
Channelview I	Cassandra Garcia	832-778-1789
Channelview II	Crystal Kennon	832-917-9491
La Porte I	Sherrita Rachal	832-851-6209
Sheldon I	Patricia Burr	281-755-9838
<u>Area Supervisor</u>	Laurie Robinson	<u>832-927-6376</u>
Klein I	Callie Cantrelle	832-389-7550
Klein II	Lori Cook	832-712-4766
Klein III	Kimberly Milo	832-776-2733
Klein IV	Alicia Vera	832-942-4875
Klein V	Tracy Hogan	832-851-0814
Pasadena P.D.	Vanessa Rodriguez	832-570-8459
Pasadena P.D. HSSP	Silvia Guerrero	832-570-9726
Area Supervisor	<u>Lequita Hamm</u>	<u>832-927-6377</u>
My Brother's Keeper	Cassandra Barre	070 547 0047
My Brother's Keeper	Vacant	832-517-8216
My Brother's Keeper	John Fuentes	070 770 0470
My Brother's Keeper	Vacant	832-778-8439
Area Supervisor	Kathryn Joyce	<u>832-927-6359</u>
Spring Branch I	Cindy Castelan	832-319-9728
Spring Branch II	Nyree Hodge	713-469-2747
Spring Branch III	Alejandra Camacho	281-732-7884
Spring Branch IV	Alyssa Rivera	713-829-6170
Spring Branch V	Vacant	832-547-8411
HISD Westbury	Donald Rogers	832-584-9496
JJAEP I	Kymonnah McDowell	832-364-8115
JJAEP II	Destinee Alowde	713-201-9150
Area Supervisor	<u>Jarrett Boykin</u>	<u>832-927-6327</u>
Spring I	Vacant	
Spring II	Alyssa Gonzalez	832-851-0174
Spring III	Danielle Gonzalez	832-370-8955
Spring IV	Christina Cravinas	832-778-8498
Spring V	Devyn Tuttle	713-829-3104
Spring VI	Mayra Soriano	832-405-6374
Spring VII	Damian Washington	713-204-0783
Waller I	Brandy McWilliams	832-470-8190
Waller II	Audrey Cancino	832-364-8621

Adoption

Adopt For The Love Of A Child (Adopt TLC)

281-507-7626

22895 Cuttler Rd., New Canev 77357

www.Adopt4TLC.org

Infants, school age children, and older children; Special needs children and embryo adoption. Private, domestic, and international adoptions. Offers pre-and post-adoption counseling, preparation, support, and training. Adoptive parents must be over 21. Serves the entire state of Texas. **Call for an appointment.**

Adoption Information and Counseling (Adopt Texas)

281-235-5103

6802 Mapleridge, #101, Bellaire 77401

www.Adoptexas.com

Adoption counseling. Placement of infants primarily. Licensed full-service adoption agency. Works with adolescents and adults who are pregnant, as well as some who already have children. Expenses vary depending on birth mother's needs/expenses.

Arms Wide Adoption Services

713-681-6991

6925 Portwest Dr., Suite 110, Houston 77024

www.armswideadoption.org

Focuses on finding homes for children with special needs. Offers comprehensive foster care, kinship care, adoption, and post adoption services, and post-permanency services. Serves several counties in the Houston area.

Buckner Children and Family Services

409-866-0976

700 North Pearl St. Suite 1200, Dallas 75201

800-442-4800 www.Buckner.org

Provides services for domestic foster care and adoption in specific cities and counties in Texas. Case management and counseling to both the birth parent and foster/adoptive family is available.

Casa de la Esperanza 713-529-0639

Administration Office: PO Box 301209, Houston 77230

www.CasaHope.org

Free, voluntary foster care for children up to age 6 at time of admission, whose families are in a crisis which might lead to abuse. Also care for children who are HIV+. Volunteers and aides' staff 10 houses for 3-6 children around the clock, providing a home-like atmosphere. Testing & therapy for developmentally delayed, birth to 6 years. Adoption and post-adoption services.

Central Adoption Registry (CAR)

888-963-7111

PO Box 149347, Austin 78714-9347

512-458-7388 www.DSHS.state.tx.us

Voluntary mutual consent registry system that helps adult adoptees who were born and/or adopted in Texas, their birth parents and biological siblings to locate one another. Medical and social information can be released to adult adoptees as available. Records from the adoption can also be provided. \$30 fee is required for reunion registry. Registrants must be 18 and provide proof of identity and age.

Cradle of Life 409-832-3000

245 N. Fourth, Beaumont 77701

www.CradleOfLifeAdoptionAgency.com

Mostly infants. Adoptive husband or wife must be between 24-45 years of age. Counseling for birth parents, and assistance in placing with adoptive parents. Birth mother must live in TX. Adoptive parents can reside anywhere in the U.S. Call for fees.

Department of Family and Protective Services

713-394-4000 800-233-3405

2525 Murworth Dr., Houston 77054

www.AdoptChildren.org

Some infants, but primarily older children and children with special needs whose parents have voluntarily relinquished custody or the court has terminated parental rights.

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DePelchin Children's Center

4950 Memorial Dr., Houston 77007

713-730-2335 24hr. Maternity #: 713-582-7129

www.Depelchin.org

CPS Adoption Program-DePelchin places children, sibling groups in loving homes with couples and individuals. DePelchin also supports couples and individuals through its private infant adoption program. Adoptive parents must be 21 or older. If married, must be married at least 2 years. Some adoptions are based on sliding scale. Ongoing financial assistance and benefits are offered by the state for children adopted from CPS custody if applicable. Informational orientations are held weekly throughout the Greater Houston area. Can be contacted directly at fosteroradopt@depelchin.org. Post Adoption Counseling Services-services for adoptive parents, birth parents and the adoptive child include individual and group therapy, workshops, consultation, mediation, case management, information and referral, and search and reunion support. Support group meets the 2nd Tuesday of the month 6:30pm-8:30pm with \$5 donation each group session. Contract to provide free services to TDPRS adoptees and their adoptive families. Offices in Houston, Clear Lake, Montgomery and Fort Bend County. See DePelchin website for groups and times. Virtual orientations Mondays at 7pm. Families By Choice Program-provides case management and supportive services to kinship and fictive kinship caregivers. Target population are caregivers who do not have formal custody of the youth. Kinship child must be between the ages of 0-17 and living in the home. Serves Harris and surrounding counties. In-home, community-based, and virtual appointments available. Call 713-558-3858 for more information or to schedule an appointment.

Gladney Center for Adoption

6300 John Ryan Dr., Fort Worth 76132

817-922-6000

Regional Office: 713-665-1212 www.adoptionsbygladney.com

Nonresidential services. Adoption placement of infants. Also has program to place older children with special needs. An international program with its main facility in Fort Worth. Gladney Center works with both birth and adoptive parents.

New Life Adoptions

Open adoption available.

11439 Spring Cypress, Building C, Tomball 77377

Call/ Text: 281-955-1001 www.NewLifeAdopt.com

Placement of infants; assistance and counseling for all expectant mothers to reach best decision. Adoptive parents must be under 45, "born again Christians" (both belonging to the same church) and married 3 years. Group counseling for birth mothers 7 p.m. first Wednesday night of every month; open to any woman even if she has not decided upon adoption.

Presbyterian Children's Homes and Services

7880 San Felipe, Suite 111, Houston 77063

713-522-2800

www.PCHAS.org

Adoptive placement of newborns/infants & special needs children. Maternity program to assist with decision making, etc. Private and contract foster program. Post adoptive search program for adoptees to find their biological family. Works with married couples and singles for adoptions.

Providence Place 210-696-2410

6487 Whitby Rd, San Antonio 78240 (moving at end of 2023)

www.ProvPlace.org

Domestic, traditional (both private and through DFPS) and post adoptive services. Free mental health services for licensed foster and adoptive families. Material assistance for families who are pregnant or parenting a child under 3 years of age.

Texas Adoption Resource Exchange

800-233-3405

701 W 51st St., Austin 78714-9030

www.AdoptChildren.org

Photo listing on website that matches children waiting for adoption with prospective certified adoptive families. Adoption inquiry line sponsored by the Department of Protective and Regulatory Services. Information on becoming a foster care or adoptive parent through TDPRS.

Upbring

800-938-5777 512-459-1000

8305 Cross Park Dr., Austin 78754

www.Upbring.org

Foster to Adopt: infants through childhood. Applicants must be 21, married 2 years. Requirements more flexible for minority children. Fostering opportunities available. Foster adoption and residential treatment services also available.

Adoption-Continued 8

Basic Needs

Clothing

Church Coalitions (See Emergency Assistance)

Katy Christian Ministries (See Emergency Assistance)

Emergency Assistance

Baker-Ripley (Formerly Neighborhood Centers, Inc.)

4450 Harrisburg, Suite 200, Houston 77011
4410 Navigation, Houston 77011 (Ripley House Community Center)
720 Fairmont Pkwy., Pasadena 77504 (Cleveland-Ripley Community Center)
6225 Northdale, Houston 77087 (Harbach-Ripley Community Center)
6500 Rookin, Houston 77074 (Gulfton-Sharpstown)
3000 Aldine Mail Rt. Road, Houston 77039 (Baker-Ripley E. Aldine Campus)

Baker-Ripley: 713-273-3700 E. Aldine Campus: 346-570-4463 www.bakerripley.org

Central Office: 713-667-9400

Ripley House: 713-315-6400

Cleveland-Ripley: 713-944-9186

Harbach-Ripley: 713-640-7100

A variety of programs to provide emergency assistance to families. Utility and rental assistance. Includes emergency food pantry at some locations and programs for childcare and youth. Services for senior citizens through Sheltering Arms. Provides childcare for parents taking ESL classes; parent/child activities. Pediatric clinic, ESL classes, programs for children, youth, families and senior citizens. La Porte Neighborhood Center has youth program only. Contact individual center to confirm services. Free tax services at centers around region, open all year at Ripley House Community Center.

Catholic Charities 713-526-4611

Main Office: 2900 Louisiana, Houston 77006

www.CatholicCharities.org

Services vary at satellite locations.

2900 Louisiana-assistance with rent for City of Houston zip codes. Appointment needed.

326 South Jensen Dr. **713-227-9981**-assistance with food, utilities, rent. No zip code restrictions. Open 9:00am-1:00pm Tues., Wed., and Thurs. by appointment only. Mon. and Fri. by appointment only.

1111 Collins Rd, Richmond **281-202-6200**-assistance with food, utilities, rent. Serves Ft. Bend County by appointment only. No walk-ins.

Child Support Division (See Long-Term Financial)

Church Coalitions

Braes Interfaith Ministries

713-723-2671

4300 W. Bellfort (Willow Meadows Baptist Church) 77035 www

www.BraesInterfaithMinistries.org

Mon, Wed., Fri. 10am-2pm. Limited utility assistance when available. Food pantry, clothing, and school supply assistance. Clothing at resale shop nearby. Onsite interview process for all services. Serves 77025, 77035, 77045, 77051, 77053, 77054, 77071, 77085, and 77096.

Christian Community Service Center

713-961-3993

3434 Branard, Houston 77027

www.CCSCHouston.org

Mon.-Fri. 10:00am-2:00pm, Sat. 9:00am-12:00pm. Food, clothing, and hygiene. Possible financial assistance with interview. Limited assistance with medication. Back to school assistance (May registration). Rental assistance available, must have lived in home or apartment at least 4 months. No appointment needed for food or clothing. Serves Southwest Houston area. Call for detailed information regarding specific zip codes. Food pantry, 6856 Bellaire, Mon-Fri 10:00am-1:00pm, Sat 9:00am-12:00pm.

Cypress Assistance Ministries

281-955-7684

12930 Cypress North Houston Rd., Cypress 77429

www.CypressAssistance.org

Monday-Thursday 10:00am-2:00pm, by appointment. Angels Attic Resale shop 281-955-7683 Mon., Wed. 9:30am-3:00pm, Fri. 9:30am-1:00pm, Tues. walk-in 10:00am-3:00pm, and Thurs. walk-in 9:30am-1:00pm. Financial assistance by appointment only. Clothing and job assistance. GED & ESL classes available. Serves 77429, 77433, 77095, and 77065.

East Fort Bend Human Needs Ministry

281-261-1006

435 Stafford Run, Stafford 77477

www.HumanNeeds.org

425 Stafford Run 281-499-8833 (Resale Shop)

Financial assistance call: 10:00am-1:00pm: 281-261-5470 or 281-261-1006 on Mon.-Fri.: 8:00am-3:00pm to schedule appointment. Food pantry: Tuesday, Thursday, Friday 10:00am-12:30pm, every other Wednesday 6:00pm-8:00pm. Kid sacks and birthday bundles available from the pantry. Fort Bend ISD or Stafford Municipal School District addresses. Bring picture ID, proof of address, and Social Security Number for each household member for financial assistance. Thanksgiving and Christmas baskets. School supply sign-up. Serves the east side of Fort Bend County, call for specific zip codes.

Emergency Aid Coalition (South Main)

5401 Fannin, Houston 77004

713-528-3663 www.EacHouston.org

Sack lunch program on Mon.-Fri. 11:00am –1:00pm and Sun. 12:00pm-1:00pm. Clothing/Food pantry 9:00am-12:00pm by appointment only. ALL HARRIS COUNTY ZIPS FOR FOOD AND CLOTHES. Can apply for food/clothing every 60 days. Required identification–current ID, proof of current address. Birth certificate for children only. No financial assistance for rent or utilities.

First Baptist Church North Houston Food Pantry

281-449-7201

4422 Lauder Rd., Houston 77039

1st Wednesday of every month: 9:00a.m.-11:00a.m. FOOD ONLY, NO FINANCIAL ASSISTANCE. Bring picture ID, and proof of address.

Humble Area Assistance Ministries

1302 First St. Humble 77338

Resale Shop: 281-446-3663 www.HAAMMinistries.org

Mon.- Sat. 10:00am- 5:30pm. 1302 First St. Social Services 281-446-3663 Mon.-Thurs. 8:30am-4:30pm. Appointments needed for morning times. Food, prescriptions, rent, utilities, clothing, and propane gas assistance. Job center. ESL classes available. Resale store closed on Sunday. Serves 77336, 77338-39, 77345-47, 77357, 77365, 77372, 77396, 77306, 77302, and 77532.

Interfaith Caring Ministries

281-332-3881

151 Park Avenue, League City 77573

www.ICMTX.org

Mon.-Thurs. 8:30am-4:30pm and Fri. 8:30am-1:00pm. By appointment only. Rent and utility assistance if client qualifies. Food pantry, senior outreach, health outreach. Serves Clear Creek and Friendswood ISD addresses only. School supplies and Christmas Assistance Programs.

Joy Mission Center

713-921-0197

7629 Avenue F. 77012

www.MissionCenters.org

Food for 18 years old and older on Tues. and Wed. 9:00am-11:30am, programs for children, pre-teens, teens, and seniors. After school program for children ages 4-16. Senior program on Thurs 9:00am-11:30am includes food. Seniors 60 years and older. Serves 77003, 77011, 77012, 77023, 77029, and 77087. Mon.-Thurs. 9:00am-5:00pm.

Memorial Assistance Ministries

713-468-4516

1625 Blalock, 77080

www.MAMinistries.org

Mon. - Fri. 9:00am-4:00pm. Serves 77008, 77009, 77018, 77022, 77024, 77037, 77039, 77040, 77041, 77043, 77055, 77076, 77079, 77080, 77088, 77091, and 77092. Bring social security card, proof of residence, and TDL or ID. Clothing, financial aid, employment services, mental health services. Rent and utility assistance by appt. only, Tues. & Thurs. 10:00am-12:00pm. 713-574-7533.

Mission Center of Houston

713-227-0304

1815 Gano St., 77009

www.MissionCenters.org

Food assistance by appointment 713-227-1146, activities for children, pre-teens, teens and seniors. Clothing assistance provided at Joy Center. No mental health services available. Serves 77009, 77008, 77022, 77026, and 77028.

North Channel Assistance Ministries

713-497-5610

13837 Bonham, 77015

Open for applications Tues. 8:30am-12:00pm. and Thurs. 8:00am for food and referral services only. Must make an appointment for food stamp application services. Serves 77013, 77015, 77044, 77049, 77530, 77078 and 77029.

Northwest Assistance Ministries (NAM)

281-885-4555

15555 Kuykendahl

www.NAMOnline.org

Call for appointment Mon. – Thurs. 8:00am-5:00pm or Fri. 8:00am-4:00pm. For Children's Clinic, please call: **281-885-4630**. Children's Clinic open Mon. – Thurs. 8:00am-5:00pm, Fri. 8:00am-4:00pm. Must bring Social Security card, birth certificate, ID, immunization records, Medicaid/CHIP card, and most recent pay stub. Emergency basic needs for zip codes: 77014, 77032, 77038, 77050, 77060, 77064, 77066, 77070, 77073, 77086, 77090, 77379, 77388, 77339. Rent/mortgage assistance, non-narcotic prescription assistance for those without Medicaid, gas cards, Metro bus passes, back-to-school and holiday assistance. Housing services **281-885-4531**.

Pearland Christian Helping Hands

281-485-9776

4305 Magnolia Parkway, Pearland 77584

www.ChristianHelpingHands.org

Mon. - Fri. 10:00am-2:00pm. Food pantry, serves all areas. Does not provide rent or financial assistance.

Society of Samaritans

281-252-9647

31355 Friendship Dr., #500, Magnolia 77355

www.SocietyOfSamaritanstx.org

Food distribution: Mon.–Fri. 10:00am-2:00pm. Food only provided for zip code 77363. Clothing, utilities, rent and prescription assistance (very limited). For utility assistance need cutoff notice. Rental assistance must be at least one month behind. Proof of residency required. Serves zip codes 77363, 77301-306, 77316, 77318, 77333, 77353-57, 77362, 77365, 77372, 77381, 77382, 77384, 77385-87, 77393. Will provide services to all of Montgomery County, but primarily focused on Magnolia ISD.

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Tomball Emergency Assistance Ministries (TEAM)

300 W. Main, Tomball 77375

www.TeamTomball.com

281-351-6700

Food pantry Tues, 10:00am-2:00pm. Resale Shop Tues, - Sat,10:00am-5:00pm 281-255-6967, Serves 77375 or 77377 zip code, Tomball ISD, and members of the church coalition. Financial assistance for select bills and some medical assistance. Job ministry offered.

West Houston Assistance Ministries

713-780-2727

10501 Meadowglen Ln., 77042

www.WHAMMinistries.org

Mon.-Fri. 10:00am - 2:00pm. Food and clothing assistance; financial assistance by appointment only. Job search, Adult Basic Education & ESL, free. Food pantry Mon./Wed./Fri. 9:30am. All zip codes served, can receive food once a week. Registration required. Financial assistance for eviction prevention, mortgage, and utilities for zip codes 77042, 77057, 77063, 77072, 77077, 77082, and 77083.

713-861-4849 **Family Houston**

4950 Memorial Drive, Houston 77007

www.FamilyHouston.org

531 FM 359 South, Brookshire 77423 (Waller-For case management only)

Assistance with applications for benefits. Provides case management and resource information for utility and food assistance.

Family Resource Center-DePelchin

713-802-3899

4950 Memorial Drive, Houston 77007

www.depelchin.org

Provides case management, parent support, and financial education skills. Housed in the Spring Branch Family Development Center. Serves Harris, Fort Bend, and Waller counties, families with child in the home between ages 3-17. Call to schedule an in-office or virtual appointment.

Gulf Coast Community Services Association

713-393-4700

9320 Kirby Dr., Houston 77054

www.GCCSA.org

Assistance with food. Rental and electricity application online only. Curbside food pantry Mon., Wed., Thurs., and Fri. 8:30am-4:00pm. All Harris County. No appointment needed for food pantry. Walk-ins.

Harris County Social Services

713-696-7900

9418 Jensen, Houston 77093

www.CSD.HCTX.net

Emergency assistance with rent, utilities, emergency shelter, nursing homes, indigent burial, medical transportation, and veteran services. Satellite offices, must have an appointment through main office.

Hester House 713-274-1394

2020 Solo St., Houston 77020

www.hesterhouse.org

8:00am-5:00pm, call for specific zip codes. Senior program for ages 55 and over, summer day camp. Wellness center with aquatic program and weight room. Social services and case management-provides referrals for job assistance, no rent/utility assistance. Youth service from 3:00pm-6:00pm throughout the school year and 7:30am-4:30pm during the summer for ages 4-12.

Katy Christian Ministries Social Services

3506 Porter Rd., Katy 77493 (Administration)

Food Pantry @ Headquarters

Social Services: 281-391-5261 Sexual Abuse Hotline: 281-693-7273

non-Crisis: 281-391-9623

Domestic Abuse Hotline: 281-391-4357

www.KTCM.org

Partial financial assistance, food pantry, resale shop-5504 1st St, Katy 77493. Crisis center for counseling and emergency services not restricted by zip codes. Mon. - Thurs. 9:00am-5:00pm (closed 12:00pm-1:00pm). School supplies depending on needs, Santa Sleigh program. Partners with other agencies to provide financial literacy and employment classes, 10:00am-11:00am, 2nd Wed. of every month; parenting classes Thurs. 6pm-8pm (call ahead). Free support groups for domestic violence victims (locations vary, call ahead). Serves 77449, 77450, 77493, 77494, 77094, 77084, 77485, 77464, 77441, 77406, and 77476.

Money Management International

713-923-2227

12603 Southwest Freeway, Suite 450, Stafford 77477

www.MoneyManagement.org

Phone only- No in person appointments. Free counseling services over debt management and housing related issues. Bankruptcy services for a fee. Multiple sites nationwide. Many other specific topic workshops (Christmas, unemployment, first time home buyers, lower interest rates and monthly payments). See website for educational programs.

S.E.A.R.C.H. Homeless Services

2015 Congress, Houston 77002

713-739-7752 www.SearchHomeless.org

Assists with funding housing on a referral only basis. Clients must be referred by Career and Recover Resources or The Beacon (an assessment will be conducted for housing assistance eligibility). Assistance applying for Gold Card, food stamps, and mental health services, information and referral to community resources. Mobile outreach provides assistance and access to community connections to get clients back on their feet. Also provides therapeutic child development (at Foshee Family House of Tiny Treasures) for homeless participants while they search for jobs/go to school. Gold card services. Referrals for ID, clothing, support agencies.

Salvation Army

2208 Main St., Houston 77002

Harris Co./Ft. Bend Admin Office: 713-658-9205 Family Shelter (open 24 hours): 713-650-6530

1603 McGowen, Houston 77004 (Family Residence)

www.SalvationArmyHouston.org

Administration office hours: Mon. - Fri. 8:30am-12:00pm and 1:00pm-4:30pm. Can provide assistance with mortgage payment and leasing. Need proof of income, ID, bills, or eviction notice. Need two forms of ID for all services. Pasadena Center for Worship and Service 713-378-0020, 2732 Cherry Brook Lane, Pasadena 77502 - Pasadena office serves Baytown, La Porte, South Houston, Deer Park and Channelview areas.

South Main Emergency Aid Coalition

713-528-3663

5401 Fannin, Houston 77004

www.EacHouston.org

Food Panty Sack Lunch Mon. - Fri. 8:30am-1pm, Sun. 11am-1pm. Closed Saturday.

Families can receive clothing assistance every 60 days. Photo ID and child's birth certificate needed for clothing and pantry. Clothing Center and food pantry by appointment only 713-343-3061. Proof of residence needed for food pantry. Clients can access food pantry every 60 days. Operation ID Provides help in obtaining birth certificates, driver licenses, photo identification. Referral required. Tues. and Thurs. 9:30am-11:30am. \$5 copay/ID, \$11 copay/DL.

St. John's United Methodist Church

713-659-3237

2019 Crawford, Houston 77002

www.StJohnsDowntown.org

Food program for general population. Food pantry 1st and 3rd of the month; 1st: 10:00am-12:00pm, 3rd: 8:00am-12:00pm. Serves all zip codes. Bread of Life located at 1703 W. Gray St., Houston 77003. Clothing assistance: visit www.breadoflifeinc.org and a community case manager will assist.

St. Vincent De Paul Society

713-741-8234

www.SVDPHouston.org

Contact the nearest Catholic Church and ask for Society or Social Services Program, Monday-Friday 9:00am - 5:00pm. Financial, clothing, and furniture assistance. Vouchers for use in St. Vincent de Paul Society stores. Quality low-cost items in stores for public as well. Several food pantries in Houston area. Clients referred to appropriate pantry by zip code. Call main number to receive referral to partner locations.

Stores: 5236 Cedar, Bellaire 77041:713-669-9410 Mon.-11:30am-7:00pm, Tues.-Fri. 9:30am-5:00pm, Sat. 9:30am-5:00pm 6654 Gulf Freeway, Houston, 77087: 713-862-2605 Tues. - Fri. 9:30am-5:00pm, Sat. 8:30am-4:00pm.

Stand Up for Kids

346-298-0188

www.StandUpForKids.org/Houston

Street Outreach for young adults and teens. We provide food, clothing hygiene kits and other necessities. StandUp for Kids volunteers give to ages 24 and under information about various services in the community. We serve and mentor unaccompanied homeless youth until the age of 25.

Texas Life Line

1-888-782-8477

1-866-454-8387

www.TexasLifeLine.org

Offers assistance in getting reduced rates for telephone connection and monthly charges for telephone service. Discount offered by the State of Texas. Resident is qualified if the current total household income is at or below 135% of the federal poverty level. Residents are also qualified if they are currently receiving Medicaid, Low-Income Home Energy Assistance Program support, SNAP, Federal Public Housing Assistance, SSI, CHIP, Free/Reduced Lunch Program, TANF. Telephone discount up to \$12.75 off basic telephone line service or minutes added to prepaid phone. This service does not cover the cost of additional services such as caller ID or voice messaging.

United Way Helpline (Information and Referral)

713-957-4357

2-1-1

www.UnitedWayHouston.org

Federal assistance for emergency rent or mortgage. Legal eviction notice, foreclosure statement, or letter from landlord required. Food assistance for emergencies (lost food stamps/waiting for food stamps, etc.). Individual locations have differing criteria for the number of times assistance is offered.

Food and Food Stamps

Chinese Community Center

713-271-6100

9800 Town Park Dr., Houston 77036

www.CCCHouston.org

SNAP (food stamp) and Comprehensive Energy Assistance Program (CEAP) application assistance. Chinese and Vietnamese interpreter available on site. Job training classes, register online for orientation- Wed. at 2:30pm. Immigration on site once a month for citizenship application. Partners with Houston Food Bank for senior food box program.

Church Coalitions (See Basic Needs)

Community Family Center

713-923-2316

7524 Ave. E., Houston 77012

www.CommunityFamilyCenters.org

ESL classes 713-923-0612, GED testing, Food Pantry Tues./Thurs. 9:30am- 1:30pm- Public one-time registration. Registry for food pantry card Monday and Thursday 8:00am-4:00pm. Requires proof of address, proof of income, children's birth certificate, valid ID, and \$5.00 for processing fee. Card is valid for 6 months. Mon.-Thurs.; all zip codes served Fri. Childcare. Summer program for ages 3-4, June through August, 8:00am- 5:00pm. \$200 a month per child. Open to anyone.

Gulf Coast Community Services Association

713-393-4700

9320 Kirby Dr., Houston 77054

www.GCCSA.org

Food pantry. Call for referral to satellite office. Bring ID. Also provides past due rent and utility assistance, applications online. Monday: 8:30am- 4:00pm, Wednesday: 8:30am- 6:00pm and Thursday- Friday: 8:30am- 4:00pm.

House of Amos 832-977-1208

11169 Beechnut, Ste. G, Houston 77072 (corner of Boone and Beechnut)

www.HouseOfAmos.org

Emergency food pantry. Mon.-Thurs. 9am-11:45am & Sat. 10:00am-11:45am. Proof of address (lease agreement preferred or utility bill with current date) and family size needed for assistance. Assistance provided 30 days in between visits. ESL classes provided. Referral services offered.

Life Houston 713-528-6044 2002 S Wayside, Houston 77023 Call or Text: 713-428-2065 www.LifeHouston.org

15555 Kurkvndal Rd., Houston 77090 3737 Red Bluff Rd., Pasadena 77503

6400 Highstar, Houston 77074

6719 Montgomery Rd., Houston 77091

12300 Parc Crest Dr., Stafford 77477

10501 Medowale Dr., Houston 77042

Mon.-Thurs. 9:00am-3:30pm: Fri. 9:00am-3:00pm by appointment only. Non-profit. Provides free infant formula on temporary emergency basis for babies, 0-12 months. Prescription required for specialty formula. Bring birth certificate (or verification of birth facts form from hospital), mother's photo ID. Assistance provided up to 12 times during 1st year of life. Parent or caregiver must bring photo ID. Call main number before going to satellite locations.

Loaves and Fishes 713-224-1373

2009 Congress, Houston 77002

Provides a hot meal Tues. - Sun., 11:00am until food runs out. Breakfast served Sat. and Sun. 8:00am. Closed Monday. Women's Shelter: 3:30pm-4:30pm check-in time, 14-day stay. Intake will be done at Magnificat House: 1410 Elgin St., Houston, 77004.

Salvation Army 713-378-0020

2732 Cherry Brook, Pasadena 77502

www.SalvationArmyHouston.org

Pasadena office gives out food, Mon.-Thurs., 1:30pm-4:00pm. ID and proof of address required. Birth certificate for all children under 18 years old. Bag lunches served at Pasadena office for the homeless on Mon.-Fri. 1:00pm, no ID required. Assistance with rent and utilities provided depending on funding. Meals on Wheels for homebound clients 60+ years old. In-house senior program, Mon.-Fri. 8:00am-12:00pm, providing 2 meals for seniors 60+ years old, call first for assessment for eligibility.

United Way Helpline 2-1-1

www.UnitedWavHouston.org

Provides comprehensive information and referral for a variety of community service needs. Services could include childcare, health care services, basic needs (rent, utilities, food, etc.), immigration services, legal referrals, and transportation. Services are zip code based. Additional services may be available to veteran/military members and their families. Please identify affiliation with the military in order to have the specialist search for these services.

WIC State Program 800-942-3678

www.TexasWIC.org

Call for qualifying information and locations throughout Texas. I&R line Monday - Friday.

Free coupons for approved nutritious foods and nutrition information to pregnant and breast-feeding women for infants and children up to 5. Harris County residents who meet income guidelines and are determined to be at nutritional risk by dietician at local clinic.

Long Term Financial Assistance

Harris County Housing Resource Center 832-927-4955 1933 Hussion St., Houston 77003 713-578-2100 8410 Lantern Point Dr., Houston 77054 832-927-4700

www.housingandcommunityresources.net

Harris County residents only. Information on housing, rental assistance, first time homebuyers, home repair for the elderly (62 and up) and community resources collected from all over Harris County.

Money Management International

1-800-308-2227 866-889-9347 877-252-4887

www.MoneyManagement.org

First time homebuyer's course comes with a \$159 fee, free 1 hour debt counseling, bankruptcy counseling \$50, foreclosure/housing counseling. Some services are free. Does not lend money. Non-profit

Office of the Attorney General: Child Support Division

6161 Savoy Drive, #420, Houston 77036

713-243-7100

800-252-8014

www.childsupport.oag.texas.gov

For assistance in collection of child support, contact Regional Field Offices, based on zip code. Help in locating absent parent using public records such as social security, driver license, unemployment, etc. Modify and enforce existing orders. Voluntary and court ordered paternity established. Paternity tests available. All services are free.

Texas Health and Human Services Commission (HHSC)

1300 South Hwv 146. Baytown 77520 Office open Monday-Friday, 8:00am-6:00pm 24 HR Hotline 877-541-7905

www.hhs.texas.gov

To Apply: www.YourTexasBenefits.com

For deaf/hard of hearing, dial #877 using the Relay program of choice.

TANF (Temporary Assistance for Needy Families) and food stamps/SNAP, long term services for persons with disabilities, Medicaid, CHIP, and CHIP Perinatal. Apply online, request that an application be mailed to the home, or request information on nearest local office to apply in person. Phone interviews available to anyone throughout the region.

Baytown	1300 South Hwy 146, 77520	281-427-9480
Conroe	608 North Loop 336 East, 77301	936-539-1161
Galveston	123 Rosenberg, 77550	409-763-0277
Houston	10060 Fuqua, 77089	713-946-6861
Houston	13838 Buffalo Speedway,77045	713-433-3145
Houston	220 Meadowfern, 77067	281-874-0048
Houston	10202 I-10 East, 77029	713-673-6347
Houston	1421 Little York, 77093	281-372-2540
Houston	9450 Harwin, 77036	713-266-5535
Houston	6124 Scott, 77021	713-748-8450
Houston	2110 Telephone Road, 77023	713-921-5108
Houston	2133 S Texas 6, Ste. 100, 77077	281-597-5200
Houston	8511 North Houston Rosslyn Rd, 77088	713-895-6800
Houston	3880 North Freeway, 77022	713-699-1098
Houston	1425 E 40th St., Houston 77022	713-692-3236
Pasadena	810 Preston Ave., 77503	713-947-8130
Tomball	29250 TX-249 Bus, Tomball 77375	281-351-0637

Shelters

Ambassadors for Christ Youth Ministries

281-536-5475

5120 Woodway Dr., Suite 10023, Houston 77056- Main

www.AFCYouth.org

390 Glen Borough Dr., Suite 156, Houston 77067-Transitional Home

Transitional living, mentoring, homeless counseling, positive youth development, street outreach. Housing for victims of Human trafficking or at risk. Counseling and life skills. Substance abuse and mental health counseling. Mediation with

RESOURCE DIRECTORY

youth and families. Information and referral. Transitional living program serves youth 18-24 years old (receive case manager and transitional living support).

Bay Area Homeless Services

3406 Wisconsin, Baytown 77520

Shelter Intake: 281-837-1654

www.BAHS-Shelter.org

28 to 90-day shelter for homeless singles or families. Family Center for husband, wife, and children. Also accepts common law marriages; must meet requirements; up to 60-day stay. Lodging, meals, referrals. Call regarding available space. Capacity 55. Mon.-Fri., intakes: 8:00am-12:00pm. Screen call to set-up an intake appointment. Shelter intake/screening by phone available 24/7. Not a crisis center. Work program: must be physically/legally able to work 40hour weeks, sober 30 days prior to admission, must do a background check, compliant with medications, no registered sex offenders permitted or domestic violence offender.

Catholic Charities (See Basic Needs; Emergency Assistance)

713-526-4611

Coalition for the Homeless

2000 Crawford St., Suite 700, Houston 77002

713-739-7514 832-531-6041

www.HomelessHouston.org

Advocacy and education. Manage homeless court. Serve those who serve the homeless population through research, project management, training, education, and advocacy.

Foshee Family House of Tiny Treasures (S.E.A.R.C.H)

2323 Francis St., Houston 77004

713-739-7752

713-276-3004

www.SearchHomeless.org www.childcarecenters.us

Free therapeutic childcare for children of the homeless, ages 21 months to 5 years old, while parents attend job training, school or working programs. Limited transportation (10-mile radius) to shelter/transitional living homes. Meals provided. Speech and hearing assessments, vision, art, music, cooking, dance & play therapy for children.

Hospitality Apartments

7300 Bertner, Houston 77030

713-790-9120

www.HospitalityApartments.org

Provides housing for up to three months for any patient and their families if receiving treatment through the Medical Center. 46 apartments. Must be from out of town (at least 50 miles away). Children may only visit 3 days per month if not the identified patient. Minimum stay of 2 weeks. No pets. Does not serve anyone within 50 miles of Houston. Each patient must have a caretaker. MD Anderson shuttle available. Call to check availability.

Housing Authority of Houston Information Line

2640 Fountain View, Houston 77057

713-260-0500

www.HousingForHouston.com

Federally- funded housing designed to provide safe, quality rental housing for eligible low-income families, seniors, veterans and people living with disabilities. Several locations. Rent computed at 40% of adjusted gross income. Applications accepted online only. Waiting list (3-7 years). Currently not accepting applications regarding Housing Choice voucher program.

Interfaith Hospitality Network (NAM)

15555 Kuykendahl, Houston 77090

Intake: 281-885-4555 281-885-4595

www.NAMOnline.org

Social services provided through Northwest Assistance Ministries (NAM). Housing for homeless, call for qualifications. Serves zip codes: 77014, 77032, 77038, 77050, 77060, 77064, 77066-70, 77073, 77086, 77090, 77379, and 77388-389.

Magnificat Houses

713-529-4231

3209 Austin St., Houston 77004- Volunteer services

www.NHIHouston.org

1410 Elgin St., Houston 77004- Admissions

Shelters for the mentally ill, homeless & former offenders ages 21 and older. Up to 3-night stay. 3 beds available for emergency shelter. Wheelchair access not available, 6 men's and 2 women's shelters, Applications: Mon., Wed., Thurs., 8:00am- 12:00pm, Tues., 10:00am- 2:00pm. Application process-resident pays \$400-\$500/month. Scholarship available for 90-day stay if payment can't be made. No sex offenders, arson charges, any kind of monitors. No walk-ins. Cannot own a vehicle. Myriam's Hostel for homeless girls 713-224-1373.

Northwest Assistance Ministries (NAM) (See Above-Interfaith Hospitality Network)

Salvation Army Family Center

713-650-6530

1603 McGowen, Houston 77004

www.SalvationArmyHouston.org

Family service center and shelter for married couples with children, single mothers or fathers and their children. Provides case management, childcare, job skills training, substance abuse counseling, and job placement.

RESOURCE DIRECTORY

Circle of Hope 936-760-2440

304 Ave. E., Conroe 77301

Center of Hope for Men

713-223-8889

1717 Congress, Houston 77002

Transitional living center for 60 single homeless men. Variety of services to encourage independence. Free to unemployed, 30% monthly gross salary after job placement. 30 days sobriety required. Overnight shelter for first 20 men. Can stay up to 30 days.

Young Adult Resource Center

713-752-0677

1621 McGowen, Houston 77004

Connects young adults ages 18-25 years old who are homeless or at risk for homelessness to housing and other mainstream supports. Respite day center with access to computers, games, movies and snacks. Job coaching, recovery coaching, educational support, tutoring and re-engagement offered.

St. John's United Methodist Church/Bread of Life

832-939-7477

2019 Crawford St. Houston 77002

http://BreadOfLifeInc.org

Adults only. Saturday breakfast only 8:00am, Food fair Wednesday 7:00am-11:00am at downtown location. Thursdays 11:00am-1:00pm at 8787 N. Houston Roslyn Rd. No cost medical services are provided by volunteer physicians to homeless men and women on a weekly basis; call for day service is offered. Free HIV testing every 4th Sunday after each worship service. Worship services on Sunday at 8:00am and 12:00pm.

Star of Hope Mission

713-748-0700

4848 Loop Central Dr., Ste. 500, Houston 77081 (Administrative Office) 2575 Reed Rd., Houston 77051 (Women and Family Emergency Shelter) Women/Family Shelter: 713-222-2220 Men's Center: 713-748-0700

1811 Ruiz, Houston 77002 (Men's Development Center)

www.SOHMission.org

Provides a continuum of care including crisis services through intensive programs offering stability, personal development and hope. Up to 130 families and 160 single women daily. Children bussed to school through HISD. Social services and medical clinic on site. Residents assist in upkeep.

713-526-6634 **Texas Inter-Faith**

3701 Kirby Dr., Suite 860, Houston, 77098

www.Interfaithgroup.org

Works to create and maintain safe and affordable housing for low income.

Wellspring Village

713-529-6559

713-728-9048

www.WellSpringVillage.org

Transitional residence for women ages 25-50, able to be trained in job skills. No children. Relapse Prevention class offered. Requires 90-day sobriety prior to admission. Must be 120 days post-hospitalization if recently hospitalized (including psychiatric hospitalization). If using medication, must be stable on medication for minimum of 60 days. Cannot be on disability. Serves homeless women, domestic violence victims, and those struggling with substance abuse. Also houses women in crisis risk of being evicted or losing employment. Bus passes available for transportation. Telephone screenings Mon.-Fri., 10:00am-3:00pm for eligibility. Non-profit

Wesley Community Center

713-223-8131

1410 Lee St., Houston 77009

www.WesleyHouseHouston.org

Mon.-Fri., 8:00am-5:00pm. Assists with rent, utilities (call to determine if funding is available) and food. Assisting Harvey victims. Senior day center, 8:00am-12:00pm. Job search assistance. Credit repair coaching. Early childhood services, after school and summer youth program, senior programs. Call Mon.-Fri., 9:00am-3:00pm to schedule appointment. Food fair on 2nd and 3rd Saturday, 10:00am-12:00pm. By appointment only. Non-profit. Call for more information.

The Women's Home 713-521-3150

607 Westheimer, Houston 77006

www.TheWomensHome.org

56 bed long-term residential rehabilitation program for single women. Provides housing, job training, psychiatric services, psychotherapy, and spiritual development. Requires 60-day sobriety prior to admission. No attempts to self-harm within 90 days prior to admission. Cottage thrift shop.

713-868-9922 YWCA Houston

6309 Martin Luther King Jr. Blvd., Houston 77021

www.YWCAHouston.org

Adult programs for women ages 18-24 who may be homeless. Referral needed by a Shelter or case manager to receive services. Senior program-Meals on Wheels. Youth empowerment groups for teen girls.

Camps

Day Camps

Baker-Ripley (Formerly Neighborhood Centers, Inc.)

4410 Navigation, Houston 77011

6225 Northdale, Houston 77087 (Harbach-Ripley Community Center)

720 Fairmont Parkway, Pasadena 77504 (Cleveland-Ripley Community Center)

713-315-6400

713-667-9400 713-640-1700

Cleveland-Ripley: 713-944-9186

www.BakerRipley.org

After-school youth development and athletic programs during the school year from 3:00pm-6:00pm. Some evening/weekend enrichment programs. Passport to Summer Fun Camp program runs for 11 weeks in June, July, & August from 7:00am-6:00pm; ages 4-18 years. Also provide Seniors Program with some transportation available.

Evelyn Rubenstein Jewish Community Center

713-729-3200

5601 South Braeswood, Houston 77096

www.ERJCCHouston.org

Three locations which offer different services. Main location offers youth programs and day camps. Winter and holiday vacation camps. Member and non-members welcome, summer program- 11-weeks: PK- 8th grade. Average cost for members is \$400/week, non-members- \$500 average a week. After-school programs also available. Please visit website for more information.

Houston Parks and Recreation Department

832-395-7000

2999 South Wayside, Houston 77023

www.HoustonTx.gov/Parks

Maintains 60 city recreation centers. Youth enrichment summer program only held at 19 of the larger facilities in the surrounding Houston area. After-school programs during the fall and spring at 54 after school centers. More information can be found on the website.

Julia C. Hester House 713-274-1394

2020 Solo, Houston 77020

http://hesterhouse.org

All camp programs are currently suspended due to Covid-19. Visit Facebook page for the most up-to-date information regarding programming. Youth service from 3:00pm-6:00pm throughout the school year and 7:30am-4:30pm during the summer for ages 4-12.

Pasadena Parks and Recreation

713-948-0322

1104 Parkside Dr., Pasadena 77502

www.CI.Pasadena.tx.us

Several programs at various sites. Summer camp, recreation centers at 2 locations.

Salvation Army Boys and Girls Club

713-695-3388

2600 Aldine-Westfield Road, Houston 77093

www.SABGCHouston.org

Five recreational sites and maintains a summer camp. 4516 Irvington Blvd., Houston 77009

713-692-2283 832-201-8076 832-200-4620

9717 W. Montgomery Rd., Houston 77088 12507 Windfern Rd., Houston 77064 2732 Cherry Brook Ln, Pasadena 77507

713-378-0020

7920 Cook Rd., Houston 77072

713-988-5201

Urban Enrichment Institute

713-229-8353

4014 Market St., Suite W145, Houston 77020 (located in the 5th Ward Multi-Service Center)

www.UEinstitute.org

12–18-year-olds. 7–8-week summer program, 8:00am-4:00pm. Open to the public, some transportation provided. Applications available early April. Year round after-school program, Mon.-Thurs., 4:00pm-6:00pm. Serves schools in 77020, 77026, 77028 (Wheatley High School, Kashmere High School, McReynolds Middle School, Fleming Middle School and Key Middle School). All programs are free of charge.

Wesley Community Center

713-223-8131

1410 Lee St., Houston 77009

www.WesleyHouseHouston.org

Usually for school-age children. Summer: 3rd -8th grade, sliding scale fee, 9:00am-6:00pm. Fall, spring after-school activities. Harris County only.

YMCA of Greater Houston Area

713-781-1061

www.YMCAHouston.org

39 locations with extensive summer youth day program. Consult website or phone book for closest facility. After school programs in the fall and spring.

Camps-Continued 17

Day Camps for Special Populations

Lighthouse Summer Day Camp/ Lighthouse of Houston

713-527-9561

3602 W. Dallas, Houston 77019

www.HoustonLighthouse.org

Programs available for the blind and visually impaired. Volunteer opportunities available to assist the blind.

Verne Cox Multipurpose Recreation Center (VCMRC)

713-848-5343

Adaptive Recreation Division

www.Pasadenatx.gov/vcmrc

5200 Burke Rd., Pasadena 77504

Facility specifically dedicated to providing recreation activities, programs, and events for youth and adults living with physical and intellectual disabilities. Only registered participants may attend programs at the VCMRC. To become a registered participant, call us at 713-848-5343 and ask when the next "Live @ 5" meeting is being held. The VCMRC holds these meetings and accepts new participants from September - April.

Residential Camps

San Jacinto Girl Scouts

713-292-0300

3110 SW Freeway, Houston 77098

www.GSSJC.org

Nine camp sites with sessions ranging from five days to two weeks and day camps. Twilight camps also available. Registration is open for summer.

Sea Camp 409-740-4525

Texas A&M at Galveston

www.TAMUG.edu/SeaCamp

Youth 10-18 (supervised by middle or high school teachers), explore the marine environment from base site at Mitchell Campus on Pelican Island. Tuition: \$970- \$1,025 a week. Day camps for 6–10-year-olds. Day camp tuition: \$175-\$ 200. Scholarships offered annually.

YMCA Camps: Camp Cullen

936-594-2274

www.YMCACampCullen.org

7-17 years old. 7-day overnight camp at Lake Livingston. Scholarships available.

Residential Camps for Special Populations

The Arc of Greater Houston

713-957-1600

3737 Dacoma, Suite E, Houston 77092

www.AOGH.org

PO Box 924168, Houston 77092 (Mailing Address)

Serves children and adults with intellectual and developmental disabilities. Two fall camps available, including overnight. One full week summer camp. Camp Champions ages 10 years old and up. Respite program, social activities, monthly dances, and advocacy. Ages 18+ \$985 per camper. Registration begins in April.

Camp CAMP 210-671-5411

www.CampCamp.org

CAMP provides a variety day and overnight programs year-round for individuals aged 5-55 with intellectual, developmental, and/or physical disabilities. Sliding scale fee structure is available for campers without out-of-home respite or other agency support. CAMP is located in Center Point, TX, with administrative offices in San Antonio.

 $Contact: \underline{family \underline{support@camp.org}} \ with \ questions!$

Camp Janus 281-947-2150

www.CampJanus.org

For burn survivors ages 5-18. Held at "Camp for All" in Burton, Texas. No Fee. Camp is closed for 2023. Email: contactus@campjanus.org

Camp Spike 'n' Wave (Epilepsy Foundation of Texas)

713-789-6295

Burton 77835

www.EFTX.org

For epileptic children currently on anti-epileptic meds, ages 8-14. No fee.

Camp Sweeney Southwestern Diabetic Foundation

940-665-2011

Whitesboro 76273

www.CampSweeney.org

Programs for diabetic children ages 5-18. Financial assistance available. Three 3-week sessions. Some weekend sessions available throughout the year. Tuition for summer 2023 will be \$4,100.

Charis Hills Camp

940-964-2145

498 Faulkner Rd., Sunset 76270

www.CharisHills.org

Christian camp for children with learning differences such as ADHD, autism spectrum disorder. 1:3 counselor to camper ratio. Focus is on coping skills—scholarships available—ages 7-18. Fall and spring camps also available. During summer, 7 one-week sessions.

Camps-Continued 18

Kamp Kaleidoscope (Epilepsy Foundation of Southeast Texas)

713-789-6295

2401 Fountainview, #900, Houston 77057- Houston Area office

www.EFTX.org

Ages 15-19. Free for teens with epilepsy or on anti-seizure medication (must qualify). Programs designed to help teens transition to adulthood.

Muscular Dystrophy Association

1-800-572-1717

www.MDA.org

June at Camp for All in Meridian, Texas. Open to children with muscular dystrophy. Ages 8-17. No fee. Must be a registered member of Muscular Dystrophy Association. In-person and virtual camps available for 2023. All participants must be fully vaccinated prior to the start of camp session.

National Kidney Foundation

713-360-6784

Burton, TX 77835

855-653-2273 214-351-2393

www.Kidney.org

Camp Reynal - Children with kidney transplant or any kidney disease, ages 7-17. Camperships available. Located at "Camp for All". Email: nkfcares@kidney.org

Texas Elks Camp 830-875-2425

Gonzales, TX

www.TexasElksCamp.com

Children with physical, mental, and learning disabilities, ages 7-21. Does not accept children who need one-on-one supervision. New applications go online on January 1. First come, first served basis. Will consider Autism Spectrum Disorder on case-by-case basis. No fee. Offering one-week free summer 2023 for ages 18-21.

Texas Hemophilia Summer Camp-Camp Ailihpomeh

713-686-6100

www.camp-ailihpomeh.org

Boys with hemophilia (bleeding disorder), ages 7-17. Fee of \$75. Deadline to Register: every year by May 31. Email: info@camp-ailihpomeh.org

Texas Lions Camp

830-896-8500 830-896-3666

4100 San Antonio Hwy. Kerrville 78028

www.LionsCamp.com

Contact your local Lions Club. Lion's service club operates a free camp in Kerrville for children with physical disabilities and children with cancer, ages 7-16. There is also a camp for Type I diabetic children ages 8-15. I.Q. 70 and above. Visual and hearing impaired or physically disabled. Down Syndrome Camp ages 12-16. Transportation to camp may be available through local club. No Fee.

Child Abuse and Neglect

Intervention Services

Bikers Against Child Abuse (B.A.C.A.)

281-328-4218

P.O. Box 324, Baytown 77522

http://Texas.BACAWorld.org

Empowerment for abused children to improve self-confidence, increase feeling of safety, better communication, decrease negative behaviors, diminish regressive behaviors. Empowerment to testify. Provide a sense of belonging, acceptance and independence. Available 7 days a week.

The Bridge

24- Hr. hotline: 713-473-2801 Pasadena: 713-472-0753

3811 Allen Genoa Rd., Pasadena 77504 8203 John Martin Rd., Baytown 77521

Baytown: 281-420-5600 www.TBOTW.org

Emergency shelter for one month for 100 women and children who are battered or homeless. Also provides low cost 2year transitional living arrangement. Counseling provided. Community education speakers available. Also has PIVOT program for male batterers. Rape crisis counseling and accompaniment. Sexual abuse groups. Legal assistance. Survivors of family violence support group. All services are free.

Child Advocates Inc. (CASA)

713-529-1396

3701 Kirby Dr., #400, Houston 77098

www.ChildAdvocates.org

Trained volunteers act as advocates, fact finders, and monitors for abused and neglected children officially involved with DFPS.

RESOURCE DIRECTORY

Children's Assessment Center

2500 Bolsover, Houston 77005

713-986-3300 713-986-3496

www.CACHouston.org

Multi-agency approach for prevention, investigation, and treatment for child victims of sexual abuse. One stop center reduces trauma to child, coordinates services and court preparation in a child friendly environment. Police, CPS, District Attorneys, agencies, and volunteers provide a team approach to assist victims and families. Specially trained doctors examine child victims of abuse. If a police report has been filed, law enforcement will pay for exam. Eligible for Crime Victims' Compensation. Medicaid. Referrals only from Police, DFPS and Courts accepted.

ChildBuilders 713-481-6555

11152 Westheimer Road, Suite 794, Houston 77042

www.ChildBuilders.org

Proactively works to promote mental health and prevent abuse by teaching resilience-building and personal safety skills (including assertiveness skills, emotional control, empathy and non-violent conflict resolution) to youth, parents and educators through classroom- based curriculum, professional development, and virtual or face -to -face workshops in English and Spanish.

Children's Court Services, Houston Area Women's Center

1010 Waugh, Houston 77019

713-528-6798 713-528-2121

www.HAWC.org

Victim assistance program for children/youth who are crime victims or witnesses to crimes, and their non-offending parents. Services include crisis intervention, referrals, explanation of laws and legal procedures, updates on criminal case status, assistance with Crime Victims' Compensation applications, court orientation, and accompaniment to meetings at the DA's office and to court. Bilingual staff. No fee. Only taking clients over the phone.

Children's Protective Services:

Department of Family and Protective Services

2525 Murworth, Houston 77054

P.O. Box 770773, Houston 77215

Administrative Office: 713-394-4000 To Report Allegations of Abuse and Neglect Austin: 800-252-5400

www.TXAbuseHotline.org

Agency mandated to investigate allegations of abuse and neglect and provide services for children who have been physically and sexually abused or neglected.

DAYA

Helpline: 713-981-7645 Office: 713-842-7222

www.DAYAHouston.org

Free, multilingual services to adult South Asian survivors of domestic violence, sexual abuse and stalking. Services include safety planning, counseling, case management, and advocacy for legal, housing and employment needs. All services are culturally and linguistically specific with in-person and remote options available.

Fort Bend Women's Center

PO Box 183. Richmond 77406-0183

24 hr. Hotline: 281-342-4357

www.FortBendWomensCenter.org

Administration: 281-344-5750, Mon.-Fri., 9:00am-5:00pm, Services to survivors of domestic violence, sexual assault, and/or incest. Services include emergency shelter, crisis hotline, volunteer accompaniment program, outreach, and counseling and referral programs. Services not limited to residents of Fort Bend County.

Harris County District Attorney's Office

1201 Franklin, Suite 600, Houston 77002-1923

Juvenile Division: 713-274-0035 Sex Crimes Division: 713-274-0150

Prosecutes cases of physical abuse, sexual abuse, and/or neglect of children:

(1) where the victim was age 3-5 at report of last offense or (2) sexual abuse cases filed by law enforcement at the Children's Assessment Center where the victim is 13 years of age or younger. All other child abuse cases are handled by prosecutors assigned to the Trial Bureau. Face masks are required in court.

Houston Area Women's Center

1010 Waugh, Houston 77019

713-528-6798

Domestic Violence Hotline: 713-528-2121

Sexual Assault Hotline: 713-528-7273

www.HAWC.org

Support groups for non-offending parents and caregivers of children who have been sexually abused. Support groups and individual counseling for girls who have been sexually abused, ages 5-18. Individual counseling for male survivors, ages 5-18. Children's Court Services provides education, advocacy, support and accompaniment for child victims or witnesses to domestic violence and their non-offending family members who are involved in the criminal justice system. No fee for services.

Houston Police Department Juvenile Division

832-394-1875

8300 Mykawa, Houston 77048

www.HoustonTx.gov/Police

(Non-city residents, call your local police department or sheriff's department) Physical and sexual abuse cases, by a family member or another person, may be reported to the police for prosecution of the offender.

Justice for Children Helpline: 1-800-733-0059 www.JusticeForChildren.org

6750 West Loop South, Suite 120, Bellaire 77401

Non-profit child advocacy for children abused by their caretakers. Information and referral services. Legal advocacy, public policy monitoring, mental health services, education, and emotional support. No fee.

National Center for Missing and Exploited Children

8668 Spicerwood Springs Rd., #200, Austin 78759

512-465-2156

24/7 Hotline: 1-800-THE-LOST www.MissingKids.org

Non-profit clearing house of information on missing and exploited children. Provides technical assistance to citizens and law enforcement as well as training for professionals. Distributes nationwide photos and descriptions of missing children.

Prevention Services

Casa de la Esperanza

Administration Office: 2911 Cordor St., Building A, 77054

Email: casa@casahope.org

713-529-0639 Fax: 713-528-9179

www.CasaHope.org

Free, voluntary care for children up to age 6 at time of admission, whose families are in crisis that might lead to abuse. Temporary housing for child and counseling for parent is offered. Also care for kids who are HIV+. Volunteers and aides' staff 9 houses for 3-6 children each, providing a home-like atmosphere. Testing and therapy for developmentally delayed, birth to 6 years.

Child Pornography Enforcement Program Immigration and Customs Enforcement (ICE)

4141 N. Sam Houston Parkway E, #300, Houston 77032

Tip Line: 866-347-2423 HSI Houston: 281-465-3900

Fax: 281-292-6406 www.ice.gov/field-office/hsi-houston

Consumers of child pornography are often child molesters. Department of Homeland Security (HSI) investigates suspicious activities related to child pornography including internet pornography. Cash rewards paid for evidence/information leading to arrest. Works closely with the National Center for Missing and Exploited Children. Literature on missing children and victims of sexual abuse available.

Collaborative for Children

713-600-1100

2200 Post Oak Blvd., #1000, Houston, 77056

www.CollabForChildren.org

Student program teaching primary prevention, child development, and positive discipline techniques. Offered to all Harris County. Parent Involvement and Education components in preschool, ages 0-5. Parents as Teachers-in home services to parents of children from birth to 3 years old; available to Harris County residents only.

DePelchin Children's Center 4950 Memorial, Houston 77007

Houston: 713-730-2335 Austin: 512-719-3222 Lubbock: 806-745-3222 San Antonio: 210-691-3222 www.Depelchin.org

Foster care and adoption services. Family support programs: Counseling services in office, community, and school settings for children and families experiencing challenges related to school performance, family conflict, grief and other mental health issues. Parenting support through one-on-one home visitation or in community parenting classes. Fatherhood programs that involve groups just for fathers/ father figures and groups with couples/ co-parents. Fathers can also receive case management services. All of these programs are provided at no cost and services are offered in English or Spanish.

Counseling services (children ages 3-17 and parents of children), contact: 713-730-2335

Parenting/ fatherhood services, contact: 713-802-7777

Community Centers and Volunteer Programs

Baker-Ripley/ Ripley House Central Location: 713-667-9400

4410 Navigation, Houston 77011 713-315-6400

720 Fairmont Parkway, Pasadena 77504 (Cleveland-Ripley) Cleveland-Ripley: 713-944-9186 6225 Northdale, Houston 77087 (Harbach-Ripley) Harbach-Ripley: 713-640-7100 6500 Rookin St., Houston 77074 (Baker Ripley Gulfton) Gulfton: 713-273-3700

3000 Aldine Mail Route Rd., Houston 77039 (East Aldine Campus) East Aldine: 346-570-4463 www.BakerRipley.org

Community centers offer a variety of services, recreation, and education to all ages. Summer programs for youth. Immigration services. Adult GED. Workforce Solutions. Free workshops and classes for adults and children.

Big Brothers Big Sisters Lone Star

1003 Washington Ave., Houston 77002

www.BBBSTX.org

888-887-2447

Mentoring one on one for children ages 5 - 14. Community-based, school/ site-based, Mentor 2.0.

Boys and Girls Club

Administrative Office: 815 Crosby St., Houston 77019

713-868-3426 www.BGCGH.org

Tutoring, arts & crafts, and game room. Membership fee of \$10 during school year, \$25 per child during summer. Provides transportation from some schools. Call for other locations. Applications are welcome from all children starting at 6 years old. English/Spanish applications available.

Chinese Community Center

9800 Town Park Drive, Houston 77036

713-271-6100 www.CCCHouston.org

Email: info@ccchouston.org

After-school tutorials, individual, and group counseling, Child Development Program, early learning center, field trips/recreation, and summer and spring camp, ages 4-18. Focus is to deter gang activity/delinquency. Monthly parenting workshop. Focus on cultural awareness and adjusting to new environment. Adult ESL, job training, and senior programs. Services are by appointment only. Harris County only.

Choose to DO, Inc. 713-291-6141

11807 Westheimer Rd., Suite 550 #1033, Houston 77077

www.choosetodoinc.org

Programs for African American youth ages 12-17 to build confidence, self-esteem, and healthy mental development by introducing youth to applicable skills and resources that foster socioemotional well-being. Visit the website to volunteer or learn more about the program.

Community Family Center

7524 Ave. E., Houston 77012

713-923-2316

Volunteer Service: 713-923-2316 ext.

1226

www.CommunityFamilyCenters.org

Services for Spanish speaking community. Teen parenting program for moms with children under 3. ESL & GED, substance abuse, food pantry, and summer program for ages 4-17. Fill out volunteer application on website.

Evelyn Rubenstein Jewish Community Center

5601 S. Braeswood, Houston 77096

713-729-3200 www.ERJCCHouston.org

Provides education, recreation, and fellowship opportunities for the Jewish community, but open to all. Center is open to inperson.

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RESOURCE DIRECTORY

Hester House 713-274-1394

2020 Solo. Houston 77020

www.hesterhouse.org

Programs and services to residents of 77016, 77020, 77026. Youth empowerment program, family and social services, computer classes, senior services, after school program from 3:00pm—6:00pm. Summer camp offered.

Pearland Neighborhood Center

281-485-1987

2335 N. Texas Avenue, Houston 77581

www.PNCTexas.com

Multi-service complex of the United Way of Brazoria County. Health programs, recreation, food and baby pantry; utility and rental assistance; disaster relief; "Chemical Abuse Resolution Lies in Education" (Charlie) program. Information and referrals; public meetings.

Salvation Army Boys and Girls Club

2600 Aldine-Westfield, Houston 77093
2732 Cherry Brook Lane, Pasadena 77502
7920 Cook Rd., Houston 77072 (International Community)
12507 Windfern, Houston 77064 (Northwest Corp)
4516 Irvington Blvd., Houston 77009 (Temple Corp)
9717 W. Montgomery Rd., Houston 77088 (Garden City Club)

Houston: 713-695-3388
Pasadena: 713-378-0020
International Community: 713-988-5201
Northwest Corp: 832-200-4611

Temple Corp: 713-692-2283 Garden City: 281-447-2733 www.SalvationArmyHouston.org

Administration: 713-521-0629

After-school program for ages 6-17 years old. Counseling, athletic activities, food pantry. Variety of services based on location. Summer program also available at each location.

Shape Community Center

3903 Almeda Rd., Houston 77004 (Administrative Office) 3815 Live Oak, Houston 77004 (Youth Family Center)

Youth Family Center: 713-521-0641 www.Shape.org

Afterschool program and youth development. Elder program with meal Thursdays. Computer Lab and programs to service families.

Spring Branch Family Development Center

8575 Pitner, Houston 77080

713-996-8781 Fax: 713-996-8784 www.SBFDC.org

Family Clinic, OBGYN services, education, recreation and social services for area residents.

Volunteer Houston

713-533-3190

3303 Main St., Houston 77002

www.VolunteerHouston.org

Volunteer recruiting and placement. Counties served: Montgomery, Liberty, Chambers, Harris, Galveston, Brazoria, Fort Bend, Matagorda, Waller, Austin, Colorado, and Wharton.

Wesley Community Center

1410 Lee St., Houston 77009

Wesley House - Main Office: 713-223-8131

www.WesleyHouseHouston.org

Food Pantry: Drive-thru Wednesday & Friday 9:00am-12:00pm

Walk-up Thursday 9:00am-12:00pm

Food Fair: 3rd & 4th Saturday of each month 9:00am-12:00pm

All other services require an appointment: Head Start program, Daycare Center & Afterschool program; Senior programs for individuals 60+ and their families; Financial opportunity center, rental and utility assistance, homeless prevention; employment and educational coaching; and health care assistance.

Counseling

Achor Counseling & Associates

281-781-8444

15555 Kuykendahl Rd., Suite 319, Houston 77090

www.AchorCounseling.com

Outpatient mental health services for ages 3 and older. Provide individual, pre-marital, and family counseling. Home and school-based services available as well as ADHD evaluations. Parenting, anger management, and domestic violence education. Court ordered and substance abuse classes offered. Insurance, sliding scale, and Medicaid accepted. Counseling interns available for clients who are unable to pay for therapy. Approved DFPS contractor.

A & E Counseling, PLLC

713-205-3167

10101 Fondren Rd., Suite 240, Houston 77096

www.anecounseling.com

Provides therapy for children, adolescents, at-risk youth, adults, couples, and families in English and Spanish. Specializes in ADHD/ADD, behavior concerns, grief, trauma, adjustment disorder, anxiety, depression, and separation disorders. Parent/guardian consultations for 504/IEP and special education is also available. Individual and group therapy offered. Sliding scale fee and self-pay options. Evening and Saturday appointments offered.

Counseling-Continued 23

RESOURCE DIRECTORY

Ambassadors for Christ Youth Ministries

390 Glenborough, Suite 156, Houston 77067

www.AFCYouth.org

281-536-5475

A faith-based model, non-profit organization that provides quality one on one and group mentoring to at risk youth through music and the performing arts. May be of any religion or race. No fee. Additional services include abstinence/safe sex course; individual counseling; substance abuse counseling; case management. Runaway Youth Program provides transitional living for individuals 18 to 21. (Call in advance for these services). Serves Harris County and surrounding areas.

A PurposeFULL Path Counseling, PLLC

713-898-2366

4001 N. Shepherd Dr., Suite 110, Houston 77018

www.apurposefullpathcounseling.com

Provides counseling services to youth and their parents addressing social/emotional needs, anxiety, depression, trauma, and school/family life transitions. Certified grief/loss specialist through The Grief Recovery Method. Bilingual English and Spanish. Accepts private insurance, self-pay, and sliding scale fees.

Association for the Advancement of Mexican Americans (AAMA)

713-926-9491

204 Clifton, Houston 77011

Administration: 713-929-2300

6001 Gulf Freeway, Houston 77023 (Administration)

www.AAMA.org

Counseling, tutoring, and recreation, PK & Early childhood education, Charter school and intensive outpatient services for substance abuse. Charter school for 6th-12th grades. Prevention education for elementary and middle schools. Adult education services: ESL and GED available. Free HepC testing. Alcohol, tobacco and other drug presentations for 3rd-12th grade. Medicaid accepted.

Atlas Counseling Group

281-371-0360

722 Pin Oak Rd., Katy 77494

ValentiaTherapy.com

Individual, family, couples counseling and behavior management. Works with at-risk youth dealing with issues of trauma. Parenting: English/Spanish domestic violence classes. Services also provided in Spanish. Insurance, sliding scale. Offers telehealth services.

AVANCE 713-812-0033

4281 Dacoma, Houston 77092- Administrative office

www.AVANCEHouston.org

4301 Dacoma St., Houston 77092- Administrative office & programs

Community based program offering free parent education classes, adult literacy, fatherhood support group, couples' program for low-income families. Early Head Start & Head Start program, Bilingual services, North & Northwest area of Houston.

832-740-4642 **Beal Behavioral Health**

5959 West Loop, Suite 515, Houston 77401

www.bealbehavioralhealth.com

Counseling for emotional and behavioral problems of children and adolescents. Peer, school, gangs, adolescent, and drug problems. Accepts Medicaid and insurance, no Blue Cross Blue Shield. Afternoon appointments. Individual, family, and group sessions.

Bering Church 713-526-1017

1440 Harold, Houston 77006

www.Beringchurch.org

HIV+ peer support group- Wednesday's (6:30pm) in person. Meeting follows.

BHC-Behavioral Health Consultants

713-463-9449 Fax: 713-463-7181

9525 Katy Freeway, Suite 312, Houston 77024

www.BHCHouston.com

Email: frontdesk@BHChouston.com Diagnosis, counseling, psychotherapy and medication management for children, adolescents, adults, couples, and families. Comprehensive psychological services available. Telehealth appointments available. Accepts Medicaid, Medicare, sliding

scale, and private insurance. 8:30am-5:30pm, Mon.-Fri. 9:00am-2:00pm, Sat. closed for lunch daily 12:00pm-2:00pm.

Brunilda Ortiz Counseling Services Center

713-851-8145

525 N. Sam Houston Parkway, Suite 370B, Houston 77060

Private out-patient counseling for adults, children, adolescents and families. EAP counseling. Evening and weekend available. Tele therapy only. Spanish speaking therapist available. Accepts insurance, self-pay and sliding scale.

Carol Sepulveda Counseling and Play Therapy Services

281-433-8210

700 Rockmead Dr., Suite 200, Kingwood 77339

www.CarolSepulveda.com

Counseling for children, adolescents, families, and adults. Specializing in play therapy, relationships, and personal growth. Medicaid and private insurance. Parent education, play therapy and clinical supervision.

Counseling-Continued

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Catholic Charities 713-526-4611

2900 Louisiana (Main office), Houston 77006

www.CatholicCharities.org

Counseling at various locations for children, teens, families, couples and singles using brief family therapy of 8-12 sessions, group treatment and parent education. All faiths accepted. Sliding scale for counseling and legal assistance. Bilingual services, immigration legal assistance, housing assistance for veterans, and disaster assistance. Call main office for an appointment Monday-Friday 8:00am-5:00pm.

Center for Creative Resources

713-461-7599

3801 Kirby Dr., Suite 344, Houston 77098

www.therapyhouston.org

Counseling programs available. Sliding scale options.

Center for Family Consultation

713-526-4751

2524 Nottingham, Houston 77005 (Central Office)

www.CFCTexas.com

Family and individual assessment and counseling. Adolescent and school related problems. Offices throughout Harris County. Spanish speaking services available.

The Center for P.E.A.C.E.

281-827-0655

507 N. Sam Houston Pkwy., Houston 77060 (North Location)

www.TheCenterForPeace.org

6201 Bohhomme, Houston 77036 (South Location)

8951 Ruthby, Houston 77095 (Hobby Airport Area)

11999 Katy Freeway, Suite530, Houston 77079 (Katy Location)

Parenting training, assessments/evaluations, counseling of children, adolescents, adults, families, and marital counseling. Sex offender treatment and trauma therapist. Specialization in play therapy, grief and loss, abuse, and anger management. Counseling in PTSD, sexual abuse, depression, trauma, domestic violence, LCDC services, and mental health disorders. Adolescent male mentor program (F.I.S.H.-Fostering Independence Self-sufficiency, and Healing) ages 7-17. Girls Selfinjurious cutting group (Paper Dolls), Home based services available. Languages: Spanish, Vietnamese, and Urdu. Serves Harris. Ft. Bend, Brazoria, Waller, Galveston, and Liberty Counties. LPC supervision and CEU's available.

Children's Court Services- Houston Area Women's Center

713-528-6798

1010 Waugh, Houston 77019

www.HAWC.com

Addresses needs of youth victims or witnesses of crimes. Crisis intervention, referrals to appropriate agencies, explanation of laws and legal procedures, court orientation, court accompaniment, court case information, and liaison with other agencies. Assist with Crime Victims' Comp. paperwork. Bilingual services available. No fee.

Chinese Community Center

713-271-6100

9800 Town Park Drive, Houston 77036

www.CCCHouston.org

There are 4 core programs: Senior Health, social services, education, culture and community. Individual and group counseling, child development program. Monthly parenting workshop. Information on housing programs and citizen and financial programs. Focus on cultural awareness and adjusting to new environment. Languages available: English, Mandarin, Cantonese, Vietnamese, and Spanish. Please go online or call us to make an appointment for detailed program information.

Clearhope Counseling 281-769-2238

5151 E. Sam Houston Pkwy S., Pasadena 77505

www.ClearHopeWellness.com 6021 Fairmont Parkway, Suite 200, Pasadena 77505

1111 Hwy 6, Suite 120, Sugarland 77478

7702 FM 1060 E., Suite 310, Humble 77346

Counseling for school, behavior, and family issues, PTSD, trauma-informed care, anger management, EMDR, anxiety, depression, grief. Accepts Medicaid. Bilingual services available.

Compass Counseling Solutions

281-807-9252

7026 Belgold St., Houston 77066

Individual, couples, family therapy, play therapy, marital and group counseling. Substance abuse services. Evening and weekend appointments. Medicaid and most private insurance accepted. Services in English, Vietnamese, and Spanish.

Community Christian Counseling of Tomball

281-357-4111

333 S. Cherry, Tomball 77375

www.CCCCTomball.com

Counseling and educational treatment center offering counseling from a Christian perspective for children, adolescents, families and adults. Specializes in play therapy, divorce recovery, depression, anxiety, self-esteem issues. Substance abuse programs. Individual counseling available.

25 Counseling-Continued

RESOURCE DIRECTORY

Community Youth Services (C.Y.S.) (See Services on page 4)

6300 Chimney Rock, Houston 77081

Community Youth Services, a program of Harris County Resources for Children and Adults, is a school based-crisis intervention, counseling, and case coordination service that provides practical assistance to families of youth who are

experiencing problems. CYS partners with 12 Harris County school districts, Juvenile Justice A.E.P., and the Pasadena Police Department (Juvenile Division). All CYS services are free, confidential and voluntary.

Counseling Center of Houston

281-336-0201

832-927-6300

Fax: 713-295-2541

11999 Katy Freeway, Suite 230, Houston 77079

www.CounselingCenterHouston.com

Trauma informed mental health counseling services to individuals 18+, couples, and families for issues including, but not limited to, child abuse and neglect, PTSD, self-harming, school problems, and social skills. Court approved anger management classes, substance abuse evaluations, and supportive outpatient treatment program. Accepts private insurance, and private pay. Spanish speaking therapists available.

Counseling Creations

832-299-8863

825 Village Square Dr., Tomball 77375

www.counselingcreations.org

Professional and Christian counseling for children, teens, adults, couples and families for grief, trauma, anxiety, depression, suicidal ideation, addiction, alcohol substance abuse, gender issues and abuse.

Counseling Resource Center

281-255-9922

500 Mason, Tomball 77375

www.CounselingRC.com

Therapy and counseling for adolescents and older. Individual, anxiety, depression, women's and men's issues, eating disorders, cutting, abuse, grief and loss. Private pay and insurance.

Covington Counseling and Associates

281-883-8301

505 N. Sam Houston Pkwy. E., Suite 505H, Houston 77060

CovingtonCounseling@hotmail.com

Covers wide range of counseling specialties, including bariatric psychological assessments, life coaching, and women's issues. Private pay, insurance, Medicaid and CHIP accepted.

Cy-Hope Counseling and Speech Therapy

714-466-1360

12715 Telge Rd., Cypress 77429

Cy-Hope

Counseling for children (play therapy), teens, couples (marriage and pre-marital), families, and adults. Group therapy for children and teens. Sliding scale services, \$10-\$150 depending on financial need. No private insurance or Medicaid accepted.

Cynthia Couch, LCSW

713-681-9598

6925 Portwest Dr., Suite 110, Houston 77024

www.CCCHouston.org

Counseling, classes for families, individuals, or couples who need help coping, adjusting, and resolving conflicts. Adjustable fee scale starting at \$75. Select Insurance accepted. Teens and adults (12 years and older).

DebLin Health Concepts and Associates, Inc.

713-686-9194

4411 Dacoma St., Houston 77092

www.DeblinHealthConcepts.com

Adult and adolescent counseling in office or home for mental health issues. Residential services. Sliding scale, Medicaid, and most private insurance accepted.

DePelchin Children's Center

Central Intake: 713-730-2335

4950 Memorial, Houston 77007

www.Depelchin.org

Counseling for children and families through grant-funded prevention programs, including at-risk youth, school-based and parenting programs. DePelchin also supports mental health needs in its foster care and adoption homes. Suicide, recent trauma or loss, severe conflict, acute school phobia. Post-adoptive services. In-home parenting training for parents of children 5 years old and younger. Bilingual services available.

Family Counts Program: short-term individual counseling (3-6 sessions) for youth ages 3-17. Adult services include counseling, education and coaching, and skills training. Program provides crisis intervention and safety planning and wraparound services. Adults must be a parent or caregiver of a youth in the home under the age of 17. Services provided in the community at a predetermined community location, virtually, and in the office. Call 713-558-3888 for more information or to schedule an appointment. Trauma Counseling: trauma focused counseling to youth ages 6-17 who do not have insurance and have experienced trauma. Serves families living in Harris County. FAYS Program: short-term counseling services to youth and their family with a child between ages 3-17 in the home. Term of service is 6 months. Family participation is required. Serves Harris, Fort Bend, and Waller counties.

Dione Counseling and Associates, PLLC

281-591-4888

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5718 Westheimer Rd., Suite 1000, Houston 77057

www.dionecounseling.com

Therapy services for individuals, couples, and families specializing in adolescents and young adults. Accepts Medicaid, CHIP, sliding scale fees, and private insurance. CPS contracted therapist.

Counseling-Continued

Evergreen Psychological Services

281-631-9977

14351 B Torrey Chase Blvd., Houston 77014

Counseling and psychological services for children, adolescents, adults, and blended families. Marital counseling, grief counseling. Insurance and sliding scale. Does not work with teen girls under 18 or children under 6. Remote services are offered.

Family Houston 713-861-4849

4625 Lillian St., Houston 77007

www.FamilyHouston.org

1300 Bay Area Blvd., Building A, Suite 240, Houston 77058 (Bay area)

12300 Parc Crest Dr., Stafford 77477 (Fort Bend)

531 FM 359 South, Brookshire 77423 (Waller)

1600 Lake Front Circle, Suite 200, The Woodlands 77380 (The Woodlands)

Call for information or appointments. Professional, confidential counseling for children ages 8 and up, adults, individuals, and families. Accepts private insurance, sliding scale fee, Medicaid, and CHIP. Family Houston has other services to help stabilize Houstonians in crisis. They help people with basic needs like food and housing and offer Employment and financial coaching. Services are offered remotely. They serve Greater Houston and the surrounding areas.

Family Roots for Life, Inc.

832-800-7989

10193 W. Grand Parkway S., Suite 103-207, Richmond 77407

www.familyrootsforlife.org

Provides behavioral health services, life skills for transitioning youth and young adults, parent education and coaching, family finding and reunification, mentorship program.

Family Time Crisis and Counseling Center

1203 South Houston Ave., Humble 77338

1110 West Clayton, Dayton 77535

Dayton: 936-257-9744 www.FamilyTimeCCC.org

Humble: 281-446-2615

Counseling service for victims of rape, incest, domestic violence, and crime. Sliding scale fee. Individual, marriage and family therapy, parenting. Workshops on divorce and anger management at Humble office. Emergency shelter for domestic violence victims.

Fort Bend Counseling and Psychotherapy

713-231-8858

4502 Riverstone Blvd., #804, Missouri City 77459

FortBendCounseling@gmail.com

Provides counseling to children, youth and adults. Areas of focus include depression, anxiety, stress, ADD/ADHD, developmental issues, adoption, anger, and many other issues. Tele therapy only. Spanish speaking therapists available. Saturday and evening appointments available. Traditional Medicaid and some private insurance providers available.

H.O.P.E. Psychotherapy of Houston, PLLC

281-373-5200

17510 Huffmeister Road, #102, #103, Cypress 77429

www.HopePsychotherapyOfHouston.com

Children, adolescents, adults, family, marriage, self-injury, depression, obsessive-compulsive disorder, anxiety, eating disorders, addictions, psychotherapy medication management with nurse practitioner, ADHD assessments. Insurance, sliding scale and self-pay.

The Harris Center for Mental Health and IDD (See Mental Health)

Harris County Community Youth Services (See pages 4 - 6)

The Harris School

6210 Rookin, Houston 77074

713-526-2046 www.TheHarrisSchool.org

Helps children ages Pre-k through 6th grade who need extra support in their social and behavioral growth. Tuition based private school. Financial assistance on 1st come basis.

Hartson Associates 713-408-6655

627 W. 19th St., #203, Houston 77008

Private outpatient counseling services for teens and families. Anger management, adjustment, behavioral, and parenting issues. Drug education and prevention. Home-based services available depending upon location. Sliding scale, Medicaid, Medicare B accepted. Evening and weekends.

Houlue Counseling & Consulting Services

14090 Southwest Frwy., Suite 300, Sugarland 77478

832-266-0121 281-433-7790

Domestic violence, BIPP (Battering Intervention & Prevention Program), mental health and substance abuse counseling. Drug and alcohol screening. Services provided in Harris and Fort Bend counties for all ages. Specializing in school issues, children with disabilities, parenting skills, anger management, depression, adoption, grief, mood, anxiety and trauma related disorders. Medicaid and private pay accepted. Call for consultation regarding other insurance acceptance. Accepts EAP programs. Clients may bring a certified interpreter to assist with services.

The Houston/Galveston Institute (HGI Counseling Center)

2116 Thompson Rd., #107, Richmond 77469

713-526-8390

832-471-6538 www.HGICounseling.org

Broad spectrum of child, adolescent and family problems. Individual, group, couples, and family therapy using family therapy model. Spanish speaking clinicians. Sliding scale fee. Face-to-face services are limited, telehealth services also available. Mon.-Fri., 9:00am-5:00pm; evening appointments also available.

Houston Center for Christian Counseling

402 Julie Rivers Dr., Sugarland 77478 609 Park Grove Dr., Unit B, Katy 77450

Katy: 281-398-0022 www.ChristianCounselingHouston.com

Sugarland: 281-277-8811

Outpatient individual, family, marital counseling for adults, adolescents & children, as well as substance abuse counseling. Services offered by licensed professionals: EDMR, DMT, RO-DBT, as well as Play Therapy for children ages 2 and older. Bilingual services offered: Spanish speaking at both locations; French speaking at Sugarland location; Arabic speaking available. Insurance accepted. Associate counselors available at a reduced fee. Face-to-face and telehealth services available.

Houston Psychotherapists, Inc.

21216 Northwest Frwy., Suite 450, Cypress 77429

www.HoustonPsychotherapists.com

Sammie Jones, MA, LPC

Individual, couple, adolescents, family, and marriage counseling, specialize in self-injury. School assessments and outpatient services available. Select insurance accepted. Self-pay options available.

Inner Wisdom, Inc.

713-592-9292 Outreach Coordinator: 713-806-2759

832-237-2673

10777 Stella Link Rd., Houston 77025

www.InnerWisdom.com

Outpatient counseling and groups for adults 18 and older. No children. Day treatment, partial hospitalization, and intensive outpatient services. Accepts dual diagnosis patients. Genetic testing available. Partners with Houston Food Bank. Transportation provided depending on distance. Medicare, Medicaid, and most health insurance plans accepted.

Innovative Alternatives

713-222-2525

1335 Regents Park Dr., Suite 240, Houston 77058

www.InnovativeAlternatives.org

Outpatient therapy for ages 4 & older. Individual, marital, family, and group therapies as well as family mediation services are available. Private, non-profit agency. Anger management and divorce groups available. Play therapy, conflict resolution, peer mediation, & bully-proofing program for schools. Parenting classes. Victims' assistance program, free counseling to all crime victims. Trauma-based group. Accepts Medicaid, EAP, sliding scale, private pay and insurance.

Insightful Life Counseling Center

281-653-6572

11123 McCracken Circle, Suite C, Cypress 77429

10497 Town & Country Way, Suite 700, Houston 77024

Social skills groups, support groups, parenting classes, talk therapy, couples and family counseling. Play therapy for as young as 3 years old. Insurance and sliding scale. Free sessions with interns.

Joan and Stanford Alexander Jewish Family Service

713-667-9336

4131 S. Braeswood, Houston 77025

www.AlexanderJFS.org

Counseling for family problems. Case management, psychiatric evaluation and treatment. Job placement services and job counseling. Financial assistance offered. Sliding scale fee. Insurance accepted.

Counseling-Continued 28

Kay Counseling Service

713-505-1091

2121 Sage Road, Suite 378, Houston 77056 2626 S. Loop West, Suite 650-Y, Houston 77054

www.KayCounseling.net

Individual, couples, and family counseling. Behavioral issues, grief and loss (children and adults), adolescents (transition to adulthood), academic underachievement, anxiety, ADHD, depression, anger management, personal growth, parenting support, stress management, career counseling, self-esteem issues, study skills, mediation, conflict resolution, groups for anger management and grief. Private insurance, Medicaid, CHIP, Tricare, TriWest, private pay. Telehealth services available.

Kinghaven Group Counseling

713-457-4372

6315 Gulfton St., Houston 77081

877-214-8839

www.KingHavenCounseling.com

Counseling services for ages 2-adult. Focus on sexual abuse, attachment disorder, conduct, & behavior problems. Individual and family counseling, psychological assessments, psychiatry, substance use disorder treatment, autism services and play therapy. Newest programs: substance use IOP, mental health IOP for adolescents and adults and autism treatment. Home-based (except The Woodlands and Spring) or office. Medicaid, Medicare, private insurance, and self-pay. Bilingual services available. Evening and Saturday appointments available. Serving all counties.

Kira Dionne Wellness, LLC

713-234-0680

13150 FM-529, Suite 122, Houston 77041

www.kiradionne.com

Counseling services for anger management, rehabilitative services, case management, substance abuse counseling, SUD groups, and anger management groups. Medicaid and private insurance accepted.

Krist - Samaritan Counseling Center

281-480-7554

16441 Space Center Blvd., Bldg. C, Suite 100, Houston 77058

www.SamaritanHouston.org

Christian counseling center. Staffed by counselors with LPCs in pastoral counseling. Psychological testing (self-pay only). Sliding scale fee, insurance. Tutoring in reading & math (self-pay only). Satellite offices in the inner city, The Woodlands, Memorial/West Houston, and Pearland. Mon.-Fri., 9:00am-5:30pm. Offers telehealth services.

Legacy Community Health/Behavioral Health Services

832-548-5000

1415 California St., Houston 77006

1-800-735-2989

www.LegacyCommunityHealth.org

Child, adolescent, adult, family, and group counseling. Psychiatrist on staff. Medicaid and private insurance accepted. 20 locations. Bilingual services available. Call volume has increased; expect long hold times.

LEI Behavioral Services, LLC

832-862-7997

6201 Bonhomme Rd., Suite 266N, Houston 77036

Leibehavioralservices.com

In-home counseling, mental health and behavioral services for ages 6-100. Mental health assessments. Crisis intervention and treatment planning. Psychosocial rehabilitation services. Targeted case management services. Accepts Medicaid, self-pay. Offers telehealth services.

Life 360 Solutions 281-804-1900

2646 S. Loop W., Suite 505F, Houston 77054

www.PearlandCounseling.com

Individual, group, family, and marital counseling for children, adolescents, and adults. Specializes in building strong families and post-partum services. Anxiety, depression, LGBTQ, women's issues, and life coaching. Anger management groups. Also works with children in foster care. Autism services available on case-by-case bases. Medicaid and Superior health plan accepted, offers telehealth services.

Linda Twichell, M.A., L.P.C.

832-492-0671

Houston 77070

www.TwichellCounseling.com

Children (ages 6 and up), adolescents, adults, couples, and families. Specializes in anxiety, depression, family conflicts, blended family issues, school difficulties, anger management, grief issues, and life transitions. Insurance and sliding scale. Only telehealth services available.

Mardis, A. Consultants & Counseling

713-443-6047

5330 Griggs Rd., Suite C-106, Houston 77021

Romenmodest.tripod.com

Marriage and family therapy, individual counseling, group counseling, behavior modification, mediation, arbitration, parenting guidance therapy, and technology assisted services.

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RESOURCE DIRECTORY

www.MargaretHoodBlack.com

Margaret Hood Black and Associates

19222 Hwy 249, Houston 77070

5520 Kingwood Dr., Kingwood 77345

P.O. Box 5731 Kingwood 77325

Counseling for adults and adolescents. Marriage and family therapy, eating disorders, borderline personalities, self-mutilating behaviors, marital counseling, infidelity, depression, ADHD, parenting and oppositional teens. Self-pay. Telehealth services available. Serves Houston, Tomball, Spring, Cypress, and Kingwood areas.

Marvelous Counseling and Therapy, PLLC

281-508-4466

713-562-7819

13700 Veterans Memorial Dr., Suite 100, Houston 77014

Marvelouscounseling.com

Mental health case management and therapy in the Houston and surrounding area. Accepts all Insurances and Medicaid.

MedCare Pediatric Rehab Center

713-995-9292

12371 S. Kirkwood, Stafford 77477

713-773-5110

4818 E. Sam Houston Parkway N., Houston 77015

www.MedCarePediatric.com

Speech, occupational and physical therapy, home health services and nursing services to ages up to 21 years old. ABA services (Medicaid not accepted). Accepts many forms of insurance, private pay, sliding scale, and Medicaid. Serving all zip codes.

Momentum Behavioral Health Concepts

832-865-4837

7676 Hillmont St., #320, Houston 77040

www.MBHConcepts.com

Wide range of counseling services. Court-ordered anger management and truancy workshops, also drug offender education classes. Community living support for mental health and behavioral issues. Case management for children with special needs. Mon.-Sat. Day and evening classes. Sliding scale, some private insurance and Medicaid. All zip codes.

The Montrose Center

713-529-0037

401 Branard, Houston 77006

LGBTQ Helpline: 713-529-3211 www.MontroseCenter.org

Individual, couples, and group counseling to serve the needs of the lesbian, gay, bisexual, transgender and queer community. Adolescent services include individual, family, and group counseling for ages 13-18. Chemical and drug recovery for ages 17 and above. HATCH Youth Program for adolescents, ages 13-20. HATCH Youth Jr. for ages 7-12 (parental/guardian attendance required). Trauma counseling for survivors of hate crimes, sexual assault, battering, etc. Case management for HIV and AIDS. Rapid Rehousing program for LGBTQ youth ages 18-24. In-home counseling offered for homebound persons with AIDS. Accepts Medicaid and most insurance, some grant funds and sliding scale available. Mon.-Fri. 8:00am-7:00pm. All zip codes. Email: clientsupport@montrosecenter.org

Nick Finnegan Counseling Center (NFCC)

713-402-5046

2714 Joanel St., Houston 77027

www.FinneganCounseling.org

Outpatient counseling for children ages 5-18 and families as well as pre-marital, couples and individual therapy. Includes help for emotional stress, family conflict, life changes, parenting, behavioral problems, school challenges, grief/loss, depression, anxiety, trauma, self-awareness and growth. No assessments, diagnosis or distribution of medication. Some private insurance accepted, self-pay, and sliding scale also available. Telehealth services are being offered. Monday-Thursday 9:00am-6:00pm, Friday 9:00am-4:00pm, Saturday-not available.

Northshore Counseling Center Inc.

713-637-6000

331 Freeport St., Houston 77015

http://www.NShore.cc

Counseling and psychological services for children 10 to adult. Marital counseling. Substance abuse counseling. By appointment. Insurance and sliding scale. Medicaid accepted. Bilingual therapist available.

The Parris Foundation

713-534-1374

10333 Harwin Dr., Houston 77036 P.O. Box 70491, Houston 77270 www.ParrisFoundation.org

Mental health counseling services for victims of any type of crime. Individual, group, marriage, and family therapy to clients of all ages. Crime victim advocacy and assistance with CVC applications. Victim follow-up and advocacy. Graduate level counselors available at a reduced rate. Medicaid and sliding scale fee and self-pay available. Assistance with crime victim's compensation, assistance with Texas SAVNS/VINE, crisis intervention, assistance with victim impact panels and statements. Scholarships to high school students, educational outreach and career preparation programs. Foster care service provider training. Sliding scale and self-pay. Medicaid accepted. Spanish speaking counselor available.

PsychoTherapy by Angelina

713-206-8429

4747 Bellaire Blvd., Ste.545, Bellaire 77401

www.TherapyByAngelina.com

Provides art therapy, immigration counseling, crisis, and grief counseling. Individuals, couples, family, group therapy. Children and adults of all ages. Bilingual Spanish/English. Telehealth services available. Private pay only with some reduced cost workshops offered. Serves all zip codes. Email: Life@therapybyangelina.com

Counseling-Continued 30

RISE (Restoring Individuals with Spiritual Enrichment)

12808 W. Airport Blvd, Suite 3250, Sugar Land 77078

www.RiseTherapy.org

Provides Harris County and Fort Bend County court-approved anger management classes, evening and weekends. Individual, couples, marriage counseling. Domestic violence program. Accepts Insurance and sliding scale fees available. Monday-Friday 9:00am-7:00pm.

Sapphire Therapeutic Services, Inc.

281-714-5121

713-352-9797

4606 FM 1960 Rd. West, Suite 144, Houston 77069

Sapphiretherapy.org

Free counseling for victims and their children (ages 10+) of any crime who are cooperating with a law enforcement investigation resulting from violence. Free counseling with Traditional and Superior Health Medicaid. Telehealth counseling available (no software or equipment required). Low-cost substance abuse counseling and DWI education. ARS-substance abuse program available. Online parenting classes, child abuse, parenting, domestic violence, couples therapy, grief and bereavement, substance abuse counseling, online therapy for foster children ages 12 years and older. After hour and Saturday appointments available. Accepts all major insurance. Email: alwaysmore@sapphiretherapy.org.

Shield-Bearer Counseling Centers

281-894-7222

12337 Jones Rd., Suite 114, Houston 77070

www.ShieldBearer.org

1603 Baker Dr., Tomball 77375

Counseling for families, children (4+), adolescents, couples, and individuals by LPCs, LCDCs, LMFTs, and LCSW. Premarital and marriage counseling, anger management. Parenting classes, court and CPS approved. Depression, bullying, addiction, divorce recovery. Free and reduced fee couples and family counseling. Free workshops for teens and families available. No walk ins. Call for appointment. Accepts all major insurance and sliding scale.

Smart Counseling and Consulting

713-662-3555

6671 Southwest Frwy, Suite 45A, Houston 77074

Counseling for children, adolescents, families, couples, and adults. Special emphasis on coping skills and self-esteem issues. Medicaid, some private insurance, sliding scale, and EAP. All Zip codes. Email: smartcounseling@outlook.com

Texas Anger Managers

832-329-7148

5909 Scott St., Houston, 77021

www.TexasAngerManagers.com

Teaches anger management techniques. Objective is to gain focus and emotional intelligence in a fun environment, using written and filmed material at times from real focus groups. Group or one on one. Sliding scale, some need-based scholarships available. CCAMI (Certified Core Anger Management Instructor). In-person, phone and telehealth sessions are available.

Therapeutic Behavior Health Associates

713-780-0142

11200 Westheimer Rd., Suite 202, Houston 77042

www.TherapistKay.com

Individual, group, and family counseling for abuse, adjustment problems, adolescent behaviors, depression, grief/loss, anger, and marital problems. Play therapy. Insurance only, except for Blue Cross Blue Shield.

Therapy Cypress (Mindy McKay, MA, LPC)

832-421-8814

16518 House Hahl Rd., Ste. E, Cypress 77433

www.TherapyCypress.com

Outpatient counseling for children, teens, adults, couples, and families. Treatment areas including anxiety/depression, bipolar disorder, relationship difficulties, self-esteem/body image issues, life transitions, behavior problems, school difficulties/learning disabilities/ADHD, cutting/self-injurious behaviors, teens struggling with alcohol/drug issues. Sliding scale available.

Thomas, Michael J., LCSW-Greater Houston Psychotherapy

713-623-2984

4615 Southwest Freeway, Suite 430, Houston 77074

Parenting skills, divorce, family conflicts, depression, sexual abuse, chemical abuse, school problems, runaway, and conflict resolution. Trauma therapy. Accepts Medicaid, insurance, and sliding scale.

TRIAD Intake Diversion 832-927-6400

6300 Chimney Rock, Houston 77081

Harris County Resources for Children and Adults and Juvenile Probation staff work side-by-side 24 hours a day, 7 days a week at the Youth Services Center to provide crisis intervention, screening and assessment, short-term counseling, information/referral, and follow up services for youth identified due to Class C misdemeanors, status offenses, runaway or being otherwise at-risk. Youth (ages 10-17) and families who reside in Harris County access the program through law enforcement or on a walk-in basis. All services are provided on a voluntary basis.

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TSB Consulting (Tamika S. Burns, LPC)

855 Rockmead Dr., Suite 203, Kingwood 77339

281-973-8708

www.HumbleCounseling.com

Therapy for depression and anxiety, couples counseling, family counseling, parenting support, grief counseling, work and career issues, stress management, addiction and recovery, conflict resolution. Court-ordered or voluntary. In office and telehealth services available. Major insurance and sliding scale accepted. Serves all zip codes. Email: TSBConsulting2006@yahoo.com

Unbelievable Grace Counseling and Therapy

281-547-8008

21638 State Hwy 249, Unit B, Houston 77070

www.unbelievablegrace.com

Therapy services for children, teens, college aged, women, couples and families. Trauma trained therapist. Accelerated Resolution Therapy (ART). Specializes in women's issues, parenting support, behavior modification, anxiety, depression, shame resiliency. Support groups: Connections-anxiety and shame resiliency, Fearless-for women who have experienced sexual trauma (free group but must register). Accepts private pay, sliding scale, some private insurance.

University of Houston–Clear Lake Psychological Services Clinic-Arbor South

281-283-3330

2700 Bay Area Blvd., Houston 77058

Inexpensive counseling to help clients deal with marital concerns, grief, raising and educating children, school-based assessments, and job-related problems using the family therapy model. Individual and couples counseling. Sliding scale. In-person and Telehealth services offered.

University of Houston Psychology Research and Services Center

713-743-8600

3695 Cullen Blvd., Houston 77004

PRSC@uh.edu

U of H training facility offering treatment for a variety of behavioral, psychological, and adjustment problems. Individual, family and group treatment available. Intellectual, developmental and personality assessments for both children and adults. Advanced doctoral students under the supervision of Clinical Psychology faculty provide services. Sliding scale fees.

University of Texas Mental Science Institute UT Psychiatry Outpatient Clinic

713-486-2700

1941 East Road, Suite 2100, Houston 77054

Comprehensive psychiatric evaluations, psychological assessments, pre-school assessments. Pervasive Developmental Disorder Program, and Center for Human Development Research Clinic, Neurobehavioral research on addiction. Mental health counseling. Autism Spectrum services. Ages 4-17 years. Medicaid, insurance, or private pay accepted. Telehealth services available.

Urban Enrichment Institute

713-229-8353

4014 Market St., Suite W-145, Houston 77020

www.UEInsitute.org

Targets 100 boys, ages 12-19 in 5th Ward, Kashmere Gardens, and Denver Harbor. Provides structured after-school program, summer community service programs. Leadership and self-esteem building. Group counseling. College career awareness and military readiness. Referrals for counseling for father/child interaction, employment, and mediation. After-school program 4:00pm-6:00pm with some weekend activities. Summer activities program open to the public and applications available. Serves all zip codes during summer. Serves zip codes 77028, 77020, and 77016 only during school year. Email: Uei@ueinstitute.org

Van Le Counseling 713-298-6640

2537 S. Gessner Rd., Suite 208A, Houston 77063

Therapy for adolescents, individuals, couples, and families dealing with suicidal ideation, self-harm, behavioral issues, anger, depression, anxiety, LGBTQ, premarital counseling, marital counseling, and adjustment to everyday life changes. Accepts sliding scale payments and some private insurance. Bilingual in Vietnamese/English.

Yes to Youth (formerly Montgomery County Youth Services)

105 W. Lewis, Conroe 77301

4501 N. Frazier, Conroe (Bridgeway Shelter)

8701 New Trails Dr., Suite 118, The Woodlands 77381 31355 Friendship Dr., Suite 400, Magnolia 77355

16401 1ST Street, Splendora 77372

Conroe: 936-756-8682 Bridgeway Shelter: 936-890-1132 The Woodlands: 281-292-6471

Magnolia: 281-259-0440 Splendora: 281-354-2654

After Hours Crisis Line: 888-756-8682

www.YouthMC.org

Individual and family counseling for runaways, truants, and at-risk youth. Parent-teen program. Summer camp. Arranges shelter care. Harris County, Montgomery and Huntsville residents must confirm eligibility. Accept insurance but most services are paid by grants.

Counseling-Continued 32

RESOURCE DIRECTORY

Youth and Family Counseling Services

801 N. Buchta Rd., Angleton 77515

www.YFCS.org

Main: 979-849-7751

Individual, group, and family counseling. Specializes in at-risk youth and child abuse prevention, parenting classes, marital counseling, community education and professional training for Brazoria and Matagorda counties. "4 Kids' Sake" divorce classes offered in Brazoria County location only. Mon.-Thurs., 8:15am-7:00pm.

Dental

Avenue 360 Health and Wellness

713-341-3790

1427 Hawthorne, Houston 77006

www.Avenue360.org

Recently merged with Houston Area Community Services to provide dental, medical, and housing to HIV+ and others. Call to schedule an appointment and eligibility will be determined on the day of the appointment (no intakes and no walkins). Mon.-Fri., 8:0am-5:00pm. Accepts Medicaid and sliding scale payments.

Ben Taub Oral Surgery Clinic

1504 Taub Loop, Houston 77030

Eliaibility: 713-566-6509 713-873-3320 www.HarrisHealth.org

Appointments: 713-660-1880

Appointments: 713-212-6800

To schedule appt.: 713-526-4243

Must have Harris County Hospital District Gold Card or must be dental emergency needing surgery referred from hospital emergency room. Free or sliding scale based on eligibility. Interpreter for Spanish speaking available. Hours: 8:00am-5:00pm and last appointment at 3:30pm. Must be referred by dentist and no walk-ins accepted. Ages 16 years old and older

El Centro de Corazon - Eastwood Health Clinic

412 Telephone Road, Houston 77023

www.ElCentroDeCorazon.org 7037 Capitol St., Houston 77011

Dental/medical services available Mon.-Fri. 7:00am-4:30pm. Sliding scale fee depending on income. Also accepts Medicaid and CHIP.

Harris County Health Department

www.HCPHES.org

www.HarrisHealth.org

Contract program with private dentists referred through school and clinic nurses. Harris County residents outside City of Houston, 6 mo.-21 years old. Fee based on income. Medicaid, CHIP accepted. Clinics at the following sites:

3737 Red Bluff, Pasadena 77503 (6 mo-21 year) Southeast Dental Center 713-274-9430 Humble Health Clinic 1730 Humble Place Dr., Humble 77338 (6 mo-21 year) 713-602-3355 Baytown Dental Clinic 1000 Lee Dr., Baytown 77520 (6 mo-21 year) 713-274-7155

Harris Health Systems

4800 Fournace PI 7th Floor, Bellaire 77401 (Main Office)

Eligibility Centers: 818 Ringold St. (Acres Homes Health Center)

3550 A Swingle Rd. (MLK Jr. Health Center) 8901 B Boone Rd. (El Franco Lee Center) 925 Shaw Ave. (Strawberry Health Center)

Dental care for indigent children ages 16 and older with eligibility card, or ages 16 and older with Medicaid. Spanish, Vietnamese, and Chinese spoken. Must be Harris County resident. Must first pick up application packet. Applications accepted in person at eligibility center, or by mail (PO Box 300488, Houston 77230). Providing restorative dental care needs. Multiple locations. Mon.-Fri., 8:00am-5:00pm. Callers may experience long on-hold times.

San Jose Clinic

2615 Fannin St., Houston 77002

Information: 713-228-9411

Eligibility Appointment: 713-228-2651

713-490-2610

www.SanJoseClinic.org

Dental care for the uninsured. To obtain services at our Downtown Dental clinic you must first obtain a Clinic Card. Walkins emergency only. Dental care by appointment only. At eligibility appointment, present required documentation for adult: identification, proof of income or unemployment, dependent identification, and proof of address. Contact the clinic for a list of documents that are acceptable. Each family member that needs a card must provide this documentation at his or her eligibility interview. Fees for services are directly related to eligibility criteria based on a sliding scale and determined during the eligibility interview. Eligibility form available on website can be printed and filled out prior to going to clinic. Hours: 8:00am-4:00pm.

University of Texas School of Dentistry

7500 Cambridge St., Houston 77054

www.Dentistrv.uth.edu

Information Line: 713-486-4000

Qualification for services depends on dental student's need for experience. After the initial visit, appointments are set for continuing work. Fees are discussed after acceptance. Children - Adults. Mon.-Fri. 8:00am-5:00pm.

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Wild Smiles Dental Centers

5720-D Bellaire Blvd., Bellaire 77081

713-668-5437 713-565-0553

www.WildSmilesDentalCenterHouston.com

Dental care for children ages 6 months-21 yrs. and adults. Free dental screenings, exchange toothbrush service, free oral hygiene education. Also offers braces. Accepts Medicaid, CHIP, CHSCN, Aetna, Cigna, and works with parents of uninsured children to provide low fees. Free exams and x-rays. Mon./Tue./Thurs./Fri.: 10:00am-5:00pm; Wed.: Closed; Sat. 9:00am-1:00pm.

Developmental Disabilities and Special Needs

General Resources

Blue Bird Circle Clinic for Pediatric Neurology

832-822-5046

16701 Fannin St., Suite 950, Houston 77030

www.TheBlueBirdCircle.com

Medical, psychological, and educational diagnosis and care for developmentally delayed, learning disabled, mentally challenged, and other health impaired children, ages 0-17. Social service consultations, Mon.-Fri., 8:00am-4:30pm. Email: BBC@Texaschildrens.org

The Center for Pursuit

713-525-8400

4400 Harrisburg Blvd., Houston 77011

www.TheCenterForPursuit.org

Testing, counseling, recreation and dental services for adults with Intellectual Disabilities. Referrals through schools and State Department of Human Resources – MHMR: daycare for children and adults, residential services, both rural and urban community settings.

ECI Project TYKE - Katy ISD

281-237-6647

16361 South Stadium Lane, Katy 77494

www.KatyISD.org

Families with young children, ages 0-3, with developmental delays. Needs-based services provided in the home or natural environment. Service cost based on family ability to pay; Medicaid, private insurance and CHIP accepted. Services only available to Katy ISD.

The Harris Center for Mental Health and IDD

713-970-7000 ECI: 713-970-4800

Clinic locations: Northeast-7200 N. Loop East, Houston 77028

IDD: 713-970-7799 www.TheHarrisCenter.org

Northwest-3737 Dacoma, Houston 77092

Southwest-9401 Southwest Freeway, Houston 77074

Southeast-5901 Long Dr., Houston 77087

Early Childhood Intervention: 9401 Southwest Freeway, Houston 77074

ECI: Services for developmentally delayed children 0 to 3 years old. Accepts Medicaid, CHIP, all private insurance.

Intellectual Disabilities/Autism: Intake and eligibility determination functions for mental retardation services through The Harris Center for Mental Health and IDD. Services are provided for individuals with intellectual disabilities and pervasive developmental disorders that are over three years of age and are residents of Harris County. Must meet financial and diagnostic eligibility requirements. Evaluations are completed within each clinic. Child evaluations must be completed at the southwest clinic. Adult evaluations can be completed at any clinic location. Intakes begin at 7:30am.

Meyer Center for Developmental Pediatrics

832-822-3400

Clinical Care Center: 8080 N. Stadium Dr., Suite 100, Houston 77054

www.TexasChildren.org

Teams of professionals develop diagnosis and treatment plans for children and adolescents suspected of developmental or learning problems, behavioral, emotional, and neurological conditions. New patient referrals are accepted for children under age 12. *Waitlist for ages 3 and up, 18-24 months, ages 2 and under, 1 year. Accepts Medicaid and CHIP (traditional).

Mon.-Fri., 8:00am-5:00pm

Information and Referral

The Arc of Greater Houston 9401 Southwest Fwy., 12th Floor, Houston 77074 713-957-1600

www.AOGH.org

Private, nonprofit organization to help those with intellectual and developmental disabilities lead ordinary lives and be included in their communities. Services include information and referral, parent support group (bilingual), mentors for adults, social and leisure programs, weekend respite, summer overnight camp and advocacy. Assistance with special education. Email: info@aogh.org

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RESOURCE DIRECTORY

Family to Family Network

16225 Park Pen Place, Suite 500, Houston 77084

713-466-6304 www.F2FN.org

Provides information and referral, education, training, and support for families of children with disabilities. Mon.-Fri., 9:00am-5:00pm.

Parent Education Project-Families Can

713-743-5491

4365 Cougar Village Dr., Student Services Center, Room 301, Houston 77204

www.COE.uh.edu/PEP

3-21 years old. Information and referral for families of children with disabilities. Serves all of Harris County. Does not accept Medicaid. Accepts CHIP and private insurance, families without insurance, and undocumented families. No case management.

Team Project (PATH Project)

2825 Wilcrest Dr., Suite 205, Houston 77042

Statewide: 409-898-4684 www.PartnersTx.org/Team

Non-profit agency to assist parents of children with disabilities. Provides workshops, information and referral, assistance in ARD preparation. Services are available in Spanish and English. All services are free. Mon.-Fri., 8:30am-5:00pm.

Medical Supplies

Angel Medical Supply

713-856-9930

5829 W Sam Houston Pkwy N, Suite 1209, Houston 77041

www.AngelMedicalSupply.com

www.AveannaMedicalSolutions.com

Services patients of all ages; medical supplies, focus is on respiratory care but also provides standard medical equipment and nutritional supplies. Accepts Medicaid, BCBS (PPO), some private insurance, Community Health, Texas Children's and CHIP (no United Health). Mon.-Fri., 8:00am-6:00pm.

Aveanna Medical Solutions

713-956-5288

10305 Round Up Ln., Suite 100, Houston 77064

866-883-1188

Provides enteral feeding, incontinence, nutritional formulas, diabetic supplies (limited), ostomy, wound care, tracheostomy, respiratory health, and other medical supplies. Medicaid, Medicare, private insurance,

Pediatric Home Service

713-383-2100

9349 Kirby Dr., Houston 77054

713-383-2122 www.pediatrichomeservice.com

Respiratory, medical equipment services, infusion patient, feeding, or internal for Houston and surrounding areas.

Respite Care

The Arc of Greater Houston

713-957-1600

9401 Southwest Fwy., 12th Floor, Houston 77074

www.AOGH.org

Provides a number of out of home respite programs such as monthly dances, summer programs, summer camps Tuesday-Thursday. Saturday out of home respite care. Email: info@aogh.org

Care Connection

855-937-2372

4802 Lockwood Dr., Houston 77026

www.CareConnection.org

Services include vouchers that can be used to pay for someone to come into the home to give caregivers a break. Vouchers can be used to pay for services outside of the home, such as adult day services and services that allow caregivers to leave their loved ones with certified individuals who can care for the care recipient while the caregiver is away. Aging and disability resource center. Transportation only to appointments. Harris County residents only.

Easter Seals Disability Services

713-838-9050

4888 Loop Central Dr., Suite 200, Houston 77081

www.EasterSealsHouston.org

Respite care is offered to parents or guardians who care for a child with a disability. Parents choose providers who care for the child in the home freeing the parent to leave the home for errands, leisure time, appointments and other activities. Parents Night Out is a Friday night, out-of-home respite program currently held in locations around the Houston area. Monday-Friday 8:00am - 5:00pm.

The Harris Center for Mental Health and IDD

713-970-7000 713-970-3800

9401 Southwest Fwy., Houston 77074

www.TheHarrisCenter.org

Provides short-term temporary or intermittent direct care of a child or adult. Care may be either in-home or out-of-home.

State Resources/Assistance Programs

Case Management for Children and Pregnant Women

877-847-8377

https://www.hhs.texas.gov/providers/healthservices-providers/case-managementproviders-children-pregnant-women

Case Management for Children and Pregnant Women is a Medicaid benefit. Through the program, case managers help families get medical services, school services, medical equipment and supplies, and other services that are medically necessary. Also serves high risk pregnancies. Mon.-Fri., 8:00am-5:00pm. Email: askcm@hhs.texas.gov

Children with Special Health Care Needs (CSHCN) Program 877-888-2350 713-767-3111

https://www.hhs.texas.gov/services/disability/children-

special-health-care-needs-program

The CSHCN Services Program helps children ages 0-20 with special healthcare needs and people of any age with Cystic Fibrosis, secure health care and support services. The program helps clients with medical, dental, vision, and mental health care, prescription drug costs, special therapies, special medical equipment, case management, family support services, and insurance premiums. They can have coverage through Medicaid, CHIP, and private insurance. Email: cshcn@hhs.texas.gov

Community Living Assistance and Support Services (CLASS)

877-438-5658

www.HHSC.gov

The Community Living Assistance and Support Services (CLASS) program provides home and community-based services to individuals with an intellectual disability or related conditions. A related condition is a disability, other than an intellectual disability, that originated before age 22 and affects the ability to function in daily life. Services provided include adaptive aids, medical supplies, auditory enhancement training, behavioral support, dental, habilitation, minor home modifications, occupational, speech and physical therapy, respite, and case management services.

Home and Community-Based Services (HCS)

855-937-2372

211

www.DADS.state.tx.us/Services/Fags-Fact/HCS.html

The Home and Community-Based Services (HCS) program provides individualized services and supports to people with intellectual disabilities who are living with their families, in their own homes or in other community settings, such as small group homes where no more than four people live. Services provided include adaptive aids, day habilitation, dental treatment, minor home modifications, respite, specialized therapies, supported employment, non-emergency transportation, counseling, and nutritional assistance. Harris county residents only.

Medically Dependent Children Program (MDCP)

800-626-4117

800-727-5436

877-438-5658

https://www.hhs.texas.gov/providers/long-term-care-providers/medically-dependent-

children-program-mdcp

The Medically Dependent Children Program (MDCP) provides services to support families caring for children who are medically dependent. Services provided include adaptive aids, personal care support, minor home modifications, financial management services, respite care, and transition assistance services.

Personal Care Services (PSC) Program

888-276-0702

https://www.hhs.texas.gov/services/health/medicaidchip/medicaid-chip-members/texas-healthsteps/personal-care-services

Personal Care Services (PCS) is a Medicaid benefit that helps clients with everyday tasks. These tasks are called activities of daily living (ADLs) such as bathing, eating, toileting, dressing, walking, and instrumental activities of daily living (IADLs) such as laundry, light housework, and meal preparation. To be eligible, one must be under 21 years of age with a disability, physical, or mental illness. Accepts Medicaid (traditional only). Monday – Friday 7:00am – 7:00pm.

Therapy Services

Aveanna Health Care 713-383-9700

9220 Kirby Dr., Suite 1000, Houston 77054 4100 N. Sam Houston Pkwy, Houston 77086

<u>www.aveanna.com</u>

9330 Broadway St., Suite 312, Pearland 77584

Provides occupational, physical, speech therapy for children in the home, day care, or clinic. Medicaid, CHIP, and private insurance accepted. Serves Houston, Katy, Pearland, College Station, Tyler, and Beaumont.

Circle of Care 713-800-9902

622 I10. San Antonio 78201 (Main Office)

www.circlecare4kids.com

Conroe: 936-441-1525

Tomball: 281-655-8114

Humble: 281-446-2680

Spring: 281-379-4373

Cypress: 832-334-5194

Houston/249: 281-664-6900

Houston/Pinemont: 832-209-7830

21 & under. Offers speech, occupational, and physical therapies as well as pediatric nursing care and rehabilitation in the home. Accepts Medicaid, CHIP and most Medicaid-based insurances.

Cole Pediatric Therapy

704 Longmire, Suite 101, Conroe 77304 455 School St., Suite 24, Tomball 77375 6701 Pinemont Dr., Suite 200, Houston 77092 19411 McKay, Suite 300, Humble 77338 16835 Deer Creek Dr., Suite 120, Spring 77379 17200 Hwy 249, Suite 170, Houston 77064

16341 Mueschke Rd., Cypress 77433

Provides occupational, physical, and speech therapy for children. Medicaid, CHIP, and private insurance accepted.

Commercial insurance, ABA (Woodland & Spring locations).

Easter Seals of Houston Referral Line: 713-838-9050 x381

4888 Loop Central Dr., Suite 200, Houston 77081

Speech, occupational, and physical therapy provided at two locations for children ages 3-18. Medicaid, CHIP, Blue Cross Blue Shield insurance and private pay accepted.

MedCare Pediatric Group

713-773-5100

12371 S. Kirkwood Rd., Stafford 77477

www.MedCarePediatrics.com

www.EasterSealsHouston.org

4818 East Sam Houston Pkwy N, Houston 77015

Occupational, physical, and speech therapy. Counseling and ABA therapy for children with autism, PDD, ADHD/ADD, cerebral palsy, infant drug exposure, and other childhood disorders. Offers aquatic therapy, home therapy, nursing services, parent support groups and respite care. Multiple locations. Accepts Ameri Group, Community Health Choice, Molina, Medicaid, and United Health Care. Monday-Friday 8:00am-5:00pm.

The T.E.A.M. Approach

713-896-1815

13150 FM 529, Suite 114, Houston 77041

www.TeamPediatricTherapy.com

Pediatric therapy and youth fitness center provides a variety of treatment options. Physical, occupational, and speech therapy including neuro-developmental treatment and sensory integration. Accepts some Medicaid plans and private insurance. No CHIP. Mon.-Thurs., 9:00am - 6:00pm.

Therapy 2000
1431 Greenway Dr., Suite 500, Irving 75038

877-688-2520 713-783-8181

<u>www.T2000.com</u>

Provides in home pediatric occupational therapy, physical therapy, feeding therapy and speech language pathology from

infancy to adolescence (0-21 years of age) in Texas. Accepts several Medicaid plans and private insurance.

illiancy to adolescence (0-21 years of age) in Texas. Accepts several Medicald plans and private insurance.

WeeCare Therapy Services 713-417-2783 Fax: 281-436-0553

Provides pediatric physical therapy services to children with disabilities in their home or daycare, ages birth to 21. Accepts Medicaid, private insurance, and self-pay. Services provided in Houston, The Woodlands, and Kingwood area. Services not provided to Southwest Houston. Monday-Friday 8:00am-6:00pm.

Domestic Violence and Victim Services

Aid to Victims of Domestic Abuse

713-224-9911

1001 Texas Ave., Suite 600, Houston 77002

www.AVDA-Tx.org/

Staff and trained volunteers advise victims of domestic violence on their legal rights and alternatives. Attorney on staff can provide legal representation to those who meet low-income guidelines in family law. No fee except court cost which may be waived under certain circumstances. Emphasis on divorce and protective orders. BIPP (Battering Intervention and Protection Program) offered in English and Spanish. Trauma counseling for children, youth, and adults. Serves all of Harris County. Representation in Eng. /Span. Monday-Friday 8:00am-5:00pm.

Amos House of Faith After Burns Club

832-816-5728

5614 W Grand Pkwy., Suite 102, #167 South Richmond 77406

www.TheAmosHouse.org

Provides post-burn support for children affected by burns tragedy. Support groups for grades K-8. Support for any child with a burn injury, any child with a family member who has a burn injury, and any child who has lost a loved one due to a burn injury.

Bay Area Turning Point

Admin: 281-338-7600

Donation Center: 18207 Egret Bay Blvd., Houston 77058 Crisis Intervention Center: 210 South Walnut St. Webster 77598

281-957-9910 24 hr. Hotline: 281-286-2525

www.BavAreaTurningPoint.org

Provides shelter and services to domestic violence and abused women and their children. Victim assistance for those experiencing family violence and sexual assault. Coed family violence groups. Support groups. No fee. Monday-Thursday 8:00am-7:30pm, Friday 8:00am-5:30pm, and Wednesday (virtually) 6:00pm-7:00pm.

BIPP (Battering Intervention and Protection Program)

713-224-9911

1001 Texas Ave., Suite 600, Houston 77002

www.AVDA-Tx.org

A program of Aid to Victims of Domestic Violence, this project helps men and women develop practical techniques to stop the cycle of violence. Treatment for abusive men & women. Services provided in English and Spanish. Sliding scale fee. Mon-Fri. 8:00am-5:00pm. Group session (varies) evenings only.

The Bridge

Hotline: 713-473-2801 Pasadena Office: 713-472-0753 Baytown Office: 281-420-5600

3811 Allen-Genoa Rd., Pasadena 77504 8203 John Martin Rd., Baytown 77521

www.TBOTW.org

Residential emergency shelter for 100 women and children who are battered or sexually assaulted. 60 beds. Permanent housing program (Destiny Village) only for mothers with disabilities. Both programs have daycare centers. Counseling provided. Community education speakers available. Rape crisis counseling and accompaniment. Sexual abuse groups. Legal assistance. Survivors of family violence support group. Parent education. Monday - Friday 8:00am-5:00pm.

Casa Juan Diego 713-869-7376

www.CJD.org

Shelter and help for undocumented Hispanic battered women and children. Health clinic available. Call for further information. Monday- Saturday 9:00am-3:00pm.

Children's Court Services-Houston Area Women's Center

713-528-6798

Rape Crisis: 713-528-7273

Domestic Violence Hotline: 713-528-2121

www.HAWC.org

Victim assistance program for children who are crime victims or witnesses to crimes, and their non-offending parents/quardians. Services include legal explanations, updates on status of court case, referrals, court orientation for children, accompaniment to DA's office and court. Bilingual staff. Telehealth services only.

DAYA Helpline: 713-981-7645

Offices: 713-842-7222 www.DAYAHouston.org

Educational seminars, counseling, peer support, advocacy and referrals for South-Asian families. Legal advocacy and financial support. Housing assistance, crisis intervention, and job resources. Survivors of domestic violence. COVID restrictions. Appointments are remote. Services available in Hindi, Urdu, Punjab, Gujarati, Tamil, Bengali, Telugu, and Farsi.

RESOURCE DIRECTORY

The Door (Shelter)

Family Time Crisis and Counseling Center:

1203 S. Houston Ave., Humble 77338

936-257-9744 www.FamilyTimeCCC.org

Helpline: 281-446-2615

Shelter for battered women and their children. Counseling for sexual assault, incest, and rape. Parenting classes for persons going through a divorce. Fees for services based on a sliding scale. Bilingual counseling program for victims of domestic violence and their children. General parenting course. No fee for services to crime victims.

Face to Face: The National Domestic Violence Project

Information Line: 800-257-4766 773-780-0065

www.AAFPRS.org/ndvp

The American Academy of Facial Plastic and Reconstructive Surgery and the National Coalition against Domestic Violence provides a project for free plastic surgery to survivors of domestic abuse. Consultation and treatment. Specializing in face, head and neck only. Call information line or check online for application.

Fort Bend Women's Center

501 E. Highway 90A, Richmond 77406

Hotline: 281-342-4357 Counseling Center & Admin: 281-344-5750 www.FBWC.org

Emergency shelter for women and children. Teenage sons of victims can be sheltered with their mother. Counseling for battered women, sexual assault survivors, and victims of incest. Group counseling for children of residents. Computer classes, daycare, self-esteem groups, neurofeedback and play therapy. GED classes, ESL classes, parenting classes. Board pets while in shelter.

Give Back a Smile 800-543-9220

www.GiveBackASmile.com

Dental repairs to victims of domestic and sexual violence for 18 years and older. Call to receive an application, or applications can be downloaded from the website. Online applications must be mailed in. Notification of acceptance will be mailed to applicant within 45-60 days.

Harris County District Attorney's Office-Domestic Violence

1200 Congress, 2nd Floor, Houston 77002 1201 Franklin, Houston 77002-Prosecutor 713-755-5888

713-274-0212

Screens files, obtains protective orders, and prosecutes cases of family violence. Interview hours are Mon.-Fri. 7:00am-4:00pm. Limited evening appointments available. Intake for bigamy, harboring a runaway, and criminal nonsupport. First come, first serve basis. No charge for services.

Harris County Precinct 4 Constable's Office:

Domestic Violence and Victim Services

6831 Cypresswood Drive, Spring 77379

832-927-6205 Dispatch: 281-376-3472

www.ConstablePCT4.com
and family violence. Information

Crisis intervention and advocacy to victims of crime, including sexual assault, child abuse, and family violence. Information on dating violence and child abuse recognition. Speaker's bureau and brochures available. Assistance in accessing Crime Victims Compensation Funds through the Texas Attorney General. Mon.-Fri., 8:00am-5:00pm.

Harris County Sheriff's Department

1200 Baker Street, Houston 77002

Dispatch: 713-221-6000 www.HarrisCountySO.org

Sexual Assault: 281-578-2513

Criminal investigations into domestic violence and sexual abuse of adults. Crimes against Children Unit: 713-830-3250 (ages 16 and younger).

Harris County Victims Assistance Unit

601 Lockwood, Houston 77011

541 South Mason Rd., Katy 77450

Provides information on criminal justice support, crime victims' rights and referral to social service providers. Assist in crime victims' compensation.

Houston Area Women's Center

Helpline/Shelter Screening: 713-528-2121 Main Number (non-client): 713-528-6798 Sexual Assault/Rape Crisis: 713-528-7273

www.HAWC.org

713-274-9369

Mon.-Fri. 8:00am-5:00pm, Shelter and counseling services for domestic & sexual violence survivors and their children. 120 beds. Can provide clothing. Counseling for nonresidents also. "Safe Harbor Project" will use hotels and motels as safe places when residence is full. Full case management services to all clients. Assist survivors of sexual assault and rape (adults & adolescents). Support for parents of teens in violent relationships. Also see child abuse; rape.

Houston Police Department Family Violence Unit

1200 Travis, Suite 1101, Houston 77002 3203 S. Dairy Ashford, 77082 (Westside) 9455 W. Montgomery, 77088 (North) 8300 Mykawa, 77048 (South) 7277 Regency Square Blvd. (Midwest) 802 Westheimer Rd. (Central) RESOURCE DIRECTORY

Arrests abusers and assists victims in obtaining services and filing charges. Informs women of legal rights and provides list of agencies. Interviewing hours: Mon.-Fri. 8:00am-4:00pm. Walk-ins accepted to make reports and follow up with nearest location. Parking is limited.

Houston Volunteer Lawyers (See Legal – Houston Bar Association) 1111 Bagby St., FLB 300, Houston 77002

713-228-0735

Katy Christian Ministries Crisis Center

802 Dominion Drive, Katy 77450

www.legalhelphouston.org
Domestic Hotline: 281-391-4357

Sexual Assault Crisis Intervention: 281-693-7273

Main Number:281-391-5261

www.KTCM.org

Crisis line, crisis intervention, safety/escape planning, referrals to emergency shelter, accompaniment, and advocacy. Information and referral for individual and group counseling, assistance in obtaining basic needs and protective orders. Bilingual. Support groups.

Legacy Community Health Services

1415 California St., Houston 77006 (Main Office)

832-548-5100

www.LegacyCommunityHealth.org

Provides counseling services and other assistance for victims of hate crimes. Services offered in English and Spanish.

National Domestic Violence Hotline

800-799-7233

TTY# 800-7873224

www.TheHotline.org

Federally funded, staffed by the Texas Council on Family Violence. Immediate phone counseling and referral. Safety planning and education. Spanish speakers. For other languages AT&T language interpreters are used. (Video phone for deaf and hard of hearing 855-812-1001, live chat every day, TTY (24 hr.) 800-787-3224. Text "start" to 88788

National Teen Dating Abuse Helpline

866-331-9474

800-799-7233 TTY# 866-331-8453

www.TheHotline.org

24 hours / Teen services. Online chat and text message services available 24/7. Text "start" to 88788.

Northwest Assistance Ministries

15555 Kuykendahl, Houston 77090

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Admin: 281-885-4555 888-750-4673

www.NAMOnline.org/

Hotline: 281-885-4673

Northwest Assistance Ministries is a nonprofit, community based, multi-program social services agency that strives to meet basic human needs through neighbors helping neighbors. Quality medical care for children from birth to age 18. A "choice' pantry that allows guests to choose their own nutritious groceries including fresh produce, meat, and dairy. Mon.-Fri., 9:00am-2:00pm zip code required. 24/7 Domestic Violence Hotline. Events and classes for active seniors including exercise, day trips, seminars, movies, etc. Nutritious lunches delivered to homebound seniors and disabled adults. HSE (formerly GED) and ESL classes, offered in partnership with Lone Star College. Veterans program available. Resale merchandise at low prices.

Providence Place

210-696-2410

6487 Whitby, San Antonio 78240

www.ProvPlace.org

Hotline: 888-919-7233

Multi-purpose programming to survivors of complex trauma, expectant mothers, families with children under the age of three, and youth in foster care.

Resource and Crisis Center of Galveston County

1204 45th St., Galveston 77550

Admin: 409-765-7233 www.RCCGC.org

Help for victims of domestic violence or sexual assault. Services include shelter, counseling, and legal advocacy. Connected with the League City and Texas City Thrift Shop at 124 Gulf Freeway, as well as others. Support groups, legal assistance with protective orders and divorce. Provides services to men, women, and child victims. Help with food, transportation, and referrals to community resources. Serves Galveston County and Harris County. Mon.-Fri., 8:00am-5:00pm.

United Against Human Trafficking

6671 Southwest Fwy., Ste. 220, Houston 77074

713-874-0290 https://UAHT.org/

Education programs for professionals and Community Engagement programs for community members on the topic of human trafficking. Youth Education programs to prevent future victimization. Outreach programs to identify human trafficking victims in the community. Supportive Services for vulnerable populations to learn trauma-coping techniques or referral to social services for human trafficking. Monday-Thursday 9:00am-6:00pm and Friday 9:00am-5:00pm.

Wellsprings Village 713-529-6559

PO Box 311017, Houston 77231

www.WellspringsVillage.org

Six houses, 8 women per house, primarily 25-50 years old, who are in need due to abuse, divorce, domestic abuse, job loss, or recovering from substance abuse. Women over 50 years of age will be considered if working full time. 90 days sobriety, 60 days if on medication. Education planning offered. Individual and group counseling offered through contracts. Case management, sobriety support, employment, anger management, relapse prevention, education. Transitional housing.

Women's Center of Brazoria County

715 N. Valderas, Angleton 77515

Main: 979-849-9553 Shelter Hotline(M-F): 281-585-0902 24 Hr. Hotline: 800-243-5788 www.WomensCenterBC.com

Assistance in procuring physical safety, counseling, support, and information on legal rights for abuse victims. Crisis intervention for rape and domestic violence. For the shelter call the hotline number.

> Main office: (Mon.-Fri., 8:30am-4:30pm) 979-849-9553 Freeport (By appointment) 979-233-7174 West Columbia (By appointment) 979-345-5014 Alvin (Mon.-Fri.) 281-585-0904

The Women's Home 713-521-3150 Admissions Coordinator: 713-328-1954

607 Westheimer, Houston 77006

www.TheWomensHome.org

Eight of fifty beds are available for women just starting their sobriety journey, ages 22-60. Provides housing, job training, psychiatric services, psychotherapy, and spiritual development. Requires 60-day sobriety prior to admission. No attempts to self-harm within 90 days prior to admission. No emergency shelters. Monday-Friday 8:00am-5:00pm.

Grief and Bereavement

Bo's Place 713-942-8339

10050 Buffalo Speedway, Houston 77054

www.BosPlace.org

Bereavement center with support groups for children, adults, and families who have lost a parent or sibling. Information and referral and professional training services available. Support groups also offered in Katy. Call main number for location. No fee. Mon.-Thurs. 8:30am-5:30pm and Friday 8:30am-4:30pm.

Admission: 713-468-2441 **Houston Hospice** Medical Center: 1905 Holcombe, 77030 Main: 713-467-7423

General hospice for terminally ill persons. Accepts indigent, Medicaid, Medicare, and private insurance. Medical/psychological/spiritual care for terminally ill patients and their families and loved ones. Grief support groups in English and Spanish. Home based care or inpatient facility. Open 24 Hours.

Texas Children's Hospital-Trauma and Grief Center (TAG)

832-824-2500

6701 Fannin St., Suite 1630, Houston 77030

www.TexasChildrens.org/Departments/

Trauma-and-Grief-Center

www.HoustonHospice.org

Provides evidenced-based risk screening, assessment, and interventions for youth ages 7 - 17 who have experienced traumas and/or losses. Primary treatments include Trauma and Grief Component Therapy, Multidimensional Grief Therapy, and Trauma-Focused Cognitive Behavioral Therapy. The center will be providing telemedicine.

Harris County Resources for Children and Adults

Joel Levine. Executive Director

713-394-4000

2525 Murworth Dr. (Administrative Headquarters)

Https://resources.harriscountytx.gov

Harris County Resources provides support services to DFPS for physically abused and neglected children in foster care. Additionally, direct services are provided to vulnerable youth that need support not served by DFPS. The following programs are administered under Harris County Resources for Children and Adults. All services are provided free of charge.

Clients may be referred for the following programs by anyone or may be self-referred:

Community Youth Services

832-927-6300

6300 Chimney Rock, Houston 77081

CYS is a year-round, school-based crisis intervention and case coordination program that provides information and referral, mental health and basic needs supports to students and families need in partnering Harris County schools. CYS staff provide individual, group and family support, as requested by student, family or school staff. In addition to partnering with 12 Harris County school districts (see page 4), CYS services are provided in the Pasadena Police Department and the Educational Services Division of the Juvenile Probation Department. Services are free and voluntary to students in partnering school.

TRIAD Prevention Program

832-927-6400

6300 Chimney Rock, Houston 77081

A consortium of three county agencies (Harris County Resources for Children and Adults, Harris Center for Mental Health and IDD, Juvenile Probation Department) working together to coordinate their resources to serve vulnerable youth that need support. TRIAD provides countywide prevention and early intervention services to divert youth and families from involvement with the child welfare, mental health or juvenile justice systems.

Intake Diversion Program: Staffed by Harris County Resources for Children and Adults and Juvenile Probation officers 24 hours a day/ 7 days a week. Provides crisis intervention, screening/assessment, information/referral and follow up services for youth identified due to Class C misdemeanors, status offenses, runaway or otherwise being at risk. Call 832-927-6400 for assistance or arrive at the Youth Services Center for walk-in services. The program also answers the Baby Abandonment Hotline **(1-877-904-SAVE)**.

Justice of the Peace Court Liaison Program: The JP Court Liaison Program is available in 15 of the 16 Harris County Justice of the Peace Courts. Court Liaisons are housed within various JP Courts around the county to assist youth and families with various Class C Misdemeanor offenses and Truancy Petitions. Court Liaison also provide recommendations to area schools with resources and preventative measures to reduce court involvement. Parents/Legal guardians are welcome to contact local court liaison to request resources.

Justice of the Peace (JP) Court Wraparound Program: The Justice of the Peace (JP) Court Wraparound Program is designed to assist youth/families who are deemed in need of intensive follow-up services. An intensive family-centered, youth-guided and strength-based approach is designed to provide comprehensive care to youth experiencing difficulty in school and/or involved with the JP court. Court Case Managers utilize the Wraparound process to facilitate family team meetings. Referrals are made through the JP Court Liaisons.

Parent/Teen Survival Program: Parent/Teen Survival Program is a three-week, curriculum and activity-based program offered at no cost to families. The course sessions occur weekly in the evenings or on Saturdays. The program utilizes communication techniques to assist youth and their parent(s) in resolving differences. Youth ages 10-17 that reside in Harris County are eligible. The program demonstrates and teaches various subject matters such as anger management, consequences, effective communication, parenting styles, conflict resolution, and more. At- risk youth are encouraged to participate in the program. Classes are held at various locations throughout Harris County. To complete the program, youth and their parent(s) must attend all three 2-hour sessions. Contact 832-927-6448 for enrollment information.

TRIAD Truancy Class: TRIAD Truancy Class (TTC) is a truancy prevention and early intervention program that is offered at no cost to families. TTC addresses issues that may contribute to excessive absences in school. Youth ages 10-17 that reside in Harris County are eligible. Classes are held at various locations throughout Harris County. To complete the program, youth and their parent(s) must attend a 4-hour class that is held on a Saturday. Contact **832-927-6448** for enrollment information.

Community Youth Development: This grant funded program is available to youth who live or attend school in zip codes 77081 (Gulfton) and 77506 (Pasadena). Free services include after-school, one on one mentoring, youth advisory council (YAC), youth leadership development (YDL), post high school readiness (PHSR), academic support, youth-based curriculum, family focus activities, family-based curriculum, family engagement events, sports & movement, arts & cultural enrichment & service planning & coordination programs. For services in Pasadena, call 832-382-1628 and Gulfton call 832-526-3596.

TRIAD Mental Health Program, in collaboration with The Harris Center for Mental Health & IDD, provides free mental health assessments and family- based therapy to youth ages 10-17 years who are struggling with mental health and emotional challenges.

Common Sense Parenting (CSP): is a free 6 week parenting program for families with children, ages 10-17. Parenting techniques are taught in a group setting to help caregivers create healthy family relationships. Family coaching sessions are also provided to help the family apply these new skills in real time interactions.

Youth and Family Resource Services: A centralized, coordinated project that provides screening, assessments, multi-disciplinary case staffing, case coordination, and referral services through a single point of entry to youth and families. The project mission is to link families with needed services in a way that is family driven. The program includes the Harris County CRGG (Community Resource Coordination Group). Harris County CRCG is made up of representatives from child serving agencies in Harris County that come together to discuss difficult cases of youth whose complex needs cannot be met by one agency. CRCG attempts to develop a plan for coordinated use of community services to meet the child/family needs. To make a referral, contact Esmeralda Gutierrez at 832-927-6412.

Youth Services Division (YSD) Safety Net Project

Services Line: 832-927-6306 Youth Advisory Council Line: 832-927-6315

The YSD Safety Net Project is designed to prevent initial runaway episodes by adolescents, and to successfully intervene in the lives of adolescents who do run away, in an effort to prevent youth homelessness. The Project's goal is to successfully address and reduce family and school conflicts that a youth may be experiencing and to teach more effective strategies than running away. This goal is achieved through 24-hour crisis counseling through the Harris County Youth Services Center (832-927-6300); effective coordination of services with partnering agency staff; assistance with emergency shelter placements or other safe housing alternatives (subject to approval); the provision of contract services for free individual, family, and/or group Brief Solution Focused therapy; and the limited provision of financial assistance to obtain basic needs items. Youth 10-17 years old who are currently homeless; currently on runaway status and/or living in a voluntary placement away from one's legal guardian(s); or who are at risk for running away or are contemplating running away in the future, are eligible to receive Project services. Any youth/young adult who contacts the Project, but who is deemed ineligible for Project services, will be provided with more referrals/services that are appropriate. The Safety Net Project is grounded in the Positive Youth Development Philosophy that promotes youth leadership and services through its youth board or council, which engages in various community projects and outreach activities geared toward youth ages 12 to 21. To obtain more information about services, call the Safety Net Project Manager or the Safety Net Project Youth & Family Coordinator.

CLIENT ELIGIBILITY FOR THE FOLLOWING HCR PROGRAMS IS LIMITED TO TDFPS OR HCR AGENCY CLIENTS AND MUST BE ACCESSED THROUGH CASEWORKER:

BEAR (Be A Resource for CPS Kids)

713-274-9854

BEAR offers help and hope for abused and neglected children and the caseworkers who protect them. BEAR is a 501c3 public/private partnership that provides goods and services to at risk and CPS involved children in Harris County.

Kinder Emergency Shelter

713-295-2700

6300 Chimney Rock Road, Houston 77081

The Kinder Emergency Shelter provides youth 12-17 years old with an IQ above 70 who are in crisis with a safe, short-term, home-like environment until they can be returned home or to a more permanent placement. The shelter is also a voluntary basic needs facility that shelters runaway and homeless youth with parent/guardian participation in the program. Shelter does not accept unaccompanied youth. Youth placed in the Shelter must have a sponsoring caseworker from DFPS, CYS, TRIAD, or YMCA.

HCR Integrated Health Care Clinic

832-927-6469

6300 Chimney Rock Rd., Houston 77081

The Harris County Resources for Children and Adults Integrated Health Clinic provides pediatric, psychiatric, dental, and therapy services for children in the child welfare system. The Integrated Health Clinic partners with the University of Texas to provide essential pediatric, psychiatric, and dental services including 3-day initial medical exams, Texas Health Steps medical checkups, psychiatric evaluations, medication maintenance, dental cleanings, and dental fillings. The clinic's Kinship Navigator Program also offers individualized support to new caregivers aimed at helping them successfully access resources for the children entrusted to their care.

Houston Alumni & Youth (HAY) Center

1216 West Clay St., Houston 77019

832-927-7000 www.HAYCenter.org

The HAY Center provides transitional services for current and former foster care youth, with a special emphasis on assisting youth with their education and employment. Working in collaboration with the Preparation for Adult Living (PAL) Program, the HAY Center is designed to be a one-stop shop for current and former foster care youth between 15 and 26 years of age. At the HAY Center, skilled staff work to empower young people to become productive and successful adults. Services include housing, employment opportunities, parenting classes, various educational services, and a host of other programs to assist with the transition to adulthood.

Preparation for Adult Living (PAL)

The Preparation for Adult Living (PAL) Program is designed to help older youth in foster care transition into a productive adulthood and become more constructive members of our community. PAL services include Independent Living Readiness Assessment, financial assistance, and training in such areas as money management, job skills, educational planning, and interpersonal skills. Through funds provided by the Federal Chafee Foster Care Act, support services are also available for eligible youth through room and board assistance and case management services. **Freshman Success Fund for Foster Youth** is a one-time grant of \$1,000 available for first time college freshmen formerly in DFPS foster care. **C. Ed Davis-PAL Scholarship** is a scholarship for basic, non-tuition needs for former foster youth who are majoring in government, political science, history or other pre-law field.

Adult Services Division 713-363-2300

2525 Murworth Dr., Houston 77054

Guardianship (HCGP): The Harris County Guardianship Program is appointed as legal guardian for indigent adults who Harris County Probate Courts have determined are incapacitated due to age, mental and physical disabilities. Specially trained case managers help clients maintain the highest degree of dignity, respect and independence while protecting them from abuse, neglect, and exploitation. Case managers organize and oversee medical care, daily needs (purchase of clothing, shoes, hygiene care, etc.), housing, property, finances and funerals. Guardianship services are often a long-term commitment and continue until the client improves to the point that they are fully capable of maintaining their own affairs, the court finds a successor guardian (such as family or friends), or the client passes away.

Senior Justice Assessment Center (SJAC): The Senior Justice Assessment Center serves the complex and unique needs of senior victims of abuse, neglect, and/or exploitation. SJAC collaborates with experts in geriatric medicine, social services, protective services, law enforcement, and civil and criminal prosecution, to provide services to seniors. Services include assessments, multidisciplinary team meetings, case coordination, treatment referrals, education and research. The multidisciplinary team includes Harris County Protective Services (HCPS), Adult Protective Services (DFPS), Better Business Bureau Education Foundation, Harris County Attorney's Office, and Harris County Area Agency on Aging, Harris County District Attorney's Office, Harris County Sheriff's Office, Harris Health System, Houston Police Department, and UT Health. Clients are referred by any of the partner agencies listed, and must be 65 years old or older, a resident of Harris County, and a victim of a crime.

Health Related Services

AAMA Minorities Action Program (MAP)

204 Clifton, Houston 77011

713-926-9491

www.AAMA.org

Confidential HIV testing, prevention education, outreach services, and referrals to in-home nursing. AIDS education/prevention. HIV & HEP C testing-no fee. Adult and adolescent outpatient services for drug and alcohol. Case Management for HIV Early Intervention Program.

The Alliance 713-776-4700

6440 Hillcroft, Suite 411, Houston 77081

www.thealliancetx.org

Email: info@TheAllianceTX.org

Health care access for refugees; interpreter program; immigration. Health care counseling. Offering hurricane assistance. Financial literacy and job coaching. ESL classes. Driving classes. See Vocational Training.

Amos House of Faith After-Burns Club

832-816-5728

5614 W Grand Pkwy., Suite 102, #167, South Richmond 77406

www.TheAmosHouse.org

Monthly meetings for children affected by burns, temporary lodging for caretakers of burn patients, daily respite, support, & loving care for those affected by burn tragedies.

AVANCE Early Head Start

713-812-0033

4281 Dacoma, Houston 77092

www.AVANCEHouston.org

4301 Dacoma, Houston 77092

Health and development for ages 0–3. Parenting education, GED classes, home visits, and social services. Head Start ages 3-5. Healthy marriage program.

RESOURCE DIRECTORY

Memorial City: 713-827-8266

Spring Cypress: 281-537-8627

Bering Omega House: 713-341-3790

Avenue 360 Health and Wellness

2150 W. 18th St., Suite 300, Houston 77008 (The Heights)

2920 Fannin St., Houston 77002 (Midtown: Dental)

902 Frostwood, Suite 142, Houston 77024 (Memorial City: Pediatrics)
17010 Sugar Pine Dr., Houston 77090 (Spring Cypress: Family Medicine)

602 Branard St., Houston 77006 (Bering Omega House: Hospice)

9816 Memorial Blvd., Suite 120, Humble 77338

1409 S. Main St., Houston 77035

www.Avenue360.org

Humble: 281-570-2525

Southwest: 832-830-8345

Main: 713-426-0027

Midtown: 713-426-0027

Medical services, family medicine, internal medicine, pediatrics, obstetrics and gynecology, psychiatry, infectious diseases, pharmacy, medication assistance, behavioral health services, case coordination, evidence based health promotions and outreach, housing-related services, eligibility screenings. Outreach and case management to HIV/AIDS patients. Accepts Medicaid, Medicare, private insurance, and sliding scale.

Baylor Teen Health Clinics

1504 Taub Loop, 77030 (Ben Taub) 3815 Cavalcade, 77026 (Cavalcade)

5737 Cullen, Ste. 200, 77021 (Cullen)

8111 Lawn, 77088 (Lawn)

6529 Beverly Hill St., 77057 (Wisdom H.S.)

2950 Broadway, 77017 (Tejano Center)

9215 Scott St., 77051 (Worthing H.S.)

1601 Broadway St., Houston 77012 (Milby H.S.)

Ben Taub: 713-873-3601 Cavalcade: 713-673-1655 Cullen: 713-440-7313 Lawn: 281-847-9970 Wisdom H.S.: 713-556-5705 Tejano Center: 713-640-3730 Worthing H.S.: 713-556-5348 Milby H.S.: 713-556-5766 www.BCM.edu/TeenHealthClinic

Free confidential physicals and treatment for specific infectious diseases, pregnancy testing, and family planning. Immunizations, minor/acute illnesses, sports physicals. Services may vary. Screenings for STD, HIV and AIDS. Health education and parenting training. Fatherhood Program located at the Cullen Health Center. Male clinic at Cullen, Lawn, and Ben Taub for ages 13-24. Parents encouraged to participate with youth. Call for age limits and costs. Tejano Center (Only Serves Tejano for Comm. Concerns), Worthing H.S. (Only Serves Worthing H.S. Students).

Bee Busy Learning Academy, Inc.

9896 Bissonnet St., Suite 625, Houston 77036

713-774-8800 www.BeeBusy.org

Provides education through the DREAMS+ program, which covers STI's and prevention, pregnancy prevention, smart decision making, healthy relationships, and life skills. D.R.E.A.M.S. program is a pregnancy prevention program. Project CAM is a youth building, healthy relationships program that provides substance abuse education to youth and adults. Southwest HIP (High Impact Prevention) program to teach mental health awareness, sexual health, and substance abuse awareness (middle and high school students only). Amani Program offers free clothing, hygiene bags, and toiletries. Additional services include free HIV/STD testing, assistance leaving a domestic violence situation, free clothing. All services are free of charge.

Blue Bird Circle Clinic for Pediatric Neurology

6701 Fannin, Houston 77030 (9th Floor of Clinical Care Center)

832-822-5046 www.TheBlueBirdCircle.com/Clinic

Medical, educational, psychological, and educational diagnosis and care for children with developmental delays, learning disabilities, intellectual disabilities, epilepsy, and other health impairments, ages 0-18. Social service consultations. Mon.-

Body Positive Wellness Center-Legacy Community Health Services

1415 California, Houston 77006

Fri., 8:00am-4:30pm.

832-548-5100

www.LegacyCommunityHealth.org

Rehabilitation, exercise, and physical therapy program that includes massage therapy, exercise therapy. Nutritional counseling, wellness and reconditioning, dental, pediatrics, behavioral health, vaccines and immunizations, and OBGYN services. Optometry and ophthalmology at Frost Eye Clinic.

Caring for Children Foundation of Texas Inc.

1001 Lookout Rd., Richardson 75082

800-258-5437 886-806-7468

880-800-7468

832-828-1005

www.CareVan.org

Free immunizations for uninsured/underinsured, ages birth-18 yrs. All state recommended vaccines available. Outreach service of BC/BS Care Van Program. Service area covers greater Houston and some surrounding counties. Accepts Medicaid. Does not accept CHIP.

The Center for Children and Women: Texas Children's Health Plan

Southwest: 9700 Bissonnet, Houston 77036

Greenspoint: 700 N. Sam Houston Pkwy., West Houston 77067

24-Hour Nurse Help Line: 800-686-3831 TheCenter.TexasChildrensHealthPlan.org

The Center for Children and Women is for clients with Medicaid or CHIP health insurance under Texas Children's Health Plan. The clinic offers a wide variety of health services. For children: medical, dental, vision, pharmacy, labs, behavioral health, and speech therapy. For women: women's health services, prenatal care, dental, pharmacy, vision, and behavioral health.

Center for Hearing and Speech

3100 Shenandoah St., Houston 77021

www.CenterHearingAndSpeech.org

Audiology services, speech pathology, early childhood development and education for children with hearing impairments. Full hearing aid dispensary. United Way agency. Ages infant-18 years. Medicaid, sliding scale, and private insurance accepted. Mon.-Thurs. 8:00am-5:00pm and Friday 8:00am-3:00pm.

Children's Clinic at NAM 281-885-4630

15555 Kuykendahl, Houston 77090

www.NAMOnline.org

713-523-3633

Medical care for needy children, ages 0-18. Medicaid, CHIP, sliding scale, and private insurance accepted. Immunizations, minor emergency, illness, speech and hearing evaluation, and therapy referrals. No walk-ins. By appointment only. Mon.-Thurs. 8:00am-5:00pm, Fri. 8:00am-4:00pm. Closed for lunch 12:00pm-1:00pm.

CHIP (TexCare) 211 extension 2 877-543-7669

www.HHS.Texas.gov

Children's health insurance for families and prenatal and pregnant women whose income is too high for Medicaid but can't afford private insurance.

CHOSEN Clinic-UT Physicians Pediatric Specialist

PO Box 20708, Houston 77225

UT Physicians Professional Building: 6410 Fannin, #500, 77092

713-500-5656 www.UTPhysicians.com

Appointments: 832-325-7111

Comprehensive care for children with chronic illnesses and disabilities. Provides a medical home, medical care, family support services, and coordination with community-based services. Multidisciplinary team. Bilingual. Medicaid, CHIP, private insurance. Mon., Thurs., Fri. 12:30pm-5:00pm, Wed. 8:30am-12:30pm.

Early Childhood Intervention

877-787-8999

https://HHS.Texas.gov

A coordinated system of services, available in every county, for children birth to 3 years old with disabilities or delays. Call for information in your area.

El Centro de Corazon - The John S. Dunn Health Center

713-660-1880

7635 Canal St., Houston 77012

www.ElCentroDeCorazon.org/Locations

Pediatric Services, dental, nutrition, counseling Mon.-Fri., 8:00am-8:00pm.

Eastwood: 412 Telephone Rd., Houston 77023, Mon.-Fri., 8:00am-5:00pm; Dental Mon.-Thurs., 7:00am-4:30pm.

Family practice, pediatrics, dental services, and behavioral health. By appointment only.

Magnolia: 7037 Capitol, Suite N100, Houston 77011 Prenatal care, pediatrics, nutrition consultation and

behavioral health. Monday- Friday 8:00am-5:00pm. Appointment only.

All locations accept Medicaid, Medicare, CHIP, sliding scale, and some private insurance.

Epilepsy Foundation of Texas

2401 Fountainview, #900, Houston 77057

713-789-6295 http://EFTX.org

Free public education and advocacy for those with epilepsy and their families. Camp for children with epilepsy. School programs. Monthly support groups and medical clinic. Medicare, Medicaid, United Healthcare, and Blue Cross Blue Shield accepted.

Harris County Health Centers

Main Office: 2223 W. Loop South, Houston 77027 1730 Humble Place Dr., 77338 3737 Red Bluff, Pasadena 77503 1111 Fannin, Houston 77002

Information: 713-439-6000 Appointment line: 713-212-6800 WIC Services: 713-407-5800 Humble Clinic:832-927-7350 SE/Pasadena Clinic: 832-927-7350 www.PublicHealth.HarrisCountyTx.gov

(Harris County Public Health and Environmental Service)

Preventive health care services include dental services for children, EP/STD, family planning, well woman exams, immunizations for children, HIV testing and counseling, and various screenings. Small fees can be waived if patient is indigent. All services by appointment only. WIC services. Accepts Medicaid and CHIP. Hours: Mon.-Fri., 8:00am-5:00pm.

Harris County Hospital District

1504 Taub Loop, Houston 77030

713-873-2000

713-873-4000 Appointments: 713-526-4243 Ask Your Nurse: 713-634-1110

www.HarrisHealth.org

Tax supported hospital and health services for qualified indigent and those able to pay. Doctors are from Baylor College of Medicine and UT Medical School. Apply for Gold Card before becoming sick to insure faster immediate care. Harris County residents only.

Eligibility Registration (Mail application to P. O. Box 300488, Houston, 77230)

713-566-6509

3550-A Swingle Rd., 77047 927 Shaw. Pasadena 77506 818 Ringold, 77088 8901-B Boone Rd., 77099

Must fill out application (www.HCHDOnline.com/Patient/OneCard/GoldCard.html). Attach copies of required documents and mail in or drop off at any of the above eligibility centers. No appointments. Minimum fees. Applications in English, Spanish, and Vietnamese. Call 713-566-6509 if response time is lengthy.

Specialty Center:

5230 Griggs Rd. 77021	713-757-0572
3315 Delano, 77004	713-566-3900
2015 Thomas St, 77009	713-873-4000
6400 Bissonnet St, 77074	713-873-6830
2525 Holly Hall St., 77054	713-566-3600
1504 Taub Loop, 77030	713-873-KIDS
	3315 Delano, 77004 2015 Thomas St, 77009 6400 Bissonnet St, 77074 2525 Holly Hall St., 77054

Community Health Centers:

Acres Homes: 818 Ringold, 77088	281-448-6391	Aldine: 4755 Aldine Mail Route, 77039	281-985-7600
Baytown: 1602 Garth, 77520	281-837-2700	Casa De Amigos: 1615 N. Main, 77009	713-222-2272
Squatty Lyons: 1712 1st Ste. M20, 77338	3 281-446-4139	Gulfgate: 7550 Office City Dr. 77012	713-495-3700
M.L. King: 3550 Swingle Rd., 77047	713-547-1000	Northwest 1100 W. 34th 77018	713-861-3939
Valbona: 6630 DeMoss, 77074	713-272-2600	Settegast: 9105 N. Wayside,77028	713-633-2020
Strawberry: 927 E. Shaw, 77506	713-982-5900	El Franco Lee 8901 Boone Rd, 77099	281-454-0500
		Danny Jackson 5503 N. Fry Rd, 77449	713-982-7071

Pediatric and Adolescent Health Centers:

Bear Creek: 5870 Highway 6, #108, 77084 713-873-6860 C.E. Odom: 5516 Lockwood, 77026 713-497-0000 713-873-6300 Cypress: 12340 Jones Rd, #100, 77070 713-873-5240 Pasadena: 3925 Fairmont Pkwy,

Hospitals:

Ben Taub: 1504 Taub Loop 713-873-2000 L.B. Johnson: 5656 Kelley 713-566-5100

Houston City Health Centers/Houston Department of Health and Human

Appointments: 832-393-5428 WIC appointments: 832-393-5427 Services 8000 N. Stadium Dr., Houston 77054 (Administration) La Nueva Casa: 832-395-0570 1809 N. Main,77009 (La Nueva Casa) Sharpstown: 832-395-9800 6201 Bonhomme, 77036 (Sharpstown) Northside: 832-395-9100 8504 Sculler, 77093 (Northside) Magnolia: 713-660-1880 7037 Capitol, 77011 (Magnolia) Sunnyside: 832-395-0206 4410 Reed, 77051 (Sunnyside) www.HoustonTx.gov/HealthCenters

All appointments must be scheduled through appointment line. Provides family planning, immunizations, Tuberculosis diagnosis, dental care, and care for sexually transmitted diseases. Behavioral services offered at some clinics. Not all services are provided at all centers.

Houston Eye Associates Foundation

7155 Old Katy Rd, #S110, Houston 77024

713-558-8740 www.Foundation.HoustonEye.com

Nonprofit service of dedicated physicians who donate their time to improve or restore the vision of clients in need of financial assistance. Procedures include surgical ophthalmology. Referrals for routine eye exams. Eyecare for Kids vision program for youth under 21, 713-668-6828 x2951. Funds available to pay hospital related expenses. Supported by donations. Must be indigent and have been refused other funding.

Joycare Pediatric Day Heath Center

6440 Sands Point Dr., Houston 77074

713-929-CARE (2273) https://JovCareKids.com

713-830-3000

832-548-5400

832-548-5300

713-814-3750

713-814-3655

832-822-3400

TDD: 832-548-5100

Prescribed Pediatric Extended Care Center (PPECC) for special needs children that provides nursing, speech therapy, physical therapy, and occupational therapy for children 6 weeks to 20 years of age. Transportation options available. Children with special needs or disabilities that can't attend preschool/daycare/school can attend. Medicaid and commercial insurances accepted. Mon.-Fri., 7:30am-5:00pm year-round. Rooms available for public school provided homebound teachers.

Legacy Community Health Services

1415 California, Houston 77006 3811 Lyons Ave., 77020 (Primary heath, pediatrics, OB/GYN)

6441 High Star Dr., 77074

2222 Cleburn, 77004 (Greater 3rd Ward Clinic)

12540 Sugardale, Dr., Stafford, 77477

3021 Texas Parkway, Missouri City, 77489 (Aurum Wellness Senior Care)

713-814-3640 www.LegacyCommunityHealth.org

Healthcare services for HIV+ and non-HIV+ patients. Rehabilitation, exercise, nutritional services. Primary healthcare, urgent care for pediatric patients, Frost Eye Clinic, dental services, urgent care dental for adults and children, OB/GYN services, social services, Direct Emergency Assistance Program, psychiatry, x-ray, immunizations, and lab services. Testing hours: Mon.-Fri., 8:00am-4:00pm. All other services by appointment. Sliding scale, insurance, Medicaid, and Medicare. Offers behavioral health services.

Meyer Center for Developmental Pediatrics

8080 N. Stadium Dr., Houston 77054

www.TexasChildrens.org

Business office: 713-522-6363

Surgical Services: 713-535-2400

Teams of professionals develop diagnosis and treatment plans for children and adolescents suspected of developmental or learning problems, behavioral, emotional, and neurological conditions. No therapy provided. Accepts Medicaid, Medicare, private insurance and cash payments. Mon.-Fri., 8:00am-4:30pm.

Planned Parenthood - Gulf Coast

9919 North Fwy., 77037 (North)

4747 Louetta Rd., 77388 (Spring) 5800 Bellaire Blvd, Bldg. 1B, 77081 (Southwest)

13169 NW Fwy, #115, 77040 (Northwest)

12614 Southwest Fwy, Suite A, 77477 (Stafford)

Northwest: 713-514-1107 Stafford: 713-514-1100 www.PPGulfCoast.org

Southwest: 713-541-5372

North: 713-514-1106 Spring: 713-514-1102

To be automatically connected to the nearest clinic, call 800-230-PLAN.

Physical exams, information and birth control services, pregnancy testing, and counseling. STD screening and treatment, well woman exams and vasectomy. Varied hours accommodate those who work. Teens served at all sites. Call for appointment. Sliding scale and private insurance. HIV counseling and testing. Women's advance care (colposcopy).

Prevent Blindness Texas

713-526-2559

2180 North Loop W, Houston 77018

www.PreventBlindnessTexas.org

Call for assistance in getting eyeglasses. Mon.-Fri., 8:30 am-4:30 pm.

Project MEND

210-223-6363

5015 Wurzbach Rd., San Antonio 77238

www.ProjectMend.org

San Antonio based organization – service area includes all of Texas, based on funding. Providing access for low-income persons with disabilities to medical equipment, assistant technology (hearing aids, orthopedic shoes) and other services, which enable them to live as independently as possible. Medical equipment distribution based on funding. Delivery area within 100 miles of San Antonio, must pick up equipment in San Antonio. Serves Houston only if funding is available.

San Jose Clinic

Midtown: 2615 Fannin, Houston 77002

www.SanJoseClinic.org

Appointments: 713-228-9411

Fortbend: 1615 Avenue E, Rosenburg 77471

Medical care for the uninsured. Service areas are adult general medicine, pediatrics, vision and dental. Specialty services/treatments are available upon referral by Clinic's Family Practice doctor. Specialty services include dermatology, neurology, podiatrist, and urology. Counseling offered for youth and adults. To obtain services at our Downtown clinic, you must first obtain a clinic card. Eligibility on walk-in basis, Mon.-Fri., 8:00am-5:00pm. At eligibility appointment, specific documentation needed: adult identification, proof of income or unemployment, dependent identification, and proof of address. Please contact the clinic for a list of documents that will be acceptable. Each family member that needs a card must provide this documentation at his or her eligibility interview. Fees for services are directly related to eligibility criteria based on a sliding scale and determined during the eligibility interview.

RESOURCE DIRECTORY

713-462-6565

832-824-1319

Fannin: 832-822-3353

Ripley: 713-547-8282

Gulfton: 713-661-2951

Woodlands:936-267-5000

www.TexasChildrensHospital.org

Corinthian Pointe: 713-283-1039

Gulfgate Mall: 713-514-8060

Kingsland: 281-398-7353

Katv: 832-227-2280

www.SBCHC.net

Spring Branch Community Health Center

1615 Hillendahl, Suite 100, Houston 77055 (Hillendahl Clinic)

8575 Pitner Rd., Houston 77080 (Pitner Clinic)

19333 Clay Rd., Katy 77449 (West Houston Clinic)

1839 Jacquelyn Rd., Houston 77055 (Whole Life Clinic)

5502 1st St., Katy 77493 (Katy Clinic)

7777 Westgreen Blvd., Cypress 77433 (Cypress Clinic)

Primary health care, family medicine, pediatric care, OB/GYN and women's health, dental care, mental health services, diabetes management, lab services and vaccinations. Additional programs are free to patients who qualify, such as skin cancer screening, mammograms, prenatal and Lamaze classes, colon cancer screening, nutrition classes, and smoking cessation program. Medicaid, CHIP, Medicare, private insurance and sliding scale fee.

Texas Children's Hospital: Allergy and Immunology

6701 Fannin, Level 9, Houston 77030 18200 Katy Fwy., 4th floor, Houston 77094 17580 Interstate 45 South, Woodlands 77384

HIV screening for children, adolescents-retrovirology department

Palm Center: 713-741-4078 Texas Children's Pediatric Associates-Community Centers Program

5400 Griggs Rd., Suite 100, Houston 77021 4410 Navigation, Suite 278, Houston 77011 5900 Chimney Rock, Suite Y, Houston 77081 5505 W. Orem Dr., Suite 100, Houston 77085 740 Gulfgate Mall, Houston 77087

21715 Kingsland Blvd., Suite 103, Katy 77450 www.TexasChildrensPediatrics.org Community Cares Program provides low-cost, comprehensive primary health care for children from birth to 18 years of

age. Provides health services that include Well-child and illness examinations, and non-emergency care, vaccinations and immunizations, preventative health care, school and sports physicals, hearing and vision screening, health care and nutrition education for children and their families. Also addresses the social, health, educational and spiritual needs of children. Family focused. Fees are based on income and family size. Medicaid, CHIP & insurance are also accepted. Please call for more information.

University of Houston College of Optometry

4401 Martin Luther King Boulevard, Houston 77004 Mon.-Fri. 8:00am-6:00pm

www.opt.uh.edu/patient-care/

Reduced fee vision testing. Community-Based Eye Clinics at the University Eye Institute: Comprehensive eye exams, diagnosis & treatment of eye diseases. Sliding scale, Medicaid, Medicare & insurance accepted in most cases.

University of Texas Physician-Women's Center

6410 Fannin, Suite 250, Houston 77030

832-325-7131 www.UTPhysicians.com

713-743-2020

Care for HIV infected obstetric and gynecological patients, including management of HIV related complications. Amerigroup Medicaid, Molina, Texas Children's, United, and Community Health Care accepted. Mon.-Fri., 8:00am-5:00pm.

UT Physicians Comprehensive Sickle Cell Center

6410 Fannin, #600, Houston 77030

713-486-5660

24-Hour Nurse Helpline: 713-486-8876 Www. UTPhysicians.com

Treats sickle cell disease and sickle cell trait, hematology, family medicine, pediatric pulmonary. Accepts Medicaid, Medicare, CHIP, Blue Cross Blue Shield, Amerigroup, United, and Community Health Care. Financial assistance plan for those who meet eligibility criteria. Accepts Careworks, Cigna (HMO, PPO, POS, LocalPlus), Aetna, Alliance Workers Comp Network.

UT Physicians Pediatric Specialist

6410 Fannin St., 5th floor, Houston 77030 (Texas Medical Center)

832-325-6516

24-Hour Nurse Help Line: 713-486-8876

www.UTPhysicians.com

Provides medical services for young adult's ages 12-21 years. Services include general check-ups, immunizations, sports physical exams, chronic disease management, pregnancy testing, birth control, sexually transmitted diseases (STD), HIV/AIDS education and screening, and case management services to teens and their families. Works closely with nutritionists, counselors and psychiatrists in the same clinic. Accepts most Medicaid and private insurance.

RESOURCE DIRECTORY

Visual Compassion-In Focus Vision Stations

Clinics: 18555 Kuykendahl, Spring 77379 4806 Yale St., Houston 77018

Ourgrouponline.org/visualcompassion

Community based locations for eye care. New vision eyeglasses sales from \$25. Accepts some Medicaid plans. Kuykendahl location hours: Mon., Wed., Thurs., Fri., 9:00am-5:00pm by appointment only. Yale location hours: Only open Tuesday 9:00am-5:00pm by appointment only.

Vital Statistics (Bureau of)

8000 N. Stadium Dr., 1st Floor, Houston 77054

(311) or 713-837-0311

Yale Clinic: 281-954-0933

www.houstonhealth.org/services/vital-

statistics

281-547-7477

Only City of Houston and State of Texas birth certificates (\$23), death certificates (\$21) and state fact sheet (\$23). Mon.-Thurs. 8:00am-4:00pm, Fri. 8:00am-2:00pm. Acknowledgement of Paternity processed. No personal checks accepted. Cashier's check, money order, debit/ credit card, or cash accepted. Call for an appointment. May apply online for certificates.

Hotlines

American Civil Liberties Union (ACLU) of Texas, Houston Headquarters

P.O. Box 8306 Houston 77288-8306

713-942-8146

888-653-6498 www.ACLUTx.org

American Sexual Health Association

Research Triangle Park, NC 27709

STD & AIDS 24 hr.: 919-361-8400

Bilingual: 1-800-344-7432 www.ASHASexualHealth.org

7:00am-6:00pm Eastern time. Due to high call volume, there is a charge for services. Callers can access free information on the website through the "Ask The Expert" service at www.askexpertsnow.com. To bypass the forum and speak to an expert directly, a charge of \$25 per question with 2 follow up questions applies. \$25 to post to the online forum. To speak directly with an ASHA staff without a waiting period, an appointment can be scheduled on the website for \$20 for a 20-minute session.

Attorney General Hotline

800-252-8011

Austin 78704

www.TexasAttorneyGeneral.gov

Consumer issues, child support issues.

Care Connection

855-937-2372

4802 Lockwood Dr., Houston 77026

www.CareConnection.org

Services include vouchers that can be used to pay for someone to come into the home to give caregivers a break. Vouchers can be used to pay for services outside of the home, such as adult day services and services that allow caregivers to leave their loved ones with certified individuals who provide care while the caregiver is away. Aging and disability resource center. Transportation only to appointments. Services provided only to residents of Harris County.

Center for Disease Control (CDC) Information

800-232-4636

www.CDC.gov

24 Hours. Mon.-Fri. National public health information. Services in English and Spanish.

Child Support Division

800-252-8014

1310 Prairie, Suite 700, Houston 77002

713-274-7300

www.texasattorneygeneral.gov/child-

support

Mon.-Fri., 8:00am-4:30pm

Covenant House Crisis Line

713-523-2231

1111 Lovett Blvd., Houston 77006

National Runaway Switchboard: 800-786-2929 www.CovenantHouseTx.org

Shelter for runaway and homeless youth ages 18-24. Provides health and substance abuse counseling, educational and vocational training, street outreach and prevention, and parenting classes. Assists youth with finding transitional and permanent housing. Open 24 hours.

Harris County Area Agency on Aging

832-393-4301

8000 N. Stadium, 3rd floor, Houston 77054 Service to adults 60 years old + and their caregivers. Houstonhealth.org/services/aging

Hotlines-Continued 50

Houston Area Women's Center

1010 Waugh, Houston 77019

RESOURCE DIRECTORY

Domestic Violence Hotline: 713-528-2121 Rape Crisis Hotline: 713-528-7273

www.HAWC.org

Domestic Violence and Sexual Assault Hotlines 24hrs/day, 7 days/week. Agency serves women, men, children, and adolescents. Crisis counseling, shelter, counseling, referrals, volunteer information and general information. Hospital accompaniment if needed. Emergency transportation to shelter available. Access to Children's Court Services. English/Spanish/language line for other languages. TDD available for hearing impaired. No fee. See also: Child Abuse; Domestic Violence: Sexual Assault/Rape; Legal Services.

Houston Department of Health & Human Services Bureau-HIV, STD and Viral Hepatitis Prevention

832-393-5010

www.HoustonTx.gov/Health/HIV-STD/Index.html

Referrals for individuals seeking HIV/STD testing. Mon.-Fri., 8:00am-5:00pm. Call to make an appointment for testing. Testing ranges from \$0 to \$25 depending on income.

Legacy Community Health Services

832-548-5000

www.LegacyCommunityHealth.org

LGBT Switchboard of Houston

713-529-3211

www.montrosecenter.org

Referrals and phone numbers to counseling and shelter. General information and resources provided during business hours (Mon.-Thurs., 8:00am-7:00pm, Fri. 8:00am-5:00pm). Crisis calls accepted 24 hours/day.

MD Anderson 877-632-6789

Main Switchboard: 713-792-2121

Cancer hospital that advises callers on cancer related resources such as hospitals, prevention, screening, and low-cost residences during treatment.

The Montrose Center 713-529-0037

401 Branard, Houston 77006

www.MontroseCenter.org

LGBT Center offers resources, counseling, youth/senior programs, addiction treatment, HIV/AIDS care, anti-violence services, and education. Mon.-Thurs. 8:00am-7:00pm, Fri. 8:00am-5:00pm.

National Center for Missing and Exploited Children

800-843-5678

www.MissingKids.org

Provides assistance to parents and law enforcement for missing and exploited children. Cyber-tip line for child pornography and children who have been sexually abused by a non-family member.

National Human Trafficking Hotline

888-373-7888

www.HumanTraffickingHotline.org

24/7 hotline with multiple language capabilities. Trafficking information or to report suspected cases of trafficking (can remain anonymous). For victims, text "INFO" or "HELP" to "BeFree" (233733).

National Suicide Prevention Lifeline

800-273-TALK

Call, Text, Chat: 988

www.SuicidePreventionLifeLine.org

24/7 lifeline of local crisis centers that provide free and confidential emotional support to individuals in suicidal crisis or emotional distress. Assists with outpatient or inpatient services. Mental health warrant information. 988-call, text, or chat. People will be connected to trained counselors who are part of the National Suicide Prevention Lifeline network.

Rape Crisis Hotline

Sexual Assault Hotline: 713-528-7273

Domestic Violence Hotline: 713-528-2121

www.HAWC.org

Domestic violence and sexual assault assistance for survivor and family. Shelter services also available. Hotlines are answered 24 hours a day. Call to schedule appointments for services.

Hotlines-Continued 51

TX Hotline:888-580-4357 **Runaway Safeline** Text: 512-872-5777

www.TexasYouth.org

24/7 helpline for youth, parents, teachers, and other supportive adults searching for information, referral, and advocacy for runaway youth. Offers ways for communicating with families by relaying messages to families and 3-way conference calls. Operation Home Free-provides a free ride home for qualifying youth.

AGENCY TOLL FREE: 800-989-6884 ONLY FOR AGENCY PERSONNEL SEEKING RESOURCES FOR YOUTH WHO ARE NOT IN CRISIS. 24 hours/day

Texas Department of State Health Services STD and AIDS Hotline

737-255-4300

713-224-9911

www.DHS.Texas.gov/HIVSTD

Department of State Health Services HIV-STD Program that provides resources for prevention, treatment, and/or control of the spread of HIV, STD. HOPWA-housing for people with AIDS.

United Way Helpline 211 www.UnitedWayHouston.org

Information and Referral

Aid to Victims of Domestic Abuse (AVDA) 1001 Texas Ave., #600, Houston 77002

24-hour Hotline: 800-799-7233

www.AVDA-Tx.org

Counseling and paralegal help for any battered person, Counseling/referral (Mon.-Fri., 8:00am-5:00pm). Legal representation for low-income clients. Counseling for batterers. Will provide protective orders. No fee except court costs. Sliding fee scale for victims ineligible for state funded legal aid but who cannot afford private legal counsel.

Al-Anon Family Group Services

9800 Northwest Fwy., Suite 201, Houston 77092

713-683-7227 Spanish: 713-681-1296

www.HoustonAlAnon.org

www.Alanonhispano.org

Information regarding groups for families and friends of alcoholics to help cope with and understand the problem. Books and literature available. Callers will speak with a volunteer, not a professional counselor. Walk-in. Group services only, no individual counseling. Call for locations. Mon.-Thurs., 10:00am-3:00pm. Sat. 9:00am-12:00pm.

Avenue 360 Health and Wellness

713-341-3750

1427 Hawthorne, Houston 77006

www.Avenue360.org

Adult day treatment center for persons with AIDS/HIV, or other eligible residents of Harris County who are faced with social factors that contribute to poor health. Open 7:00am to 5:00pm, Monday-Friday for both men and women. Meals, nursing care, exercise programs, field trips, arts and crafts. Limited financial assistance (rent and utilities for HIV+). By appointment only. Budget planning, financial counseling.

Baker-Ripley

Central: 713-667-9400

6225 Northdale, Houston 77087 (Harbach-Ripley Community Center) Harbach-Ripley: 713-640-7100 4410 Navigation, Houston 77011 (Ripley House Community Center) Ripley House: 713-315-6400

720 Fairmont Parkway, Pasadena 77504 (Cleveland-Ripley Community Center)

6500 Rookin St., Houston 77074 (Baker Ripley Neighborhood Center)

2101 South St., 77009 (Leonel Castillo Community Center)

3000 Aldine Mail Rt., Houston 77039 (East Aldine Community Center

6535 Rookin St., Houston 77074 (Citizenship & Immigration Program)

Cleveland-Ripley: 713-944-9186 **Gulfton-Ripley: 713-273-3700**

Baker Ripley: 713-273-3701 Leonel Castillo: 713-380-2260

East Aldine Center: 346-570-4463

Citizenship/Immigration: 346-867-3871 www.BakerRipley.org

Information and advocacy for social services. Mon.-Fri. 8:00am-5:00pm Case management services, nutrition, counseling and referrals. Head Start, utility assistance. Serves all zip codes. No fee, Monthly food fair listings.

Harbach-Ripley Community Center: Nutrition classes for members. \$150 registration fee.

Cleveland-Ripley Community Center: (All Pasadena) Food fairs, ESL and GED classes, computer classes, summer school. \$150 fee at location.

Baker Ripley Neighborhood Center: Immigration, debt, ESL and GED classes. Job and Career Development/Workforce, Disaster recovery.

Leonel Castillo Community Center: Adult education, after-school programs.

Bo's Place 713-942-8339

10050 Buffalo Speedway, Houston 77054

www.BosPlace.org

Information and referral for area support groups. Special grief center for children who have lost their parents or siblings. Programs also available for grieving adults. Services are free of charge. Spanish groups are also available for parents and children.

Care Partners 713-682-5995

3838 Aberdeen Way, Houston 77025

www.CarePartnersTexas.org

Non-profit organization that provides home-based social/emotional support, education, and resources for caregivers. Also provides quality care for those living with memory loss and other challenges of aging (Alzheimer's or related dementia). Care partners provide respite care, help with errands, and companionship for people with Alzheimer's. Programs include: The Gathering Place for people with memory loss. Provides respite for caregivers for up to 3.5 hours a month. Second Family-a home-based service with volunteers providing companionship for people with memory loss and are homebound. Not a home-health service, medication management not provided. Support groups and conferences for caregivers are also available. Dementia Day Center.

Champions Community Church

281-397-7569

13111 Bammel N., Houston 77066

www.ChampionsCC.org

Community service opportunities, information and referral services, and recreation services for youth. Call for information on scheduled youth activities.

Child Builders 713-481-6555

11152 Westheimer, #794, Houston 77042

www.ChildBuilders.org

Provides training for school personnel to implement curricula focused on relationship building, anti-victimization and bullying, social and emotional learning, and pre-parenting skills.

Children at Risk 713-869-7740

2900 Weslayan, #400, Houston 77027

www.ChildrenAtRisk.org

Advocacy for children to improve their quality of life through research, education, collaboration, and influencing public policy.

City of Houston Mayor's Anti-Gang Office

832-393-0931

900 Bagby, Houston 77002

www.HoustonTx.gov/AntiGang

Provides comprehensive responses to youth violence and juvenile delinquency through direct services, collaboration, education, and policy development. Conducts awareness presentations and trainings on numerous gang and delinquency related topics for youth and adults, parents and caregivers, school personnel, service agency personnel, health care professionals, business community, and criminal justice and law enforcement.

City of Houston Parks

832-395-7131

2999 S. Wayside, Houston 77023

832-395-7135

Summer enrichment programs. After school enrichment programs start in September.

City of Pasadena Juvenile Fire-Setter Intervention Program

713-475-5556

209 North Main, Pasadena 77506

www.PasadenaFMO.com

Prevention and intervention program. 3.5-hour initial visit with a follow-up in one month. Referrals are needed and a parent must participate. For ages 2-17 years old.

City of Pasadena - Odell Harrison Recreation Center

713-477-6491

415 Delta, Pasadena 77506

www.Pasadenatx.gov/579/Odell-

Recreation-Center

Community Youth Development Project provides opportunities for youth to grow and develop through recreational, educational, cultural, and social programs. Serves all zip codes. Mon.-Fri., 1:00pm to 7:00pm.

Collaborative for Children - Family Services Dept. Childcare Locator

713-600-1100

1111 North Loop West, Suite 600, Houston 77008

211

Helps families locate childcare, before and after school care for all children. Serves 13 counties. Refers families to parenting classes. Assistance available for families with special needs children. Community resource assistance available. Spanish speaking available.

RESOURCE DIRECTORY

Covenant House

1111 Lovett Blvd., Houston 77006

Daytime: 713-523-2231 Evening: 713-630-5601

National Runaway Safeline: 800-786-2929

www.CovenantHouseTx.org

Counseling, information and referral for runaway and homeless youth, ages18-24. Intake hours 3:00pm - 10:00pm. Texas Runaway hotline 1-888-580-4357.

Epic Health Services

North: 832-253-1188 South: 713-979-3800

https://www.aveanna.com

Offers pediatric home health care services. Currently care for medically fragile infants and children up to 21 years of age. (Adults accepted on case-by-case assessment) Part of Comprehensive Care Program and Medically Dependents Children's Program (MDCP). Accepts Medicaid, major insurance and private pay. Available 24 hours a day, 7 days a week

Harris County Community Resource Coordination Group (CRCG)

832-927-6308

6300 Chimney Rock, Houston 77081

See TRIAD Prevention Program-Youth and Family Resource Services for full description of CRCG services.

Harris County Community Youth Services (CYS) (See page 4)

For information: 832-927-6300

Harris County Youth Firesetter Intervention Program

2318 Atascocita Rd, Humble 77396

713-274-1735 713-274-1700

www.HCFMO.net

Provides free, confidential, one-on-one educational classes for children ages 3-18 that have misused or played with fire. Also serves children that have pulled fire alarms, appear overly interested in fire, or committed any level of crime involving the use or attempted use of fire.

713-529-3590 **HATCH** 713-529-0037

401 Branard St., 2nd Floor, Houston 77006

www.montrosecenter.org/hatch-youth

Nonprofit organization dedicated to empowering gay, lesbian, bisexual, and transgender youth ages 7-20 to become positive contributors to society. Also offers continuing education and training for those working with LGBT youth. Ask for Youth Services Associate. Virtual groups available.

Houston Center for Independent Living

6201 Bonhomme, Suite 150, South Houston 77036

Voice/TTY: 713-974-4621 TTY/Direct: 713-974-2703

www.HCIL.com

Coalition for Barrier-Free Living. Provides outreach services to assist individuals with disabilities in accessing services. Peer support. Serves 13 counties.

M.D. Anderson Information Line (UT- M.D. Anderson)

713-792-3245

800-392-1611, option 3

www.MDAnderson.org

Cancer related resources at the hospital: patient care, prevention programs, clinical trials, screening, and low-cost residences during treatment.

Mental Health America of Greater Houston

713-523-8963

2211 Norfolk, Suite 810, Houston 77098

www.MHAHouston.org

Offers an online guide with referrals to organizations that assist with mental health and IDD services.

MHMRA of Harris County (The Harris Center for Mental Health and IDD) (See Mental Health)

Office of the Attorney General

Houston office: 6161 Savoy Dr., # 350, 77036

Child Support Hotline: 800-252-8014

Public Information and Assistance: 800-252-8011 www.texasattorneygeneral.gov

Assists with crime victims' compensation, child support, consumer protection.

Prevention Resource Center -- Region 6 (See Substance Abuse)

Region IV Educational Service Center

713-462-7708

7145 W. Tidwell, Houston 77092

www.ESC4.net

Local service for Texas Education Agency (TEA). Assists school districts in improving efficiencies, student performance as well as implement state initiatives. Information on school responsibilities and student rights. Serves 48 districts in 8 counties.

RESOURCE DIRECTORY

Ryan White Planning Council

2223 West Loop South, Suite 240, Houston 77027

Provides Houston Area HIV Resource Guide, the "Blue Book" at no charge.

713-572-3724

713-526-6634

281-292-4155

www. RWPCHouston.org

Texas Inter-Faith Supportive Services

3701 Kirby Dr., #860, Houston 77098

www.interfaithgroup.org/ti-f-housing

Education services, family skills development, health and nutrition services, neighborhood pride and leadership skills, and fun and freedom activities. Services are located in apartment communities throughout Houston and surrounding vicinities.

United Way Information and Referral Services

50 Waugh Drive, Houston 77007

Helpline: 713-957-4357 or 211 Admin: 713-685-2300

www.UnitedWayHouston.org

Information and social services for adults and children of Harris Co.

281-282-6000 Bay Area Waller 281-822-4200 Stafford 281-207-2300

Montgomery County

YMCA International Services 713-339-9015

3110 Hayes Rd., Suite #300, Houston 77082 6671 Southwest Fwy., #250, Houston 77074 Refugee assistance and immigration services. 713-758-9280

www.YMCAInternationalServices.org

Learning Differences

Diagnosis, Assessment, and Treatment

The Arc of Greater Houston

713-957-1600

9401 Southwest Freeway, Houston 77074

www.AOGH.org

Right to Learn Program, an educational advocacy program to assist parents through training, information and guidance over the phone, attending ARD meetings, and assisting with negotiation with school districts. Provide programs and services for ages 10+ with persons with Intellectual Disability Disorder (IDD) and Autism in Harris and surrounding counties. Spanish speaking support groups. The Arc promotes and protects the human rights of people with intellectual and developmental disabilities.

Attention Deficit Disorder Association - Southern Region

12345 Jones, Ste. 287-7, Houston 77070

281-894-4932 www.ADDA-SR.org

Support to individuals impacted by attention deficit disorders and related conditions. Provides a resource network and advocacy for services that meet the educational, social, and health care needs of all individuals with ADD/ADHD. Support groups, educational events, and referrals.

Center for Educational Programs- UH Clear Lake

2700 Bay Area Blvd., Houston 77058

281-283-3432

www.UHCL.edu Educational diagnostic testing is offered for ages 6 through adult. Also offers one-on-one tutoring for reading, writing, spelling, and study skills.

Meyer Center for Developmental Pediatrics - Texas Children's Hospital

832-822-3400

8080 N. Stadium Dr., #100, Houston 77054

www.TexasChildrens.org

Medically directed diagnostic and assessment services for children with developmental and learning problems. Referrals to community services. Consultation services to physicians, schools, and agencies.

Neuhaus Education Center

713-664-7676

4433 Bissonnet, Bellaire 77401

www.NeuHaus.org

Consultation about resources for testing and tutoring of dyslexic children and adults. Training for educators. A panel discussion for parents of college bound students with dyslexia meets periodically. Adult literacy. Bilingual staff. Private pay.

Psychology Services at Texas Children's Hospital

6701 Fannin, Floor 1630, Houston 77030 (Clinical Care Bldg.)

832-822-3700 832-822-1900

www.TexasChildrens.org

Testing and teaching of children who have learning problems in school, includes significant parent involvement. Assist parents in advocating for an appropriate school program. Group therapy services for preschool and school age children.

RESOURCE DIRECTORY

Region IV Educational Service Center

7145 W. Tidwell. Houston 77092

713-462-7708

Internal Communications: 713-744-6541 Special Ed: 713-744-6365

www.ESC4.net

Local service center for TEA. Provides information about and for local school districts to operate more efficiently.

Talking Book Program 800-252-9605

1201 Brazos, P.O. Box 12927, Austin 78711

www.TexasTalkingBooks.org

Free library service that provides digital, audio, Braille, and large print books and magazines in English and Spanish to qualified individuals with visual, physical, or reading disabilities. Disability information and referral center provides free information about disabilities and health conditions, referrals to agencies and organizations, and materials about technology and funding sources.

Alternative School Programs

AVANCE 713-812-0033

4281 Dacoma St., Houston 77092

www.AVANCEHouston.org

GED/ESL in Spanish. Early Head Start program at 400 Park Ln., Pasadena 77506. Home based services for zip codes - 009, -093, and -022 and Pasadena ISD school boundaries. Head Start program at various locations in Harris County. Healthy marriage and parenting program. Parent/child education program. Services are free.

Briarwood School 281-493-1070

12207 Whittington Dr., Houston 77077

www.BriarwoodSchool.org

Grades K-12. Provides a complete school experience for children with a learning disability or a developmental disorder. Website provides tuition and fees information.

Communities In Schools Houston

713-654-1515

1111 N. Loop W., Ste. #300, Houston 77008

www.CISHouston.org

Supportive guidance, health and human service linkage, parental involvement, cultural enrichment, academic enhancement, and career awareness. C.I.S. places a full-time social service provider on school campuses to deliver services to youth.

Excel Academy 713-669-0799

2525 Murworth, Suite 100, Houston 77054

Juvenile Justice Alternative Education Program (JJAEP) School for students within Harris County who have been expelled from their home school or ordered by a judge.

Fusion Academy The Woodlands

281-419-1436

1201 Lake Woodlands Dr., Suite 4000, The Woodlands 77380

www.FusionAcademy.com

Community of learning that meets students where they are academically. Helps every student flourish emotionally, socially, and academically. Builds positive relationships to unlock the potential in every student. Accredited 6th-12th grade private school providing one-to-one education for all classes.

Harper Alternative School

4425 N. Shepherd, Houston 77018

713-802-4760

HISD: 713-556-6000 www.HoustonISD.org/Harper

HISD School for secondary students. Four programs serve: 1) "At risk" students, 2) Vocational education for handicapped students, 3) Crisis Program for severe adjustment problems, 4) Code IV for weapon violators. Admitted through HISD and ARD process.

Harris County Department of Education

6300 Irvington Blvd., Houston 77022

713-694-6300 www.HCDE-Texas.org

Academic and Behavior Centers (ABC) provide educational services (academic and behavioral) to students, ages 5-22, with emotional disturbances, IDD, Autism Spectrum Disorder, and other health impairments. Highpoint Schools serve expelled and adjudicated youth in grades 6–12. One recovery school for students struggling with addiction. 15 Head Start centers. Adult education and workforce development classes. School based occupational and physical therapy. Afterschool programs. Students from Harris County school districts. Referrals must be made through the student's school

The Harris School 713-526-2046

6210 Rookin St., Houston 77074

district.

www.theharrisschool.com

Private non-profit, therapeutic school helps prek-6th graders improve behaviors, emotional expression, and social skills to increase academic performance and ultimately transition to a mainstream school. Common barriers to growth may be ADHD, autism, anxiety, depression, ODD, RAD, sensory/behavior disorders, trauma, or other social and emotional difficulties. Accepts enrollment throughout the year. Program includes weekly social skills/processing groups led by licensed counselors and parent-counselor consultations. Neither a diagnosis nor mediation is required to attend.

Houston Heights High School

713-868-9797

1125 Lawrence, Houston 77008

www.HeightsHS.org

Open enrollment charter school offers self-paced and structured learning program. Offers students dual course college credits. Sports program. Summer school available. 9-12th grades.

The Joy School 713-523-0660

One Chelsea Blvd., Houston 77006

www.TheJoySchool.org

Private, non-profit school that prepares K-8 students with learning difficulties to return to a traditional classroom setting by enabling them to reach their academic and social potential in a safe, supportive environment.

Monarch School 713-479-0800

2815 Rosefield Dr., Houston 77080

www.MonarchSchool.org

Private therapeutic school for K-12 students with neurologically based perceptual and cognitive variations that interfere with processing, organization and integration of information. Typical diagnoses include ADD, PDD, Autism Spectrum Disorder, Tourette's syndrome, OCD, Bipolar Disorder, seizure disorder, traumatic brain injury. Individualized psychological and educational assessments. Diagnostic clinic open to the community. Transition service into workplace for after high school and independent living. Post high school services.

Raul Yzaguirre School for Success-Tejano Center for Community Concerns

713-640-3710

2950 Broadway, Houston 77017

http://TejanoCenter.org

Charter school. Pre-K - 12th grade to improve educational opportunities for children on the East Side. Affordable housing program available.

River Oaks Academy & Tutor Lab

713-783-7200

10600 Richmond, Houston 77042

www.RiverOaksAcademy.com

Alternative school for K-12, ADD or for students who work best in a small group environment. Also provides services for students with ADHD and Autism.

Saint Nicholas School

713-791-9977

3511 Linkwood Dr., Suite A, Houston 77025

www.SNSchools.com

Montessori center. Offers Latin and French classes, math and music. Infant-8th grade.

Sanchez Charter High School

713-967-6700

6001 Gulf Freeway Bldg. E, Houston 77023

www.AAMA.org/Sanchez-Charter-School

AAMA charter school. Grades 6-12 for mostly inner city, Hispanic students at risk of dropping out. GED program for 18 years old and up.

Sylvan Learning Center

888-338-2283

,			www.SylvanLearning.com
Baytown	281-421-4169	Champions	281-586-8069
•		Katy	281-492-7084
Cypress	281-256-0200	Kingwood	281-361-9253
Clear Lake	281-557-5558	Sugarland	281-980-1199
Spring	281-288-0063	Missouri City	281-778-9185
T	1 12 6 6 12 26		

Tutoring. Evaluation and remediation for reading, writing, basic math, algebra, and preparation for SAT and ACT tests. STAAR tutoring. Available to homeschoolers. Not a full-time school. Free consultation. Call for fees.

Learning Differences-Continued

RESOURCE DIRECTORY

Texans Can Academies 9745 Bissonnet, Houston 77036 (Southwest) 3401 Hardy St., Houston 77009 (North) 9020 Gulf Fwy., Houston 77017 (Hobby) Southwest: 281-918-4316 North: 713-659-4226 Hobby: 832-379-4226 www.TexansCan.org www.HoustonCan.org

Tuition-free, public charter high school of choice serving grades 9-12. Accepts students ages 14-21 who have struggled in a traditional high school setting. Students may enroll at any time of year. Specializes in understanding the individual student's circumstances and personalizing their education for their specific needs. Teaches reading and critical thinking skills that promote productivity and independence. Also assists students with planning for life after graduation. Students receive free breakfast and lunch, free transportation passes, and may choose a flexible schedule to allow for jobs and other responsibilities. Students may attend the morning session 7:45am-12:00pm, afternoon session 12:45pm-4:30pm, or both sessions.

Texas ChalleNGe Academy

600 Hwy 3013 West, Eagle Lake 77434

979-232-1100

409-393-3772 979-232-1594

www.TexasChallengeAcademy.com

Coed, ages 16 – 18; run by the National Guard for students not meeting their educational potential. Must have no felony charges or convictions. Must be willing to be drug free and have a desire to change. Voluntary program. No cost for Texas residents.

YES Prep Public Schools

5455 South Loop East, Houston 77033

713-967-9000

www.YESPrep.org

Free, open-enrollment school system serving low-income minority students in 6th-12th grade. 100% of graduating seniors are accepted by a 4-year college or university.

Southeast	713-967-9400	Southwest	713-967-9200	Brays Oaks	713-967-8400
North Central	713-967-8800	East End	713-967-7800	Gulfton	713-967-9800
West	713-967-8200	North Forest	713-967-8699	Northside	713-924-0400
Northbrook	713-251-4200	5th Ward	713-924-0600	Hoffman	713-924-5400
White Oak	713-924-5300	Southside	713-294-5500	Northline	713-842-5400
Northbrook HS	713-251-4250	Eisenhower	281-591-3780	Northwest	713-972-4605

Legal Aid

Aid to Victims of Domestic Violence (AVDA)

1001 Texas Ave., Suite 600, Houston 77002

713-224-9911

AVDA-Tx.org

Legal advocates advise victims of domestic violence on their legal rights and alternatives. Attorneys on staff. Assist with protective orders. Mon-Fri, 8am-5pm. Battering Intervention and Prevention Program (BIPP) for men and women who are violent, abusive and/or controlling in their intimate relationships. 18-week group sessions. Saturday and evening hours available by appointment. Bilingual services available. For Harris County residents. BIPP is also available in Montgomery and Galveston Counties.

Beacon Law

1212 Prairie St., Houston 77002

Appointments: 713-220-9780 713-220-9737 (press 3)

www.BeaconHomeless.org

Provides civil pro bono legal assistance for homeless and low income. Assist with ID restoration (Class C tickets), criminal record clearing, Social Security Disability. Intake online at website or Fridays 7:30am- 9:30am.

Catholic Charities (St. Frances Cabrini Center for Immigrant Legal Assistance)

2900 Louisiana, Houston 77006

713-526-4611

713-595-4100

www.CatholicCharities.org/Cabrin

Immigration & other status services. Attorney available first three Tuesdays of each month. First come, first served basis. Registration begins at 7:30am. Harris and Galveston County only.

Child Support Enforcement of Texas

800-252-8014

6161 Savoy Dr., #420, 77036 (Office of the Attorney General-Houston Region)

www.TexasAttorneyGeneral.gov

Full child support services provided for TANF or Medicaid recipients and for other individuals upon application, at no cost. Services include: locating non-custodial parent, reviewing and adjusting support orders, establishing paternity voluntarily and by court order; establishing and enforcing support orders and/or medical support orders. Paternity testing at no cost if test is negative. Mon.-Fri. 8:00am- 5:00pm.

Legal Aid-Continued 58

RESOURCE DIRECTORY

Children's Court Services - Houston Area Women's Center

1010 Waugh, Houston 77019

713-528-6798 x2255 Domestic Violence: 713-528-2121

Rape Crisis Hotline: 713-528-7273

www.HAWC.org

Provides education, advocacy, support and accompaniment for child/teen victims or witnesses to any crime and their nonoffending family members involved in the criminal justice system. Assists with Crime Victim's Compensation applications and provides updates on case status and parole. No fee. Accommodates Eng/Span. speaking individuals. See also: Child Abuse: Domestic Violence; Sexual Assault/Rape; Hotlines.

Disability Rights Texas

1500 McGowen, Suite 100, Houston 77004

713-974-7691 Intake: 800-252-9108 Sign language: 866-362-2851

Video Call: 512-271-9391 www.DisabilityRightsTx.org

Administration: 713-274-7100

Nonprofit funded by Congress to protect and advocate for the legal rights of people with disabilities. Covers the State of Texas only.

Dispute Resolution Centers

49 San Jacinto, #220, Houston 77002

www.DRCHouston.org Mediation for disputes without costly court proceedings. Landlord/tenant, employer/employee, malicious mischief, neighborhood conflict, etc. Uses trained volunteers. Juvenile cases accepted. Free for Harris County residents.

Earl Carl Institute For Legal and Social Policy, Inc.

3100 Cleburne St., TSU Box 1156, Houston 77004

www.earlcarlinstitute.org

Provides legal representation to youth involved in multiple systems including the criminal justice system, disparate educational systems, the mental health system and foster care system. Provides free legal representation to students seeking to have their criminal records sealed, students in school disciplinary and special education hearings, cases pending in Justice of the Peace and Municipal Courts and the juvenile delinquency courts in Harris County, and its surrounding counties. Services available regardless of family income.

Harris County DA: Domestic Violence Division

713-755-5888

1310 Prairie, 5th floor, Houston 77002

www.harriscountyda.com

Serves as a citizens' intake unit for victims of domestic violence and other offenses such as violation of protective orders. Bilingual staff. Interviewing hours: Mon.-Fri., 7:00am - 4:00pm, on first come, first served basis, limited afternoon appointments. Only handles domestic violence cases where victim and defendant live together, are related by blood or marriage, have a child together or previously dated.

Harris County Domestic Relations Office

713-274-7300

1310 Prairie, Suite 700, Houston 77002

www.dro.harriscountytx.gov

The Domestic Relations Office in the Harris County Family District Courts: (1) establishes/enforces court orders for the support of and/or visitation rights to a child: (2) terminate wage withholding orders; (3) conducts child custody and adoption evaluations; (4) facilitates family mediations and parent conferences; (5) provides parenting coordination services; (6) provides issue-based investigations; (7) maintains the FOCAS Program in cooperation with the Family District Courts.

Harris County Juvenile Probation Department

1200 Congress, Houston 77002

www.hcjpd.harriscountytx.gov

Works with youth ages 10 –17, who are referred to the Department for Class B misdemeanor offenses or higher offenses. These youth may be adjudicated in the Juvenile District Court and receive supervision and guidance from an assigned juvenile probation officer. Juvenile Probation handles only youth who commit delinquent offenses. Services include rehabilitation, treatment, detention, and placement. The District Attorney's Office determines who will be referred.

Harris County Pre-Trial Services

346-286-1400

1201 Franklin, 13th floor, Houston 77002

www.pretrial.harriscountvtx.gov

Gathers information on defendants booked in City and County jails in order to advise the criminal courts as to defendants' suitability for release on personal bond. Fee is 3% or \$20 of the bond on misdemeanors, payable after release. Stability, past record, and community safety is explored. Monitor people on bond.

Harris County Sheriff's Department: Family Violence Unit (See Domestic Violence)

Homeless Court (Coalition for the Homeless)

713-739-7514

2000 Crawford St., Suite 700, Houston 77002

www.homelesshouston.org

Homeless court is a special court session for homeless defendants to resolve outstanding misdemeanor offenses and warrants within the City of Houston's Municipal Courts. Must be participating with a referring agency. Serves Harris, Fort Bend, and Montgomery County.

Legal Aid-Continued 59 1111 Bagby FLB, Suite 200, Houston 77002

Houston Bar Association

713-759-1133

www.HBA.org

11,700 member attorneys offer over 20 free services to community, including:

Legal Line: Free legal advice, answer legal questions, & referrals. All calls answered by licensed attorney on Wednesdays, but clients must register at least 24 hours in advance on HBA website. An attorney will contact the client on the date selected. Consejos Legales, first Thursday from 6pm-8pm sponsored by Mexican American and Hispanic Bar, clients must register online at least 24 hours in advance.

Legal Handbooks: Free handbooks on: Elder Law, Family Law, & Consumer Law. Available online: www.HBA.org

IDEA Program: Teams lawyer and doctor to visit local schools twice a year in the fall and spring to educate 5th graders on legal and medical consequences of substance abuse.

Dispute Resolution: 49 San Jacinto, Suite 220, 77002

713-274-7100

Houston Lawyer Referral Service: Links clients with an affordable lawyer for their particular needs. Participating lawyers provide 30-minute consultation for \$20.00 on first visit. Phone referrals only from this office, Bilingual. www.HLRS.org

Houston Volunteer Lawyers: 1111 Bagby FLB, Ste. 300, 77002

713-228-0735

Free legal service for civil cases only for persons whose income is too high for Lone Star Legal Aid but too low for private attorney. Funded by attorneys, law firms and a small grant. Phone line hours 8:30am-5:00pm. Will handle divorce cases for low income, Harris County residents with minor children. At various community centers every Saturday. Check calendar for location at www.HBA.org or www.MakeJusticeHappen.org

KidZone: An internet site that provides law-related information for children, teens, parents and educators http://www.HBA.org/KidZone enter KidZone in search. Also, safety tips and other links.

Veterans Legal Initiative: Provides free legal advice and legal representation to U.S. veteran. Offers free Friday clinics at the Michael E. Debakey VA Medical Center (2002 Holcombe, Houston 77030) every Friday.

Fee Dispute Program: www.HBA.org

713-759-1133

Panel of attorneys and lay person that will arbitrate disputes between attorneys and clients, and between attorneys and attorneys, involving legal fees.

Juvenile Records 713-228-0735

Assists individuals seal records of minor, non-violent offenses that occurred at age 17 and younger.

Innovative Alternatives

713-222-2525

1335 Regents Park Dr., #240, Houston 77058 www.InnovativeAlternatives.org

Mediation services include Victims/Offender Reconciliation Program (VORP), divorce/child custody mediation, peer mediation, multi-cultural mediation, family reconciliation mediation, trauma groups for victims of sexual abuse, and sexual abuse victim/offender surrogate mediation. Violence prevention program geared towards bullying in schools. Meetings are conducted by trained volunteers in neutral setting. Mediation and peer mediation training are also offered. Eight free counseling sessions for victim or witness of a crime. Private, nonprofit agency. Provides counseling & therapy. Accepts Medicaid, insurance, sliding scale, self-pay, and grants for victims.

Legal Line 713-759-1133

1111 Bagby St., FLB 200, Houston 77002

1st and 3rd Wed. 5:00pm-9:00pm, 1st Thurs. 6:00pm-8:00pm (Spanish speaking) Free legal advice by Houston and Mexican American Bar Association.

Lone Star Legal Aid 800-733-8394

P.O. Box 398, Houston 77001 (main office)

www.LoneStarLegal.org

Legal services for low-income indigent clients. Call for information regarding services provided. Houston offices serve Brazoria, Galveston, Ft. Bend, Harris, & Montgomery counties. Phone intakes for non-emergency family issues, Monday 8:30am-2:30am. Family law emergencies, Mon.-Fri. 8:30am-2:30pm. All other services Mon.-Fri., 8:30am-2:30pm.

Texas Fair Defense Project

512-637-5220

314 E. Highland Mall Blvd., Suite 108, Austin 78752

www.FairDefense.org

Provides advice and sometimes representation for individuals who are facing jail, arrest, or suspended license for unpaid fines and fees. Also advise individuals who have requested a court-appointed attorney for a criminal charge and feel they have been wrongly denied counsel. Accepts applications online or by calling the number provided.

Texas Law Help

www.TexasLawHelp.org

Texas Law Help offers free legal forms and civil legal information to Texans who cannot afford legal help. Information about rights, available self-help resources, and organizations that provide free and low-cost legal aid. Multiple languages offered.

Legal Aid-Continued 60

Texas Legal Services Center P.O. Box 41256, Austin 78704

800-622-2520 512-477-6000

www.TLSA.org

Online chat to discuss legal issues. Free legal advice, self-help publications, and referrals to Texans over the age of 60 and Texans who receive Medicare. Additional services provided by the Texas Legal Services Center:

South Central Pension Rights Program helps clients understand pension rights and claims benefits regardless of company they worked for or any type of pension.

800-443-2528

The Veteran's Legal Assistance Project (VLAP) Provides legal assistance to Veterans or spouse/dependent of veterans who have household income of below 200% of the Federal Poverty Level. **800-622-2520**

Crime Victims Legal Services Free legal advice for victims of violent crimes or federal crimes such as ID theft or human trafficking.

844-303-7233

Transactional Legal Assistance helps prepare transfers on death deeds for Texas property owners who wish to transfer their real property to heirs without the need for probate. General durable power of attorney. For Texas residents with a household income at or below 125% of the Federal Poverty Guidelines. **800-622-2520**

CPS Family Help Line: Handles child protection services calls, assistance navigating CPS issues for those without an attorney. Answers parents and caregivers' questions about CPS issues. The Family Help Line is answered by lawyers with CPS experience. Callers will receive legal information and education, but not legal advice or representation. Spanish speaking services available. Mon.-Fri., 9:00am-6:00pm. 844-888-6565

University of Houston Law Center

Legal clinic-713-743-2094 Civil clinic-713-743-2168

University of Houston Law Center, 4604 Calhoun Rd., Houston 77204

Provides first-rate pro-bono legal representation to indigent clients and communities in Harris County in the areas of law covered by the particular clinic. Must meet income guidelines. Immigration Clinic specializes in handling applications for asylum on behalf of victims of torture and persecution, in representing immigrants who have been the victims of domestic violence, human trafficking, and crime, and children and those fleeing civil war, genocide, or political repression. Civil clinic provides advice and legal services for civil issues including bankruptcy, collection, landlord-tenant, divorce, and domestic violence, administrative appeals, adoption, will drafting, guardianships, name changes and probate.

Victim/Witness Office of Harris County District Attorney

713-274-0250

1200 Congress, Houston 77002

http://App.DAO.HCTX.net

Keep victims of crimes updated on the status of their case and assist with the court process. Make referrals to needed social services. If client is a victim of violent crime who has incurred medical bills, will provide application to Victim's Compensation funds. Will accompany to court if desired and help with transportation to court through Metro. Bilingual, Mon.-Fri., 8:00am-5:00pm.

YMCA International Services

713-339-9015

6300 Westpark, #600, Houston 77057

Legal Immigration Line: 713-758-9280

www.YMCAHouston.org/YMCA-International

Social services for refugees and victims of human trafficking. Food bank on Fridays from 11am until supplies run out (open to the public).

Mental Health

Advocacy and Treatment

Bay Pointe Behavioral Health Service, Inc.

281-480-2400

13310 Beamer Rd., Suite G, Houston 77089

www.baypointebehavioral.com

Psychiatric services for children and adults. Accepts Blue Cross/Blue Shield, Tricare, and Aetna or self-pay. Mon.-Fri., 8:00am-5:00pm. Some Saturday appointments available. Telehealth services are offered.

Behavioral and Developmental Referral Center-Texas Children's Hospital

8080 N. Stadium Dr., Suite 100, Houston 77054

832-822-1900 Fax #: 832-825-9315

www.TexasChildrens.org/Refer

Refers clients to psychiatric services, psychological services or developmental services. Accepts Medicaid, CHIP, and private insurance. Monday- Friday: 8:00am- 4:00pm.

Ben Taub Psychiatric Center

Children's Outpatient: 713-873-4900

1502 Taub Loop Outpatient Children's Services: 4th Floor Psychiatric Outpatient Clinic: 713-873-5130

Outpatient Psychiatric Clinic: 2nd Floor

Hospitalization: 713-873-4925

Emergency short term hospitalization. Clinic for outpatient and after care. Diagnosis for medications. Minimum age 18.

Mental Health-Continued

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RESOURCE DIRECTORY

ChildBuilders 713-481-6555

11152 Westheimer Rd., #794, Houston 77042

www.ChildBuilders.org

Proactively prevents child abuse, victimization and violence through safety, relationship, parenting preparation and social/emotional learning programs. Training for counselors to present information to students. Serves 15 school districts in the Houston area. All services are virtual.

Continuum Integrated 713-383-0888

3003 South Loop West., Suite 475, Houston 77054

www.ContinuumIntegrated.com

Intensive individual and family therapy, psychiatric assessments, & medication management. Intensive outpatient program closed until the end of year. Group therapy. Partial hospitalization programs. Ages 2-18. Accepts some Medicaid plans, CHIP, and private insurance. All services are virtual.

The Council on Recovery

713-942-4100

303 Jackson Hill Street, Houston 77007

www.CouncilonRecovery.org

Provides information on substance abuse, mental health. Resources available in English, Spanish, and other languages. Brochures, pamphlets, handouts, bookmarks, posters and stickers free to individuals within Harris County. Counseling & parenting classes for pregnant women and women with children under 18 months. First responders can receive 2-3 free counseling sessions. Substance abuse assessments completed; client will then be placed on a wait list for services. Counseling for all ages. Medicaid, sliding scale, Medicare.

C.Y.E.G.A. Mental Health 281-936-0047

2626 South Loop West, Suite 415, Houston 77054

www.CYEGA.com

Provides case management services and psychotherapy to adults and children. Services available in-office or at home. Staff psychiatrist provides medication according to client needs. Walk-in appointments accepted, Mon.-Fri. 10:00am-4:00pm.

Cypress Creek Hospital

281-586-7600

17750 Cali Dr., Houston 77090

www.CypressCreekHospital.com

Inpatient, outpatient, and day treatment for mental health issues, substance abuse, and psychiatric services. Call admissions department for specific information. Ages 12 and older. First responders program provides psychological services to fire fighters, police, EMS, and teachers. Outpatient services provided virtually and in person.

DePelchin Children's Center (See Counseling)

Devereux Advanced Behavioral Health

800-373-0011

1150 Devereux Dr., League City 77573 (Children and Family Outreach Center)

Outreach Center: 281-335-1000

www.Devereux.org

Residential program ages 14-17. Specializes in ADHD, ADD, and behavior disorders. Autism and IDD residential program ages 12-17. Medicaid, CHIP and private insurance accepted. Advanced behavioral health- autism, IDD specialty mental health, child welfare.

Early Childhood Intervention (See Development Disabilities)

Eating Recovery Center The Woodlands

17350 St. Luke's Way, Suite 220, The Woodlands 77384

281-223-1388

866-418-7018

www.EatingRecovery.com

Provides comprehensive eating disorder care including inpatient, residential, partial hospitalization, and intensive outpatient programs for adults, adolescents, children, and families who suffer with eating or related disorders. Anxiety services. Multidisciplinary team that includes a psychiatrist, internal medicine specialist, pediatrician, therapist, dietician, and nurse. All major private insurance accepted. Some Medicaid plans accepted. No cost comprehensive assessments. Virtual is offered.

Ethos Wellness- Bellaire

832-778-6750

6750 W. Loop South, Suite 950, Bellaire 77401

https://ethoswellness.com/ethoswellness-bellaire/

Adult intensive outpatient program. Adult and adolescent individual therapy, Didactical Behavioral Therapy (DBT) skills group, and case management. Accepts United Health Care, Beacon, Aetna, Blue Cross Blue Shield and Magellan insurance. Services offered virtually and in-person. Locations at Lovett, Bellaire, Cypress and Woodlands.

Grace Behavioral Health

832-538-0265

6666 Harwin Dr., Suite 460, Houston 77036

Gracebehavioral.com

Mental health rehabilitative services and targeted case management. Skills training and development. Diagnostic assessments and treatment planning. Psychosocial rehabilitation and crisis intervention. Accepts Superior and Community Health Choice Medicaid plans.

Mental Health-Continued

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The Harris Center for Mental Health and IDD

713-970-7000

1502 Ben Taub Loop (24Hr Crisis Services: Neuropsychiatric Center)

www.theharriscenter.org

Comprehensive mental health services are provided for youth ages 3-adult. Services include mental health assessment, medication related services, case management, skills training, counseling, and crisis management. Clinical and financial screening is completed to determine eligibility. Eligibility is based on diagnosis, functional impairment. Services are also provided at schools and other community locations. Call for additional information or assistance, Monday-Friday, 7:30am-3:00pm. Mobile Crisis services are available. Walk in services are available. Telehealth services available.

Harris County Psychiatric Center - University of Texas

713-741-5000

2800 S. MacGregor Way, Houston 77021

http://HCPC.UTH.TMC.edu/

Inpatient & outpatient hospitalization for acute psychiatric care. Children, adolescent, and adult services. Walk-ins welcome. Accepts indigent patients, private insurance. 7-day average stay. Harris County residents only. Accepts clients, insured and uninsured. Inpatient only visitation Monday- Friday 5:30pm – 6:30pm, 1 visitor per patient per day. No phones allowed during visits.

The Harris School 713-526-2046

6210 Rookin St., Houston 77074

www.theharrisschool.org

A nonprofit therapeutic school for PreK – 6th grade. Focus on the educational, emotional, and social development of children in schools. Tuition based. School Year: Monday-Friday 8:30am-3:30pm. Aftercare: Monday-Thursday until 4:30pm. Summer: Monday-Friday 9:00am-2:00pm.

Houston Police Department Mental Health Division (CIT)

150 North Chenevert, Houston 77002

832-394-4200 dispatch: 713-884-3131 www.HoustonCIT.org

Houston police officers with specialized mental health training. 12 full time units. CIRT officers can respond effectively to people in mental health crisis. Houston city limits only. Homeless Outreach Team (HOT) is comprised of one sergeant, six officers, and three mental health professionals from The Harris Center for Mental Health and IDD. The team helps the homeless with the following: housing, social security cards, passports, birth certificates, shelter referrals, medical equipment, employment, bus fare, medical care, and mental health treatment. Crisis Call Diversion Program (CCD), Senior Justice Assessment Center (SJAC), Chronic Consumer Stabilization Initiative (CCSI) and Boarding Home Enforcement Unit (BHEU). Closed on weekends and City holidays.

Houston Psychological Association

713-839-0808

713-338-6422

1321 Antoine Dr., Houston 77055

www.PsychologyHouston.org

Spring Branch: 713-932-5230

www.MemorialHermann.org/Mental-Health

Meyerland: 713-723-3135

Information and locator service on licensed psychologists in the client's area.

Legacy Community Health Services

1415 California, Houston 77006

6550 Maple Ridge St., #106, Houston 77081(Maple Ridge)

4301 Garth Rd., #400, Baytown 77521 (San Jacinto Campus)

832-548-5000 TYY: 800-735-2989

www.LegacyCommunityHealth.org

Psychiatry and general medical services for all ages. Specializes in LGBTQ youth. Family planning, HIV/STD testing and treatment, eye care (exams & glasses), OBGYN, dental, pediatrics, pharmacy and primary care. Sliding scale. Accepts Medicaid, Medicare, and private insurance. Maple Ridge-pediatric and adult behavioral health, Bissonnet Clinic-behavioral health. Clients have option to be seen virtually or in-person.

Memorial Hermann Mental Health Crisis Clinic

10780 Westview Dr., Suite C, Houston 77043 (Spring Branch) Monday-Friday 12:00pm to 8:00pm and every other Saturday

4850 W. Bellfort, Houston 77035 (Meyerland)

Monday- Friday 8:00am - 4:00pm

18838 S. Memorial, Suite 106, Humble 77338

Monday- Friday 8:00am - 4:00pm

Memorial Hermann Mental Health Crisis Clinic is an outpatient mental health service provider serving individuals unable to follow up with other outpatient providers for their mental health needs. Service is provided regardless of insurance and even if the client is uninsured. Services provided by MHCC can include, but not limited to: multiple psychosocial assessments, medical history assessments, emergency medication administration, short term prescriptions, connecting clients to a more permanent medical home, outpatient psychiatric treatment, social services, safety planning, brief crisis assessment, short term follow-up, connecting clients to resources in community, providing referrals. Not designed to provide continuous outpatient follow-up for mental health needs. Walk-ins only, no scheduled appointments.

Mental Health America of Greater Houston

713-523-8963

2211 Norfolk, Suite 810, Houston 77098

www.MHAHouston.org

Mission is to promote mental health and improve the care and treatment of persons living with mental illness through education and advocacy. Public education programs and mental health curriculum. Advocacy on mental health issues.

RESOURCE DIRECTORY

Programs on aging, crisis for those needing support and referral. Veteran's behavioral health. Online mental health screenings. 8:30am – 5:00pm.

The Monarch School and Institute

2815 Rosefield Dr., Houston 77080

713-479-0800 www.MonarchSchool.org

The Monarch Institute for Neurological Differences is dedicated to empowering individuals with neurological differences to move from dependence to interdependence and make more meaningful contributions in life. Virtual services offered.

National Alliance on Mental Illness (NAMI)

9401 Southwest Fwy., Suite 1234, Houston 77074

National Helpline: 800-950-6264 Local: 713-970-4483

www.NAMIGreaterHouston.org

A non-profit, grassroots self-help, support and advocacy organization of consumers, families, professionals, and friends of people with mental illness. Peer facilitated support groups, resource library for family, friends, and consumers at metro Houston location. Free educational classes offered online.

Psychiatry of Texas

832-869-4818

13325 Hargrave Rd, Suite 240, Houston 77070

www.psychiatryoftexas.com

Psychiatric evaluation and treatment of depression, anxiety, ADHD, and addiction for youth and adults. Specializes in depression, anxiety, ADHD, bipolar, addiction, dementia, OCD, personality disorder, postpartum, PTSD, sleep order and schizophrenia. Medication management and women's wellness services offered. Services available in both individual and group settings. Medicaid and sliding scale fees.

Probate Courts #3 and #4 (Mental Health Warrant)

713-741-5000

2800 S. MacGregor Way, Houston 77021 (UT Harris County Psychiatric Center)

http://HCPC.UTH.TMC.edu/

Involuntary commitments. Anyone 18+ may request a court order for mental health services, Mon-Fri. 8am-12pm if they have personal knowledge of someone who poses a danger to self or others, or who, without treatment, will deteriorate to point of danger. When court issues a warrant, constable will take person to HCPC when a bed is available. Within 24 hours, judge will determine if protective custody should be ordered or release person pending a mental health hearing within 2 weeks while patient is observed. Applicant must be present at hearing. Call judge's office for dates and times.

Remind Depression and Bipolar Support

P.O. Box 27607, Houston 77227

713-600-1131

24 HR Hotline: 713-970-7000

www.RemindSupport.org

Free support groups for people affected by depression and bipolar disorder and their families. Suicide prevention. Also, referral and education for the community. 60 locations. Visit website or call for locations. All services are free.

UT Health John S. Dunn Center for Behavioral Sciences

713-500-1500

5615 H. Crosswell Jr. St., Houston 77021

www.go.uth.edu/dunn

Child, adolescent, adult, and senior inpatient and IOP services. Offers individualized care with treatment options and services. All physicians and psychologists are faculty at McGovern Medical School at UT Health Houston. Accepts Medicaid, Medicare, CHIP, and private insurance.

UT Medical Branch Dept. of Psychiatry and Behavioral Sciences

400 Harborside Dr., Galveston 77555

Clinic: 800-917-8906/409-772-0770

Research: 409-266-9400 Webster: 281-338-2798

www.UTMB.edu/Psychiatry

Psychiatric outpatient/research clinic provides treatment for depression, panic disorders, and other anxiety disorders. Psychotherapy and medication treatment. Accepts insurance, Medicaid, Medicare, self-pay. Telehealth services are offered; however, first session has to be in person. In-person visits available.

UT Medical School - Psychiatry & Behavioral Sciences

1941 East Rd., Ste. 2100, Houston 77054

http://MED.UTH.edu/Psychiatry/

Intake: 713-486-2700

Comprehensive psychiatric, psychological, preschool, and family evaluations. Interventions offered in Continuity of Care clinics. Referral required. Private insurance accepted. No sliding scale or Medicaid. Telehealth services are offered. Outpatient clinic.

Mental Health-Continued

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UT Physicians PATH Program

713-500-7840

6410 Fannin St., Suite 825, Houston 77030

www.UTPhysicians.com/Clinic/UT-Physicians-Path-Program

The UT Physicians PATH Program is a short-term, outpatient day treatment program for adolescents ages 9-18 with both chronic medical issues (i.e., diabetes, sickle cell anemia, chronic pain, etc.) and a co-occurring psychiatric and emotional struggles such as anxiety and depression. Clients of the PATH Program participate in individual, family, and group therapy, receive educational support services, and engage with peers in support therapy with an interdisciplinary clinical team including psychiatry, psychology, and pediatrics. Services for individual, group, and family sessions offered virtually.

West Oaks Hospital

713-995-0909 Admissions: 713-778-5250

6500 Hornwood, Houston 77074

www.WestOaksHospital.com

Inpatient, outpatient, and day treatment for mental health issues and substance abuse. Children's services for ages 5-12, and adolescents, ages 13-17. Also, adult program. 4 outpatient clinics in Houston, Katy and Friendswood. Medicaid, CHIP and private insurance accepted.

<u>Day Treatment</u>

Cypress Creek Chemical Dependency Intensive Outpatient Program

281-586-7600

17750 Cali. Houston 77090

www.CypressCreekHospital.com

Ages 18 and older. Group therapy Mon-Thurs, relapse prevention and chemical dependency education. Programs offered include Partial Hospitalization Programs (PHP), Intensive Outpatient Programs (IOP), Chemical Dependency Program (CD-IOP), After Care, 12-Step Immersion Program, and Electroconvulsive Therapy (ECT).

Cypress Creek Hospital

281-586-7600

17750 Cali Drive, Houston 77090

http://CypressCreekHospital.com/

Adolescent program 8:30am-2:30pm, Mon.-Fri. for 2 weeks. Ages 12-17. Individual, family and group therapy, and mental health program. Behavioral health. Outpatient services are only being provided virtually.

The Monarch School and Institute

713-479-0800

2815 Rosefield Dr., Houston 77080

www.MonarchSchool.org

The Monarch School is dedicated to providing an innovative, therapeutic education for individuals with neurological differences-such as those associated with Autism Spectrum Disorder, Attention Deficit Hyperactivity Disorder, learning disabilities, Tourette syndrome, mood disorders, anxiety disorders, traumatic brain injury and seizure disorders.

New Dimensions Day Treatment Center

281-333-2284

1345 Space Park Drive, Suites B & C, Houston 77058

www.NewDimensionsDayHospital.com

Intensive outpatient and partial day hospitalization for adolescents ages 13-18, and adults ages 18 and over. Also offers substance abuse treatment. Mon., Tues., Thurs. 9:30am-3:30pm. Substance abuse program 5:45pm-8:45pm. Locations in Woodlands, Clearlake and Katy. No cost assessments for admission. Appointments can be made online.

Psychiatric Hospitalization

Austin State Hospital

4110 Guadalupe, Austin 78751

Admissions: 512-452-0381 www.DSHS.gov/MHHospitals/AustinSH

Coed, children's psychiatric unit ages 4 –13. Adolescent unit ages 13 – 17. Accepts sliding scale, insurance, Medicaid, CHIP. Clients must have been seen through the local mental health authority to be accepted into the facility.

Ben Taub Hospital 713-873-2000

1504 Ben Taub Loop, Houston 77030

www.HarrisHealth.org

One ward for 72-hour diagnosis for patient in crisis in the Neuropsychiatric Center (not in Ben Taub proper). Emergency center 1 visitor from 10:00am - 8:00pm. Inpatient 2 visitors from 10:00am - 8:00pm.

Cypress Creek Hospital

281-586-7600

17750 Cali Dr., Houston, 77090

www.CypressCreekHospital.com

Inpatient for adolescents, ages 13-17; adults 18 and over. Family participation through therapy. Intensive outpatient services. Chemical dependency. Behavioral health. Outpatient services are being offered virtually and in person.

Harris County Psychiatric Center-University of Texas

2800 South MacGregor Way, Houston 77021

713-741-5000 Intake: 713-970-7070

www.HCPC.UTH.edu

Inpatient care for children ages 3-12, adolescents ages 13-17. Adults age 18 and over.

Houston Behavioral Healthcare Hospital

2801 Gessner Rd., Houston 77080

832-834-7710

www.HoustonBehavioralHealth.com Inpatient and outpatient psychiatric and chemical dependency programs for adolescents ages 13-17, adults and senior adults. Provides no cost assessment 24/7. Hospital and acute care open 5:00pm-7:00pm. Medication management.

Telehealth for clients 13 and older. No visitors allowed at this time.

Kingwood Pines Hospital

281-404-1001

2001 Ladbrook Dr., Kingwood 77339

www.KingwoodPines.com

Inpatient only for children and adolescents, ages 5-17yrs. Adults 18 and over. Family participation through therapy, parent training, family psychodrama, and recreational therapy/leisure education. Outpatient services for adolescents and adults.

St. Joseph's Hospital Behavioral Health Services

713-757-7512

1404 St. Joseph Parkway, Houston 77002

www.SJMCTX.com/Services/Behavioral-Health

Coed, 18+ (cannot be enrolled in high school). Mild to severe problems. Short term hospitalization if needed. Adult patients (at least 18 years old). Individual, group and family therapies (young adults, adults, caregiver support and training). Psychiatric consultations on a weekly basis. Assistance with medication management. After hours crisis services through hospital's intake department at 713-757-7512, 24 hours a day, 7 days a week. Patients must be ambulatory, wanting treatment and willing to abide by program rules. Transportation available.

Sun Behavioral Houston

713-796-2273

7601 Fannin St., Houston 77054

www.SunHouston.com

In-patient psychiatric and substance abuse treatment. Serves adults, adolescents, and children. Free 24-hour assessment. Provides evidence-based therapies, recreational therapy, nutritional consultations, distinct specialized programming, solution-focused group therapy, multi-disciplinary therapeutic approach, therapeutic family involvement, faith based programs, specialized unit for women. Outpatient services are offered virtually.

Texas Children's Hospital Psychology Services

832-822-3700

6701 Fannin.16th Floor, Houston 77030

www.TexasChildrens.org/CareCenters/PsychologyService.aspx

Counseling and psychiatric services including pediatric psychology, pediatric neuropsychology, Autism, trauma and grief center, OCD, and anxiety disorders program. Accepts most health insurance plans.

West Oaks Hospital

713-995-0909

6500 Hornwood, Houston 77074

www.WestOaksHospital.com

160 bed psychiatric hospital for adults, adolescents, and children. Acute and extended care available. Provide inpatient/outpatient psychiatric and substance abuse treatment for children and adolescents. Three outpatient centers and Intensive Outpatient Substance Abuse Program. Medicaid. Ages 6-20.

Parent Education

General Parenting Classes

The Ark Group, Inc.

713-471-8922

888-ARK-0744

20515 SH 249, Suite CB127, Houston 77070

www.TheArkGroup.org

ARK program (Adults Relating to Kids) for parents, teachers, and other caregivers. Classes for divorcing parents. Program for adults to help children with self-esteem and everyday experiences, & anger management.

ARK for parents (parenting classes), CPS approved. All classes are offered virtually. Small groups are available upon request.

Mayor's Office of Gang Prevention and Intervention

832-393-0931

900 Bagby, Houston 77002

www.houstontx.gov/mogpi

Free sessions in English and Spanish for youth and parents designed to support active parental involvement, increase awareness, and strengthen communication skills. Provides case management, gang and delinquency intervention.

Collaborative for Children

713-600-1100

1111 North Loop West, Suite 600, Houston 77008

www.CollabForChildren.org

Non-profit agency that assists childcare centers in greater Houston to better the outcome of children in their daycares by enrolling the children in resource centers, assisting the daycare with better business practices, and bringing in mentors. Also works with parents to support in home activities with their children. Database that helps families find available childcare in their area. Services are free.

RESOURCE DIRECTORY

DePelchin Children's Center

4950 Memorial Dr., Houston 77007

713-730-2335

Parenting Help: 713-802-7777 www.Depelchin.org

Triple P: Positive Parenting Program-provides one-on-one in-home parenting support.

STEP (Systematic Training for Effective Parenting)-provides group parenting classes in various locations in the community (upon request).

Fatherhood Programs-Serves fathers and father figures who have a child between ages 0-24. Several training options available. Group classes for dads or father figures-topics include family history, discipline, children's growth, showing and handling feelings, and getting involved. Group classes for co-parents, 8- or 16-week group program that addresses the parenting relationship. Topics include parent/child relationships, couple/co-parenting relationships, parenting styles, communication, and more. Self-paced program, online only. Guides a father through 15 topics. Gift card incentive for completion of the self-paced program.

General Parenting Classes (Spanish)

AVANCE 713-812-0033

4281 Dacoma, Houston 77092 (various locations)

www.AVANCEHouston.org

Free parenting education program, including GED in Spanish, ESL, healthy marriage, and parenting classes. Programs in English and Spanish. Fatherhood group. Call for schedule at different locations.

Specialized Parenting Classes & Support

Baker-Ripley (Formerly Neighborhood Centers, Inc.)

713-669-5200 713-944-9186

713-315-6400

713-942-4100

www.BakerRipley.org

Check website for locations. NCI provides a center-based youth development program for children and youth ages 5-16. Also provides children with experiences needed to prepare them for lifelong learning, arriving at school ready to learn. If qualified, daycare provided for qualifying applicants. Head Start and Early Head Start provided in Harris and Ft. Bend Counties. Free early childhood education for children 0-5 years old. Fatherhood enrichment activities, parenting classes and support groups offered to parents of children enrolled. Children with disabilities are supported by specialized staff. Virtual programming, call to verify services being offered.

Community Family Center

713-923-2316

7524 Ave. E, Houston 77012

www.CommunityFamilyCenters.org

Provides GED programs virtually, ESL classes, college prep program for HISD (east-side) students. Youth services provided at school. Food assistance-call in advance for food distribution schedule, call to register for food pantry, serves zip codes 77011, 12, 13, 15, 17, 23, 29, 87, 547, 536, 530 must have proof of address, income, child's SSN, \$5 processing fee, Tuesday and Thursday 9:30am- 12:30pm, Childcare, early education under Family Support Programs, and English classes. Substance abuse, teen pregnancy, and tobacco awareness classes.

The Council on Recovery - Houston

303 Jackson Hill, Houston 77007 (call for locations/schedule).

Intake: 713-914-0556 www.CouncilOnRecovery.org

Cradles Project - parenting classes with emphasis on caretakers who have experienced drug/alcohol abuse. 11/2 hour sessions for 10 weeks. 2-3 free counseling sessions for first responders. For all services, an assessment will be completed. Clients will then be placed on a waitlist for services. Outpatient services offered.

Covenant House 713-523-2231

3412 Beulah St., Houston 77004

www.CovenantHouseTX.org

Emergency shelter for young adults 18-20. Parenting classes for residents with infant/preschoolers.

Pregnancy

Confirmation

Baylor Teen Health Clinics (See Health Related Services)

Birthright 24 hr. Hotline: 800-550-4900

1200 Blalock, #104, 77055 713-465-4058

www.BirthRight.org

Pro-Life agency. Assists with application for Medicaid and obtaining other resources. Referrals to maternity homes. Free pregnancy testing. Mon.-Fri. 10:00am-1:00pm, every other Sat. 10:00am-1:00pm.

67 Pregnancy-Continued

Community Pregnancy Center of Pasadena

4230 Vista, Pasadena 77504

Text: 832-275-9461 www.CPCPasadena.org

Free pregnancy verification and test confirmation for Medicaid approval once a month, Mon-Thurs hours vary. Must have identification. "Points to Success" class every 3rd Thursday of the month 6:00pm-7:30pm: opportunity to earn vouchers or points towards purchase of baby necessities. Call to schedule evening appointments.

Inspira Resource Center

281-482-5683

713-944-1730

347-B East Parkwood Ave., (Hwy 528), Friendswood 77546

www.inspiraresourcecenter.com

Free pregnancy testing, education, and peer counseling regarding options. Referrals for free limited ultrasound, anyone that can drive to them, no restrictions, assistance with supplies, adoption agency referrals, childbirth and parenting information, life-skills classes, post-abortion support. "Baby Bucks" can be earned to spend in store for baby items. Free car seat when available. Reaching Up parenting classes. Mon.-Thurs., 10:00am-4:00pm. Tues and Thurs evening appointments available from 6:00pm-7:00pm.

Planned Parenthood

4600 Gulf Freeway, 77023 (Family Planning & Teen Clinic) 9919 N. Fwy, Suite 107, 77037 4747 Louetta Rd, 77388 5800 Bellaire, Bldg. 1B, Suite 120, 77081 13169 NW Freeway, Suite 115, 77040

Clinic Locator: 1-800-230-PLAN Gulf Freeway: 713-522-3976

N. Freeway: 713-514-1106 Louetta: 713-514-1102 Bellaire: 713-541-5372 NW. Freeway: 713-514-1107

www.PlannedParenthood.org

Clinic for abnormal pap smears, cervical abnormalities, STD testing. Accepts Medicaid. Bellaire location conducts pregnancy tests.

Pregnancy Help Center of West Houston

281-578-0078

1450 East Summitry Circle, Katy 77449

www.info@PHCKaty.org

Crisis pregnancy counseling; pre-adoption. Free pregnancy testing. Free proof of life ultrasound. Pregnancy and parenting classes. Serving all zip codes.

Pregnancy Resource Center - East

281-427-2273

1610 James Bowie Dr., #B-108

Free and confidential pregnancy tests with follow-up counseling, information on adoption, pre-abortion counseling and ultrasound, parenting classes, maternity and baby clothes and supplies. HOPE program serves moms and infant to 1 year old – can earn vouchers to use in HOPE program store. Serving all zip codes.

Suburban Women's Clinic

281-440-1796 713-526-6500

3101 Richmond Ave., Suite 250, Houston 77098

www.houstonwomencosmetics.com

Birth control and other GYN services. \$25 for urine test. Accept insurance. Also provides adoption information. Serving all zip codes.

The Source for Women of Houston

10023 S. Main St., #C-8, Houston 77025 8153 Long Point Rd., Houston 77055 713-780-0030 713-637-4141

www.TheSource.org

Pro-life: provides information, counseling and pregnancy testing. Confidential. Teen's welcome. Can provide ultrasound for those qualified. Parenting and childbirth classes, assists with maternity clothing and supplies. Must have an appointment. Prenatal classes in Spanish. STD testing at Long Point location, counseling, money management, and pregnancy classes. No fee. Main Street: Mon.-Thurs. 9:30am-4:30pm, Fri. 9:30am-3:00pm, Long Point: Mon., Tues., Wed., Fri. 10:00am-4:00pm, Thurs. 10:00am-6:30pm.

Women's Medical Center

17070 Red Oak, #509, 77090 3101 Richmond Ave., 77098 Red Oak: 281-440-1796 Richmond Ave.: 713-526-6500

www.SuburbanWomensClinic.com

Mon.-Fri., 8:00am-3:00pm free pregnancy testing. \$40 for blood work. Gynecology services only at Richmond location. Appointment only. Red Oak hours: Mon.-Fri.: 7:00am-3:00pm.

Programme Continued

Maternity Homes with Teen Pregnant Services

Aim Adoptions

2034 Pinewoods Way, Spring 77386

24 hr. 833-821-6508

www.AIMAdoptions.org

281-821-6508

Emergency, 24-hour, comprehensive child placing services with availability of transportation and housing for pregnant women or young parents unable to continue parenting. Respite housing, medical and dental care, Counseling 24 hours. No pressure to release. May meet adoptive parents and have them present at birth if so desired. Non-profit, non-sectarian Christian. Bilingual.

Arms Wide 713-681-6991 800-460-6298

6925 Port West Dr., Suite 110, Houston 77024

www.ArmsWide.org

Post-adoption services. Foster to Adopt. Adoption services. Foster care. Post permanency services. Kinship services (It takes a Village).

CareNet Pregnancy Center of Houston

281-444-8554

14530 Wunderlich Dr., Suite 150, Houston 77069 (Champions)

832-653-6494

12311 Queenston Blvd., Houston 77095 (Cypress)

www.HoustonPregnancy.com

Serves youth and adults in Northwest Harris County, including Spring, Klein, and Cy-Fair school districts. Offers pregnancy testing, ultrasound imaging, adoption referrals, maternity closet, community referrals, classes on pregnancy, baby care, and life skills. Can earn credits toward redemption for diapers, cribs, etc. Mon.-Thurs.10:00am-5:00pm. Evening appointments Tues. and Thurs. 6:00pm-8:00pm. No fee.

Covenant House 713-523-2231

1111 Lovett Blvd., Houston 77006

www.CovenantHouseTX.org

Emergency shelter for pregnant teens and young adults ages 18-24. Will accept client and her other children as well. Health care provided. "Preparation for Parenthood" classes available. Assistance in obtaining food stamps and Gold Card. Substance abuse/mental health counseling.

Gladney Center for Adoption

817-922-6000

6300 John Rvan Dr., Ft. Worth 76132 16903 Red Oak Dr., #203, Houston 77095 800-452-3639

713-665-1212

www.AdoptionsByGladney.com

Adoption planning, medical care, and counseling in home or at agency residence in Ft. Worth. All options explored. No cost to birth mothers who release child. Can relinquish later. May help choose adoptive parents and can meet them. May send a letter and picture. To talk with a counselor call: 1-800-GLADNEY.

LifeHouse 713-623-2120

P.O. Box 27127, Houston 77227

www.LifeHouseHouston.org

Housing services for up to 12 pregnant teens, ages 12 and older. Residents receive educational, spiritual, and emotional support. Counseling provided to young women and their families. Prenatal and birth medical services are coordinated through local hospitals. After care home, the mother can apply to live up to 14 months after the baby is born, must be working and educated. Classes include childbirth, parenting, budgeting, etc. All services are free of charge.

Pregnancy Help Center

800-974-3622

327 Garland Dr., Lake Jackson 77566

979-297-3622

www.PregnancyHelpCenter.org

Free pregnancy testing, ultrasound for expecting parents, maternity and baby clothes and supplies, counseling as needed. CPS approved parenting classes and car seat classes with free car seat. Counselors are not certified. HOPE classes for expecting mom and dads. Serving all zip codes.

Presbyterian Children's Homes and Services

713-522-2800 800-888-1904

7880 San Felipe St., Ste. 111, Houston 77063

www.PCHAS.org

Supervised foster care placement for pregnant girls. No fee to mother if child is released for adoption. Medical care and counseling provided. Open adoption.

Providence Place

844-546-8697 210-696-2410

6487 Whitby Rd., San Antonio 78240

www.ProvPlace.org

Primarily adoptive placement for infants and older children available. Open adoption. Licensed agency in operation for over 100 years. Medical and legal expenses paid. Survivors for domestic violence and trafficking. Living for children in foster care. Program for homeless youth. Serving all zip codes.

Pregnancy-Continued

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Support Services for Pregnant Teens

Archdiocese of Galveston-Houston

1700 San Jacinto, Houston 77002

713-659-5461 **Gabriel Project: 713-225-5826**

www.ARCHGH.org

Services to help women and teens in a crisis pregnancy situation. Gabriel Project is part of Archdiocese of Galveston-Houston. For Gabriel Project services, expectant mother must call 713-225-5826 while they are pregnant. Gabriel Project will pair client with a church in their area that will provide services. Network of 48 churches in Harris County area.

800-550-4900 **Birthright**

www.BirthRight.org

Pro-Life group. Assists with application for Medicaid and obtaining other resources. Referrals to maternity homes. Maternity and baby clothes. Guidance and support. No appointment needed. No fee.

> 1200 Blalock, #104, 77055 Mon., Wed., Fri., Sat. 10:00am-1:00pm 713-465-4058

> 1502 First St., Ste. F, Humble 77338 Mon.-Thurs. 9:30am-3:30pm: Fri. 9:30am-281-540-1123

> > 12:30pm

1st Sat. of every month 10:00am-12:00pm

Catholic Charities-Blessed Beginning Life Center

2615 Fannin St., Houston 77002

713-526-4611

713-874-6760

www.CatholicCharities.org

Monday-Friday, 8:00am-5:00pm. Provides free parenting and pre-natal classes for pregnant women and families with children under the age of five. Post-adoption counseling services. Family and individual counseling. Free pregnancy test. Helps provide diapers based on individual need. Bilingual staff.

Fifth Ward Pregnancy Help Center

743 Shotwell St., Houston 77020 (at East Freeway)

713-942-2100

www.FifthWard.org

Free pregnancy testing/confirmations. Information on options: parenting, adoption, abortion. Community resource referrals. Childbirth classes. Proof of pregnancy forms. Outreach worker on site. Appointment preferred. No fee. Parenting classes available. Call location for hours. Walk-ins welcome.

Life Houston 713-428-2065

2002 S. Wayside, Houston 77023

www.LifeHouston.org

Emergency assistance. Provides free infant formula/baby food on a temporary and emergency basis for babies 0-12 months. Require documentation of infant's name/date of birth. Assistance provided up to a total of 12 visits, Medically necessary formula requires a note from a doctor or WIC. Bilingual language line available. Call for information or check website for locations. Postal code of the client needed. Serving all zip codes.

Life Line (LifeHouse) 713-623-2120

www.LifeHouseHouston.org

Support groups, counseling, parenting and life skills, workshops on healthy relationships, money management, computer skills, job preparation, tutoring, mentor support, referrals, teen mom nights. Serves ages 12-50 years old. All services free of charge. Program of Life House.

Nurse Family Partnership Program

8111 Lawn, Houston 77088 6330 W. Loop South, Bellaire 77401 9314 Cullen Blvd., Houston 77033 6719 W. Montgomery Rd., Houston 77091

Lawn: 713-876-5652 Bellaire: 832-828-1273 Cullen Blvd.: 832-395-0006

Montgomery Rd: 832-393-4110 www.NurseFamilyPartnership.org

Visits first time mothers in their homes until child is 2 years old. Empower mothers to become confident parents and strong women. Serves families in most of Harris County. Will hire nurses based on needs. Nurses in the areas of Katy, Cypress, Galveston and the Inner Loop. Families from contiguous counties will be considered on a case-by-case basis.

Planned Parenthood 713-535-2400 4600 Gulf Freeway, Houston 77023 Admin: 713-522-3976

www.PlannedParenthood.org

Sexuality education for all ages. Speaker's bureau (allow two weeks for speaking requests). Medicaid assistance. Pregnancy tests, pill refills, women's healthcare.

Pregnancy Help Center of West Houston

281-578-0078

1450 E. Summitry Circle, Katy 77449

www.PHCKaty.org

Pro-Life group. Free pregnancy tests. Ultrasounds upon nurse's discretion. Emotional support, education on development and abortion procedures, post-abortion and adoption counseling, maternity and infant clothing and supplies. Referral for community services. Mon. 9:00am-5:00pm, Tues. 12:00pm-8:00pm, Wed. 9:00am-5:00pm and Thurs. 9:00am-12:00pm.

70 Pregnancy-Continued

WIC Appointments: 832-393-5427

Women, Infants, & Children (WIC)-Call Center

8000 Stadium Drive, Houston 77054

Free nutritious foods and nutrition information for pregnant and breast-feeding women; children under 5 at time of 1st time appointment. Monday – Friday 8:00am-5:00pm. Services in Spanish available. Contact local Health Department for nearest location.

Residential Care

Texas Network for Children is a resource that assists in locating placements for children in the state of Texas. They have an Internet website that contains information on over 350 providers and is updated weekly. www.YFT.org

Basic Care Facilities

AAMA House The Association for The Advancement of Mexican Americans

713-967-6700

6001 Gulf Freeway, Building C-3, Houston 77023

www.AAMA.org

Outpatient services for adults. GED, bank teller certification classes, ESL classes. Call for program information and schedules.

ACH Child and Family Services

817-335-4673 888-296-8099

3712 Wichita St., Fort Worth 76119

www.ACHServices.org

Therapeutic residential services for children, ages 4-12, in CPS custody with moderate to severe behavior problems. Group Homes. Offers Summit Program for crisis respite, ages 10-17. Beacon Health Insurance required for Summit Program. Youth Shelter 10-17, Foster care, transitional living for youth. Prefer Dallas/Ft. Worth clients. Sliding scale.

Amarillo Children's Home (formerly Presbyterian Home for Children)

806-352-5771

3400 S. Bowie, Amarillo 79109

www.AmarilloChildrensHome.org

56 coed, ages 5-20. 7 group homes with family teachers, up to 8 children in each home. Residents attend public school. Counseling available. Basic life skills for children ages 5-10. Sliding scale. Primarily serves CPS children and youth on probation.

Arms of Hope 903-224-4900

7065 Love, Quinlan 75474

www.ArmsOfHope.org

1704 Webber St., Houston 77007 (outreach center)

Residential care. Residential program for single mothers. Counseling and life skills for single mothers. Individual and family counseling. Preparation for independent living program. Private placement. GED and college preparation. College and career program for 18 and older.

BCFS Health and Human Services

210-832-5000

1506 Bexar Crossing, San Antonio 78332

800-830-2246 www.BCFS.net

Serving foster care youth, juvenile offenders and other at-risk youth. Case management and counseling. Transitional housing. Email: info@BCFC.net

Bluebonnet Youth Ranch

361-293-3546

361-741-6092

4652 Hwy 77A, Yoakum 77995

www.byrtx.org

30 coed, ages 0-14. Accepts dependent and abused/neglected children. Moderate behavior problems, no specialized care. Cottage setting. Must have IQ of 70+; below 70 will be considered on a case by case basis. Sliding scale.

Boys and Girls Country of Houston Inc.

281-351-4976 Intake: 281-290-1270

18806 Roberts Rd., Hockley 77447

www.BoysAndGirlsCountry.org

48 boys, 40 girls, ages 5-18. Variety of programs on site. Public school for K-12 in Waller ISD. Residents live on campus in cottages with trained teaching parents. Sliding scale fee. Harris and surrounding counties.

Boys' Haven of America, Inc.

409-866-2400

3655 N. Major Dr., Beaumont 77713

www.BoysHaven.com

36 boys, ages 5-17. Dependent, neglected, pre-delinquent youth. Attend public school. CPS or Juvenile Probation placement only.

RESOURCE DIRECTORY

Boys Ranch 800-687-3722

600 SW 11th, Amarillo 79101

www.CalFarlev.org

On site school with vocational training. Youth requiring long term behavior modification program in an affectionate but structured setting. Recommended minimum stay of 1 year. Boys Ranch is coed. Ages 5 -18 years old. No fee.

Boysville, Inc. 210-659-1901

8555 E. Loop 1604 North, Converse 78109

www.BoysvilleTexas.org

P.O .Box 369, Converse 78109

Residential facility/emergency shelter 0-18 years old. Foster care placement and independent transitional program for 18-22 years old.

Bridgeway Shelter (Yes to Youth)

4501 N. Frazier, Conroe 77303 8701 New Trails, Suite 118, Woodlands 77381 Conroe: 936-756-8682 Magnolia: 281-259-0440 Woodlands: 281-292-6471

Crisis Line: 888-756-8682 www.savvestovouth.org

Co-ed, short term community placement of 90 days for youth 10-17. Small home setting designed to teach independent living skills. Must be in foster care and also offers community placement. Length of stay cannot exceed 90 days. Individual and family counseling.

Casa de la Esperanza de Los Niños

713-529-0639

2911 Corder St., Bldg. A, Houston 77054

www.CasaHope.org

Free, voluntary care for children up to age 6 at time of admission, whose families are in crisis which might lead to abuse. Temporary housing for child and counseling for parent is offered. Also care for HIV+ children. Volunteers and aides staff 14 houses for 3-6 children around the clock, providing a home like atmosphere. Testing and therapy for developmentally delayed, birth to 6 years.

The Center for Success and Independence

713-426-4545

3722 Pinemont, Houston 77018

www.TCSI.org

44 bed co-ed residential facility for children ages 12-17 experiencing behavioral, substance and emotional problems. Average length of stay is 30-90 days. Substance abuse treatment services. Accepts private insurance and Medicaid. Self-pay.

Cherokee Home for Children

325-622-4201

P.O. Box 295, Cherokee 76832

800-689-3292

www.CHC4Kids.org

32 coed, cottage setting. Ages 2-17. Counseling available. No fee for services. Private placement, CPS placements, and juvenile probation placements. Attend local schools.

Children's Home of Lubbock

806-762-0481

PO Box 2824, Lubbock 79408

www.ChildsHome.org

Mon.-Fri., 8:00am-5:00pm; closed 12:00pm-1:00pm. 50 children, ages 5-18. Basic care, foster home, and foster group homes. Psychological counseling, public school, tutoring. Primarily dependent and neglected in voluntary placement. State rate from agencies. Minimum cost for low-income families. Prefer children within 200 miles of Lubbock.

Christ's Haven for Children

817-431-1544

4200 Keller-Haslet Rd., Keller 76244

www.ChristsHaven.org

40 boys and girls, ages 0-18. Casework with families and counseling. Children receive medical and dental care, counseling, and tutoring as needed. Public schools. Prefer children from the Dallas/Ft. Worth area. Attend local schools.

Concho Valley Home for Girls

325-655-3821

412 Preusser St., PO Box 3772, San Angelo 76902

www.ConchoKids.org

Foster group home for girls ages 14 and up. Children's emergency shelter serves males and females from newborn to 17 years old. Transition Center provides support to current and former foster children ages 16-26 male/female, nonresidential. Psychological evaluation required for placement. Interviews conducted before acceptance. Serves Region 9. Sliding scale.

Covenant House (See Rights of Passage)

713-523-2231

DePelchin Children's Center

713-730-2335 713-802-6342

4950 Memorial Dr., Houston 77007

www.Depelchin.org

Provides 24-hour care and temporary residence for children ages 5-12 years. Located in Richmond, TX. Transitioning to Adulthood through Guidance and Support (TAGS) Program provides a safe and stable environment for homeless young adults ages 18-22 who have aged out of the child welfare system. To be eligible for services, youths must have aged out

of the child welfare system and have gone through the PAL program. DePelchin will provide shelter for eligible youths along with promoting personal growth through life skills classes and case management. Not an emergency care facility.

Girls' Haven 409-832-6223

3380 Fannin, Beaumont 77701

www.GirlsHavenInc.org

Group foster home for females ages 6-17. CPS placements. House parents provide structure and supervision. Accept referrals from parents. Child must want to be placed at the home. Psychiatric evaluation required.

Gulf Coast Trades Center 936-344-6677

143 Forest Service Rd., # 233, New Waverly 77358

www.GCTC.us

For boys 15-18. All youth must be court-ordered or CPS. Vocational training school and residence. Counseling and testing available. GED certified. Substance abuse component. Anger Management. After Care & independent living skills training. Mostly TYC, Juvenile Probation and TDFPS.

Hendrick Home for Children

325-692-0112

2758 Jeanette St., Abilene 79602-5899

800-777-0219

Mailing address: P.O. Box 5195, Abilene 79608-5195

www.HendrickHome.com

100 coed, ages 5–15. Counseling, public school, and other resources as needed. Ninety-day probation period for the child, and the Home determines if placement is in the best interest of the child.

High Plains Children's Home

806-622-2272

11461 Southwestern St., Amarillo 79118

www.HPCH.org

Coed, ages 2-18 in CPS custody. Basic care group foster homes. Public schools. Sliding scale. Some scholarships. Families out of area will be considered on a case-by-case basis.

Hill Country Youth Ranch

PO Box 67, Ingram 78025

Main: 830-367-2131 Tours: 830-367-6131

www.Youth-Ranch.org

Three ranches West and Northwest of San Antonio. Coed, ages 4-18. Continuum of care for all service levels. Residential treatment and foster care in program-enriched environment including performing and graphic arts, agriculture, and therapeutic recreation. Broad array of living arrangements from psychiatric unit to family housing. Charter school for grades K-12. Accepts admissions from across the U.S.

Houston Achievement Place

713-868-1943

245 W. 17th, Houston 77008

www.HAPKids.org

Foster care homes by certified sponsors for ages 2-17. Focus on skill development. CPS custody only.

Job Corps Information: 800-733-5627

Houston Admissions Center: 832-404-2880

www.JobCorps.gov

Free educational and training program that helps youth learn a career, earn a high school diploma or GED, and find and keep a good job. Birth certificate, social security card, picture ID, high school transcript, and shot record needed. Coed. Parents must be within low-income level unless applicant lives independently. Students are given spending money and put on savings plan.

Lee and Beulah Moor Children's Home

915-544-8777

1100 East Cliff Drive, El Paso 79902

www.LeeMoor.org

56 coed, ages 6-18. Foster and group home care. Unwed mothers and aftercare. Counseling, public school, tutoring. Residents are from county and surrounding areas. Voluntary program. Sliding scale. Adoption services.

Methodist Children's Home

5005 Mitchelldale, Suite 119, Houston 77092

Houston: 713-682-8911 Admission: 800-964-9226 www.MCH.org

Main Campus: 180 children ages 12-18.

Structured program serves children ages 12-17. Provides more intensive supervision and structure for adolescent youth who attend the MCH School. Grades 6-12.

Basic Care Program: Serves children ages 12-18. Children attend Waco Public schools.

Boys Ranch: Offers residential care to 50 boys ages 12-18. Pre-delinquent and delinquent boys displaying moderate to severe problems in their academic settings. True working ranch located in Axtell, Texas. **Outreach Offices**: Families in crisis find support and counseling they need to stay together and function in a healthy way through the outreach offices in Lubbock, Dallas, Houston, Albuquerque, San Antonio, Tyler, Waco, El Paso, Corpus Christi, Abilene, Bryan, Coleen, San Antonio, and Lubbock.

Foster Care Program: places children ages 0-17 whose families are experiencing a crisis situation: homelessness, incarceration, hospitalization, financial difficulties, young immature parents, step-parent conflicts, etc. Offers case management, kinship/relative placement, and parenting. Houston office.

Miracle Farm 979-836-0901

10802 FM 2621, Brenham 77833

www.MiracleFarm.org

Residential program for 7th-12th grade boys in a ranch setting. School on campus. 18 months average length of stay. Volunteer placement for at risk teenage boys. Serves statewide.

Pleasant Hills Children's Home

903-389-2641

PO Box 1177, Fairfield 75840

www.PleasantHillsChildrensHome.org

Christian coed program for 48 children, ages 0-18. Four country cottages on ranch land. Long term residential care for dependent and neglected children. Basic and voluntary care. Local public schools. Sliding scale.

Presbyterian Children's Homes and Services

512-476-1234

Central Office: 5920 W. William Cannon Dr., Bldg. 3, Suite 100, Austin 78749

800-888-1904

713-723-3976

www.PCHAS.org

Ages 5-17. Dependent and neglected youth, CHINS, status offenders, and referrals from parents. Counseling, public schools, semi-rural cottages.

<u>Itasca – Homes for foster care. Ages 5-18.</u>

San Antonio – single parent families. 16 homes. No fee.

Houston- single parent families 6 month-1 year stay, child and family, counseling in-home services

Rights of Passage-Covenant House

1111 Lovett Blvd., Houston 77006

713-523-2231

Intake: x5601

www.CovenantHouseTx.org

Transitional living for men and women 18-24. Up to 18-month stay, designed to teach independent living skills. Separate housing with advisor on site. Must have completed GED or HS or working toward these goals and/or be employed. Drug free or in treatment. Services include vocational guidance, education support, computer training, health care, individual and group counseling, life skills classes, and mentors. 50% of earnings deposited in bank account.

Sacred Heart Children's Home

956-723-3343

3310 South Zapata Highway, Laredo 78046

80 capacity coed, boys ages 5-10, girls ages 5-17. Basic care and long term, counseling available, public schools and some Catholic schools. Remedial programs. Sliding scale. Spanish speaking. Initial screening completed by phone.

South Texas Children's Home Ministries

361-375-2101

P.O. Box 759, Beeville 78104-0759

www.STCHM.org

Coed, ages 0-17. Rural cottages, basic care, public schools. No fee. Application can be found on agency website.

Sunny Glen Children's Home

956-399-5356

2385 W. Expressway 83, San Benito 78586

www.SunnyGlen.org

32 beds. Coed, ages 0-17. Cottage setting. Psychologist in community. Public school with variety of educational opportunities. Counseling and development programs, TBRI care program. Sliding scale. Some scholarships.

Texas Baptist Children's Home

512-255-3682

1101 N. Mays St., Round Rock 78664

www.TBCH.org

Family care program transitional housing for single moms and children. Moms must be 18 years old or older. Children 17 years and under.

RESOURCE DIRECTORY

West Texas Boy's Ranch

10223 Boys Ranch Road, San Angelo 76904

325-949-1936 Admissions: 800-756-9827

www.WTBR.org

39 boys, ages 11-17. Counseling and public school. Working ranch for homeless, basic care facility, pre-delinquent. No set fee. Accepts boys in Texas and the four bordering states., Arkansas, Louisiana, New Mexico and Oklahoma. Supported by donations.

Youth Reach Houston 281-459-4555

P.O. Box 9631, Houston 77213

www.YRHouston.org

Licensed Christian foster group home in NE Harris County for boys 12-17. Accepts court involved, substance abusers, and at-risk youth. Youth are placed by a parent, legal guardian, or managing conservator. Phone interview and personal interview must be completed before admission. No fee.

Emergency Shelters

The Children's Center 409-765-5212

PO Box 2600, Galveston 77550

24 Hr. crisis line: 844-763-8861

www.TheChildrensCenterInc.org

Runaway and homeless youth programs, shelters for families and youth. Transitional living program for youth.

Covenant House 713-523-2231

1111 Lovett Blvd. Houston 77006

www.CovenantHouseTx.org

90 beds, coed, voluntary shelter offering food, clothing, health care, legal assistance and counseling to homeless and runaway youth. Licensed for ages 18-20. Accepts teen mothers with babies. Pregnant girls accepted. GED program, job training. Street outreach by a van. Walk-in services for cleaning up, medical, and case management. Does not provide "breaks" for families or take youth out of their homes but does provide counseling. No fee.

Nancy and Rich Kinder Emergency Shelter (Formerly CRC)

832-927-6380

Residential Treatment

Azleway Boy's Ranch 15892 CR 26, Tyler 75707 24 Hr. : 903-566-8444 800-340-2697

www.AzleWay.org

60-100 boys, ages 6-17. Group home setting with house staff. Public schools. Counseling, including substance abuse counseling is available. Girls & boys adoption services. No sliding scale fee.

Brookhaven Youth Ranch

254-829-1893

5467 Rogers Hill Road, West Texas 76691

Admissions: 254-829-1920 www.BrookhavenYouthRanch.org

Serves up to 61 children, ages 13-17. Sex offender and substance abuse program. Accepts private referrals.

The Center for Success and Independence

713-426-4545

3722 Pinemont, Houston 77018

www.TCSI.org

Coed, ages 12-17 who are experiencing behavioral, educational, emotional problems, and/or substance abuse disorder. Also provides outpatient services. Accepts private insurance, self-pay, and Medicaid.

DePelchin Children's Center

713-730-2335

4950 Memorial Dr., Houston 77007

www.Depelchin.org

Residential treatment center for children ages 5-12. Only referrals from DFPS accepted.

Devereux Advanced Behavioral Health

1150 Devereux Dr., League City 77573

League City: 800-373-0011 or 281-335-1000

www.Devereux.org

Victoria Campus: Provides treatment to emotionally and cognitively affected children ages 5-14. Adults must have an intellectual disability. Second campus in League City serves adolescents and young adults ages 11-22. Both programs accept learning disabled, emotionally disturbed, behavioral disorders, and psychiatric chemical dependency disorders. Chemical dependency disorders must be secondary. Private insurance accepted.

Helping Hand Home for Children

512-459-3353

3804 Avenue B, Austin 78751

www.HelpingHandHome.org

41 coed, ages 4-12. Counseling. TDFPS and voluntary placements. Prefer local clients. Foster care placements available for children from 0-18 years old. Applications available on agency website.

RESOURCE DIRECTORY

High Sky Children's Ranch

8613 W. County Road 60, Midland 79707

432-694-7728

www.HighSky.org Accepts children ages 0-17. Teaching family model. Rural Midland area. Residents attend public school. Some sliding scale. Placement through TDFPS.

Meridell Achievement Center

800-366-8656

12550 W. Hwy 29, Liberty Hill 78642

www.Meridell.com

PO Box 87, Liberty Hill 78642

Psychiatric, residential treatment program in the "Hill Country". Joint Commission accredited. Serves emotionally disturbed children and adolescents ages 11-17, with psychiatric and neuropsychiatric diagnosis. TEA approved schooling. Accepts Tricare and private insurance. Call for bed availability.

Methodist Children's Home

Admissions: 800-964-9226

1111 Herring, Waco 76708

www.MCH.org

Accepts children/adolescents ages 12-18. Average length of stay is 18 mos. Residents usually accepted through agency's basic care program. Family must call agency for phone screening prior to admission.

New Horizons-The Ranch

325-437-1852

Main office: 147 Sayles Blvd., Abilene 79605

www.NewHorizonsInc.com

Ranch Mailing address: P.O. Box 549, Goldthwaite 76844 Audrey Grace House: 598 Medical Dr., Abilene 79602

74 boys and girls, ages 7-17. Provides individualized/intensive inpatient treatment. Located near Goldthwaite, Texas.

Audrey Grace House-40 boys and girls.

San Marcos Treatment Center

800-251-0059

120 Bert Brown St., San Marcos 78666

512-396-8500 Referrals: 800-848-9090

http://SanMarcosTC.com

Residential treatment for girls and boys ages 6-17 with psychiatric, neuropsychiatric, and neurodevelopmental diagnosis. Clients learn to modulate and regulate behavior, manage anger and mood, and improve social functioning. Also accepts clients with IQs of 60 and above on a case-by-case basis. Clients attend the Center's accredited TEA school. Accepts most private/commercial insurance plans, Tricare, CHIP, Texas managed Medicaid plans, and out-of-state Medicaid.

Settlement Home 512-836-2150

1600 Payton Gin Road, Austin 78758

www.SettlementHome.org

Therapeutic group homes for girls, ages 12-17. CPS placement. Residential care secondary trauma. Individual and group counseling available. Submit psychological assessment and latest application for placement.

Texas NeuroRehab Center

800-252-5151

1106 W. Dittmar Rd., Austin 78745

512-444-4835

www.TexasNeuroRehab.com

Mental health services available. Residential and outpatient services provided. Physical Rehabilitation. Acute brain injury unit. Children residential, only behavior for IDD ages 8-17.

Upbring (formerly Lutheran Social Services)

512-459-1000

800-938-5777

https://upbring.org

Homes specialize in working with the most challenging children.

New Life Children's Treatment Ctr.

25752 Kingsland Blvd, Katy 77494 Krause Children's Treatment Ctr.

281-392-7505

Girls' residence for levels 5-6, ages 12-17, 6-8 month stay

650 Scarborough Rd., Canyon Lake 78133

Girls ages 11-17. A program of Lutheran Social Services. 6-8 month stay

830-964-4390

254-745-5174

3501 North 19th, Waco 76708

Waco Center for Youth

Admissions: 254-756-2171

The Harris Center facility for 40 boys and 40 girls. Ages 13-17. Emotionally disturbed adolescents committed under the provisions of the Texas Mental Health Code. On-site school includes special and vocational education. Sliding scale. Six to nine month program. Admission through local Harris Center of all 240 Texas counties: 713-970-7000.

Special Needs

Avondale House Inc. 713-993-9544

3737 O'Meara Drive, Houston 77025

www.AvondaleHouse.org

Three residences, family style environment, coed for ages 18 and older. Children with Autism or other pervasive developmental disorders. Also operates a day school for ages 5-21. Day program for ages 22 and up focused on prevocational skills and independence training.

Devereux Advanced Behavioral Health (See Residential - Treatment)

Hope Village 281-482-7926

15403 Hope Village Rd., Friendswood 77546

www.Hope-Village.com

60 coed, ages 8-18. Full time residential facility for individuals with intellectual disabilities. Family style residence. Normalization/independent living process. Day program. Private pay only.

Marbridge Foundation 512-282-1144

2310 Bliss Spillar Rd, Manchaca 78652

www.MarBridge.org

18+ years with primary diagnosis of developmental disability or cognitively challenged. Vocational and daily living skills. Must be able to ambulate independently. Offers transitional and lifetime care.

Mission Road Developmental Center

210-924-9265

8706 Mission Road, San Antonio 78214

Brazoria County Woman's Center

http://MissionRoadMinistries.org

72 coed, ages 3-17. Serves children and adults with MR and other developmental disabilities. Vocational and independent living skills training. Suburban dormitory. Education on and off campus. Levels 3-6. Tricare, Medicaid accepted.

Dripping Springs: 512-894-0801 Neuro Restorative

400 Hwy 290 W, Bldg. B, Suite 205, Dripping Springs, 78620 Houston: 713-331-0259 9551 Fannin St, Houston 77045 www.NeuroRestorative.com Residential and outpatient facilities for persons with acquired brain injury.

Sexual Assault

(*To Report: Call Local Police Department)

24 hr. Hotline: 281-585-0902 1-800-243-5788

Main office: 979-849-9553 www.WomensCenterBC.com

Support groups for victims of sexual assault & domestic violence. Has victim advocates that provide peer counseling and can help file crime victim's compensation.

The Bridge Main office: 713-472-0753 3811 Allen-Genoa, Pasadena 77504 Hotline: 713-473-2801

Baytown: 281-420-5600 www.TBOTW.org/

24 hr. hotline; sexual assault education and crisis intervention services, peer support group as well as hospital and legal accompaniment. Support groups in Pasadena and Baytown. Emergency shelter for domestic violence, sexual assault or homeless. Parenting groups and addiction groups. Provide referrals to community resources. Provides free monthly workshops with immigration attorneys to clients who have immigration problems, provides a sex and domestic abuse survivor group for kids 2-18 years old.

Houston Area Women's Center

1010 Waugh, Houston 77019

Business Office: 713-528-6798 Rape Crisis Hotline: 713-528-7273 Domestic Violence Hotline: 713-528-2121

www.HAWC.org

Agency serves women, men, children, and adolescents. Assists survivors of sexual assault, abuse, rape, and incest. Support group for non-offending parents, caregivers, friends, and family members. Individual and group counseling. Hospital accompaniment and emergency transportation to shelter available. Access to Children's Court Services. No fee. See also: Child Abuse; Domestic Violence; Hotlines; Legal Services.

HPD Special Victims Sex Crime Unit

RESOURCE DIRECTORY

Adult: 713-308-1180 Child: 713-830-3256 Pasadena PD: 713-477-1221 Harris Co. Sheriff: 713-221-6000 Baytown PD: 281-422-8371

Victim services: 713-308-0080

Conducts investigations of sexual assaults.

Katy Christian Ministries Crisis Center 5504 First St., Katy 77493

281-391-5261 Sexual Abuse Hotline (non-emergency): 281-693-7273

Domestic Violence Hotline: 281-391-4357

www.KTCM.org

Crisis counseling, shelter referrals, accompaniment to hospital, court and police. Friend of the court services, legal advocacy, food pantry, financial assistance. Support groups and referrals. Confidential. No fee. Mon-Thurs 8am-5pm.

Montgomery County Woman's Center

24 Hr hotline: 936-441-7273 Main office: 936-441-4044 www.MCWCTX.org

Serving Montgomery, Liberty, and North Harris County. Temporary shelter for 60 women with children. Individual counseling. Community Education. Victims of family violence and sexual assault counseling. Legal advocacy available. 24 HR hotline. No fee.

Montrose Center 713-529-0037

401 Branard, Houston 77006.

http://MontroseCenter.org

Appointments: 832-393-5427

Sunnyside: 832-395-0206

Sharpstown: 832-395-9800

www.HoustonTx.gov/Health

Magnolia: 832-395-3380

Sexual assault survivor support group for gay, lesbian, bisexual, non-binary, and transgender adults. Counseling center and support groups. Crisis support. 18 and up. Case management services and substance treatment on a sliding scale.

Rape Crisis Hotline (see Houston Area Women's Center)

713-528-7273

S.T.D. Clinics

Baylor Teen Health Clinics

713-873-3601

1502 Ben Taub Loop, Houston 77030

Screening and treatment of sexually transmitted disease, family planning and HIV counseling. Well woman/man exams. free birth control. Call for appointment, clinic hours, age limits and costs. Serves all zip codes. See Health for locations.

Houston City Health Centers/Houston Department of Health and Human

Services

8000 N. Stadium, Houston 77054 (Administration)

4410 Reed, 77051 (*Sunnyside)

7037 Capitol, 77011 (Magnolia)

6201 Bonhomme, 77036 (Sharpstown)

All appointments must be scheduled through appointment line. Preventive health care, family planning, immunizations for children and/or foreign travel, and dental. Services may vary by clinic. Please call the appointment line to make an appt. for family planning, STD & sexual health. *Teen Services - Health and sex education rap session - birth control, pregnancy test, etc. No fee.

Substance Abuse

Counseling

Alcoholics Anonymous

5151 Mitchell Dale St, Suite B10, Houston 77092

24 hr.: 713-686-6300 www.AAHouston.org

12-step self-help group for those abusing alcohol. Call for nearest group meeting in Houston and surrounding area. Serves all zip codes. Bookstore with AA literature.

Association for the Advancement of Mexican Americans (AAMA)

204 Clifton St, Houston 77011

713-926-9491 School: 713-929-2300

Adult Education: 713-929-2330

www.AAMA.org

Crisis counseling, emphasis on alcohol and inhalant abusers. Home visits. Alternative high school up to 19 years of age. Outpatient substance abuse program in Spanish. HIV outreach and testing.

78 S.T.D. Clinics-Continued

RESOURCE DIRECTORY

Bay Area Council on Drugs and Alcohol (BACODA)

1300A Bay Area Blvd., Suite 239, Houston 77058

www.BACODA.org

2947 East Broadway, Suite 400, Pearland 77581

Prevention and intervention services, SAP services, recovery support, assessments, individual and family counseling (English and Spanish). Education: DWI-Ed, DWI-I, SAEP, and TDOEP. Community outreach through presentations and prevention-based activities. Business support through drug and alcohol safety presentations. Some services at no cost to the community and some are for a nominal fee. Appointment only.

Career and Recovery Resources, Inc.

713-754-7000

800-510-3111

2525 San Jacinto, Houston 77002

www.CareerAndRecovery.org

The Alternative Program helps people begin the road to recovery. Employment services, VA services, Deaf and/or Hard of Hearing services and Alternative Drug and Alcohol Outpatient Treatment Program. Adults only.

Civic Heart Community Services

713-374-1200

3131 Emancipation Ave., Suite 400, Houston 77004

www.Civicheart.org

Community based substance abuse prevention and intervention. Mentoring services. Abstinence education. Homeless supportive services. Permanent housing for homeless men and women. HIV education and testing. After school and summer program for ages 6-17. Availability of programs varies by area, call to determine eligibility.

The Council on Recovery - Houston

713-942-4100

303 Jackson Hill, Houston 77007

855-942-4100 www.CouncilOnRecovery.org

Bilingual counseling, assessment, and referral services. Region VI Education Center with information on prevention and intervention. Center for Women & Children includes Cradles Project for children exposed to addictive drugs or HIV during pregnancy.

DAPA Family Recovery Programs

713-783-8889

5500 Guhn Rd, Suite 100, Houston 77040

24 hr.: 800-828-3272

Outpatient addiction treatment includes individual, family, and group counseling. Day treatment (only for residential patients) and inpatient care also available. Dual diagnosis, mental health, and drug addiction program. Medication management clinic for outpatient.

Devereux Advanced Behavioral Health

800-373-0011

1150 Devereux Dr., League City 77573

www.Devereux.org

Long term hospitalization. Intensive residential services for adolescents. Residential services for children. Autistic and IDD children.

Ft. Bend Regional Council on Substance Abuse

10435 Greenbough, #250, Stafford 77477

3926 Ave H, #11, Rosenberg 77471

Stafford: 281-207-2400 Rosenberg: 281-342-8828

www.FortBendCouncil.org 12-week Substance Abuse program. Repeat DWI Offender. Drug offender class. Aftercare offered for adults who complete 12-week Substance Abuse program. Outpatient drug treatment for adults. Sliding scale fee, Medicaid.

Houston Al-Anon Family Group Services

9800 NW Freeway, Suite 201, Houston 77092

24 hr.: 713-683-7227 www.HoustonAlAnon.org

12 Step self-help group for friends and relatives impacted by another's alcohol use. Also has group for adult children of alcoholics. ALATEEN and parents of alcoholics. Information on group locations. Serves all zip codes. No fee. Phones answered by volunteers at 24-hour number. Online registration for Face2Face coming September 30, 2023.

Houston Northwest Rehab

281-537-2800

2611 Cypress Creek Parkway (FM 1960 West), Houston 77068

HNWRinfo@gmail.com

2802 Garth Rd, Suite 115, Baytown 77521

Intensive outpatient program offers educational, individual, and group counseling services for a minimum of six weeks. Longer term supportive outpatient is available. Drug testing and evaluation. Anger management, decision making, antitheft (shoplifting) and domestic violence (BIPP) classes for youth and adults. State certified classes for tobacco awareness, and minor in possession (MIP). DWI education, Texas Drug Offender Education Program (TDOEP), and DWI repeat offender classes for adults. Weekend classes available. Teen parenting classes. Service costs vary by class. Self-pay and private insurance accepted.

Lifeway International

713-459-9427

12955 Memorial Dr., Houston 77079

www.lifewayrocks.com

Alternative peer group and recovery system in the field of chemical dependency. Adolescent group ages 13-17; young adult group ages 18-25; adult group ages 26+. Highlights the spiritual side of recovery. Virtual services at several locations in the Houston area. Provides referrals to treatment programs with a higher level of care. Provides coordination of care.

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RESOURCE DIRECTORY

Margaret Hood Black and Associates

19222 Tomball Pkwy, Tomball 77070 (Prince of Peace)

5520 Kingwood Dr., Humble 77345

www.MargaretHoodBlack.com

Individual, marital, or family counseling, parent education, and treatment for substance abuse for ages 12 and up. Self-pay. Virtual visits available. Appointment only.

Memorial Herman Prevention & Recovery Center (PaRC)

832-742-0814

281-589-4833

713-562-7819

3033 Gessner, Houston 77080

www.parcbh.com

Substance abuse: inpatient, outpatient day programs, detoxification, family education, aftercare for adolescents, ages 13-17, and adults. 12-Step meetings for adults. Pain recovery program. Does not accept Medicaid or Medicare. Private insurance and self-pay only.

Narcotics Anonymous

401 Branard, Suite 110, Houston 77006

12 Step program – list of meetings (found online), referrals.

24 hr. line: 713-661-4200 www.HASCONA.com

www.PDAPHouston.org

Palmer Drug Abuse Program (PDAP)

3730 Kirby, Suite 1200, Houston, 77098

725 Bateswood, #200, Houston, 77079 (Teen and Adult)

6221 Main St., Houston 77030 (Palmer Memorial Episcopal Church)

Provides free outpatient drug and alcohol recovery services designed to help both individuals and families recover. Available to teens (14-17), adults (18-25), and parents.

Phoenix House 713-426-2637

2525 N. Loop West, Suite 100, Houston 77008

www.phoenixhousetx.org

Offers a variety of evidence-based substance abuse treatment services for adolescents. Outpatient and residential substance abuse treatment services for adolescents, and outpatient services. Substance abuse prevention services for adolescents to be provided in schools or community. Adolescent outpatient program for ages 13-18. Accepts Medicaid.

Unlimited Visions Aftercare, Inc.

713-921-9185

5527 Lawndale, Houston, 77023

www.UnlimitedVisionsAftercare.org

Community based prevention and education. Adults only at this location, outpatient female and male.

907 Preston, Pasadena 77503 Inpatient 13-17 male. Outpatient 13-17 male. 713-534-8191

Education and Parent Groups

Bay Area Council on Drugs and Alcohol (BACODA)

1300A Bay Area Blvd., Suite 239, Houston 77058

2947 East Broadway, Suite 400, Pearland 77581

800-510-3111

www.BACODA.org

Information and education on drugs and alcohol. DWI-intervention, DWI education, Texas Drug Offender education. Numerous other programs for education and support groups. Programs presented to community groups, school, and business. Some services at no cost to the community and some are for a nominal fee. Some meetings held via Zoom. Counseling services in English and Spanish.

The Behavioral Hospital of Bellaire

713-600-9500

5314 Dashwood Dr., Suite 300, Houston 77081

www.BHBHospital.com

Free assessment, 24 hours, 7 days a week. Partial hospitalization and intensive outpatient. Outpatient care accepts Medicaid/CHIP. Adults only. Adolescent ages 13-17 via zoom.

The Council on Recovery

713-942-4100

303 Jackson Hill, Houston 77007

www.CouncilOnRecovery.org

Education and parent groups. Offers guidance, screening, and referrals for alcohol and substance abusers and their families. Offers Mindful Choices Program for children with substance abuse issues.

Hospitalization

Cypress Creek Hospital

281-586-7600

17750 Cali Drive, Houston 77090

ww.CypressCreekHospital.com

16-bed adolescent unit ages 12-17. Partial intensive aftercare program for adults. Encourage family involvement in group and 12 step groups. Level system. Day treatment program. Intensive outpatient care 3 hours a day, M-F. Medicaid accepted. No fee for assessment available 24 hr. /day.

DAPA Family Recovery Programs

5500 Guhn Rd. Ste. 100. Houston 77040

24 hr.: 800-828-3272 Outpatient 6-12 month treatment program for dual diagnosis, mental health, and drug addiction. Day treatment (only

available to residential patients) and inpatient care available.

713-783-8889

Kingwood Pines Hospital

2001 Ladbrook, Kingwood 77339

281-404-1001

www.KingwoodPines.com

116 beds total (for children, adolescents ages 12-17), inpatient/ outpatient treatment, with inpatient and intensive care. Outpatient services available for adolescents and adults. Accepts Medicaid, Medicare, CHIP, and private insurance. No children under 6.

Toxicology Associates Inc.

6910 Bellaire, Suite 13, 77074 (Admissions) 4405 Caroline, Houston 77004 2411 Franklin, LaMarque 77568 Admissions: 713-271-0067 Caroline: 713-528-2071 LaMarque: 409-935-3749

Administration: 713-541-3218

www.ToxicologyAssociates.com
Provides services for opiate addicted patients in Texas. Methadone maintenance treatment, counseling, and drug screens.
Private pay.

West Oaks Hospital 713-995-0909

6500 Hornwood, Houston 77074

www.WestOaksHospital.com

20 bed adolescent unit ages 13-17. Encourages family involvement in group and 12 step groups. Level system. Free assessment. Day treatment, intensive outpatient care, Monday-Friday. Call admissions department for specific information. Some Medicaid accepted. Private pay.

Residential Treatment

Cenikor

281-476-0088

4525 Glenwood, Deer Park 77536

888-236-4567 www.Cenikor.org

30-day program available. Substance abuse inpatient for ages 13-17, offers recovery housing. Detox program 3-11 days depending on progress. No Amerigroup or United Behavioral Health Medicaid. Medicaid accepted. Those without health insurance may qualify for state funding depending on availability.

La Hacienda Treatment Center

800-749-6160

3000 Weslayan, Suite 200, Houston 77027 (Outreach Center)

832-643-7535

145 LaHacienda Way, Hunt 78204 (Treatment Center)

www.LaHacienda.com

Hill Country resort setting near Kerrville, provides 3-6 week residential treatment for adults. Counseling, 12 step program, ROPES, family counseling, and therapeutic recreation. Accepts most insurance. Ages 18 and older.

Lone Star Behavioral Health Outpatient Clinic

281-351-6644

30903 Quinn Rd, Tomball 77375

www.LoneStarBehavioralHealth.com

Outpatient treatment for dual diagnosis, adult only. Individual, group. Accepts Medicare or self-pay. Adult only inpatient/residential: 16303 Grant Rd, Cypress 77429. 281-516-6200. Accepts Medicaid, Medicare, private insurance.

North Texas State Hospital Forensic Program

940-552-9901

PO Box 2231, Vernon 76385

www.DSHS.State.Tx.us/MHHospitals

4730 College Dr., Vernon 76384

Intake for ages 13-17 call The Harris Center, 18 bed residential center for youth with dual diagnoses. Admission through Juvenile Court Commitment as a condition of probation.

Right Step Main (24 hrs.): 877-351-7504

12350 Wood Bayou Dr., Houston 77013

713-528-3709 www.RightStep.com

Chemical dependency, adult inpatient, outpatient, and partial hospitalization. Self-pay and insurance accepted.

Santa Maria Hostel Inc. 713-691-0900

www.SantaMariaHostel.org

Chemical dependency treatment program for women and their children. Residential treatment program, transitional living. 12-Step approach to recovery. Individual and group counseling, family therapy and addiction education. Detox services.

2605 Parker Rd., Houston 77093 Admissions/Residential/Outpatient/Supportive Living 713-691-0900 2005 Jacquelyn, Houston 77055 Single Women-Residential/Outpatient 713-957-2413 Outpatient-Women 281-831-7754

Starlite Recovery Center

800-292-0148

230 Mesa Verde Drive East, Center Point 78010

www.StarliteRecovery.com

Chemical dependency treatment for adults (18 and older). Length of stay 30+ days. Medically managed detox, medication management and residential services. LGBTQA and Christian programs. Accepts most major insurance plans. Some Medicaid accepted.

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Youth Reach Houston

8113 Reservoir St., Houston 77049

P.O. Box 9631. Houston 77213

281-459-4555 www.YRHouston.org

Licensed Christian foster group home in NE Harris County for boys 12-171/2. With parental consent, accepts runaways, street kids, court involved, substance abusers, and incorrigible youth. Christian school for the boys in the home. No fee.

Transportation

METROLift Administrative Facility

1900 Main St, Houston 77002

Eligibility: 713-225-0119
To Schedule Transportation: 713-225-6716

www.RideMetro.org

Provides transportation for physically and mentally disabled residents who cannot use Metro's fixed route bus service. Some trips made by subsidized taxi. Curb-to-curb service is available on a daily basis to qualified patrons in the service area. Trips are made on a first call, first served basis (the day before service required). Call for application. Doctor's certificate required, and application needs to be filled out. \$1.25-\$2.50 one way, \$12.50 for 10 trips plus 1 free trip, \$47.25-monthly, \$418.50-annually. Serves the Houston area. Face masks are required.

R.I.D.E.S. Specialized Transportation for Harris County

713-368-7433

8410 Lantern Point, Houston 77054

www.ridesharriscountytx.gov

Provides non-emergency transportation services for older adults and disabled. Criteria: 65+ years of age (proof of age required), individuals with a disability (proof of disability such as SSI award letter or doctor certification). Fare cards available for purchase or from sponsoring agency. Must reside in Harris County.

Vocational Training and Employment

The Alliance 713-776-4700

6440 Hillcroft, #411, Houston 77081

www.TheAllianceTx.org

Refugee resettlement, job placement & training, health care access, interpreter program, ESL classes, savings account program, after-school program, community center, driver's education school.

AmeriCorps Information Hotline: 800-942-2677

1201 New York Ave. NW, Washington, D.C. 20525

www.Americorps.gov

my.americorps.gov

Variety of projects that will allow Americorps members to earn up to \$5,775 for college or to pay back to student loan. "National Civilian Community Corps" (NCCC) is a 10-month residential national service program for ages 18-26. Length of program: 10-12 months.

Barbara Jordan Career Center

713-636-6900

5800 Eastex Freeway, Houston 77026

http://HoustonISD.org/

Varied vocational training programs available for high school juniors and seniors only. Program is only offered to the following schools: Furr, Heights, Houston, Kashmere, North Forest, Northside, Washington, Wheatley and Yates. Must have unofficial transcript and shot record. 7:15am-3:35pm.

Bilingual Education Institute

713-789-4555

6060 Richmond Ave, Suite 180, Houston 77057

www.BEI.edu

ESL instruction and Spanish courses. Private/semi-private lessons in a variety of languages. Citizenship prep courses are offered by our partner, the Center for Career Transformation on campus. Virtual and online classes provided.

Career and Recovery Resources, Inc.

713-754-7000

2525 San Jacinto, Houston 77002

www.CareerAndRecovery.org

Career counseling and testing. Education on interviewing and resume writing. Must be 16+. Career Helpline-Job Bank. Various locations. Offers computer and GED classes, has homeless veterans' program. THRIVE program helps locate resources to assist in career fulfillment. Provides state funded drug and alcohol treatment, outpatient for adults.

Career and Technology Education HISD (CTE)

713-556-6981

4400 W. 18th St. 2E. Houston 77092

www.HoustonISD.org

HISD Career and Technical Education Dept. Services available at all HISD high schools. Provides students with the academic and technical skills needed to compete in global workforce. Mon.-Fri., 8:00am-5:00pm.

Chinese Community Center

713-271-6100

9800 Town Park Drive, Houston 77036 www.CCCHouston.org

Job training, literacy classes, Chinese Language School. Also has a youth camp program, senior care, child-care center, after school program, and community service referral program. Services available in English, Spanish, Mandarin, Cantonese, and Vietnamese.

Covenant House 713-523-2231

1111 Lovett Boulevard, Houston 77006

www.CovenantHouse.org

Rights of Passage (ROP). For ages 18-24. See also Residential Care.

Family Houston 713-523-2231

1300 Bay Area Blvd., Suite 240, Houston 77058 (Bay Area)

www.FamilyHouston.org

12300 Parc Crest Dr., Stafford 77477 (Fort Bend) 531 FM 359 South, Brookshire 77423 (Waller)

One-on-one support to help individuals develop career goals, connect with employers, and advance in their careers through resume' preparation, soft skills education, and job search. No fee. Provides telehealth services.

Goodwill Industries Corporate Job Connection

832-431-4471

215 W. 20th, Houston 77008

www.GoodwillHouston.org

Provides employment and training services for people with barriers to employment. Programs for people with disabilities, veterans, older workers, youth, people with HIV/AIDS, ex-offenders, and the unemployed/underemployed. Phones available for job search, resume' preparation, and interview skills. Office Locations:

River Oaks 2520 Brun St, 77019 serves adults and specializes in ex-offenders 9606 Hillcroft, 77096 serves youth (job readiness) 713-590-3123 713-721-0167 Fleights 215 W. 20th St., 77008 serves people with disabilities (working 713-970-1782)

remotely due to construction)

Gulf Coast Trade Center 936-344-6677

143 Forest Service Road, #233, New Waverly 77358

www.GCTCW.us

Basic residential group care vocational training program – 196 boys, ages 15-18. Mostly TYC, Juvenile Probation and TDFPS. Certified Charter School. Drug abuse component. Education in 3 different trades.

Humble Area Assistance Ministries

281-446-3663

1302 First St. East, Humble 77338

www.HAAMMinistries.org

Clients enrolled in job bank have access to social services, food pantry, resale shop, and limited financial assistance. Jobs range from unskilled to professional. Clients are provided with job search skills information. Assist with limited funds for GED testing, GED books, further schooling.

Job Corps Information: 800-733-5627

Co-ed residential vocational training in over 100 trades and occupations for 16-24. Birth certificate, social security card, picture ID, high school transcript, government assistance award letters, and shot record needed. Parents must be within low-income level unless applicant lives independently. Students are given spending money and put on savings plan.

S.E.A.R.C.H Homeless Services

713-739-7752

2015 Congress, Houston 77002

www.SearchHomeless.org

Clients need a homeless letter from a case manager from a homeless shelter to qualify for services. Assistance with applications for Gold Card and SNAP. For housing assistance, clients should go to 1212 Prairie for a housing intake.

SER - Jobs for Progress

713-773-6000

1710 Telephone, Houston 77023

www.SERHouston.org

Resource Center for individuals seeking employment. Job Bank. GED. Youth Build training program for ages 16-24. Scholarship opportunities for various careers.

Texas Workforce Solutions: Vocational Rehabilitation Services (formerly DARS) 832-681-2633 4308-B Garth Rd (Baytown) Baytown: 281-837-0079 8866 Gulf Fwy., #225 (Hobby) Hobby: 713-866-7750 4111 Fairmont Pkwy, #104A (Pasadena) Pasadena: 281-454-2300 4424 North Fwy (West) West: 713-692-7755 9668 FM 1960 Bypass Rd West (Humble) Humble: 281-446-4837 14355 East Wallisville Rd (Willowbrook) Willowbrook: 281-807-9462 14355 Wallisville Rd (Northeast) Northeast: 281-458-1155 70 FM 1960 W, #A (North) North: 281-891-2850 3311 Richmond, #175 (Central) Central: 713-866-7765 2636 South Loop W., #525 (South) South: 713-349-1360 18333 Egret Bay, #590 (Clear Lake) Clear Lake: 281-333-7980 www.TWC.State.Tx.us

In order to be eligible for services, client must have a physical and/or mental condition that affects their ability to work, needs Vocational Rehabilitation services to prepare for, enter, engage in, or advance in competitive integrated employment, and be able to get and keep a job in a competitive integrated work setting after receiving services. Services also offered while the client is still in school and after graduation.

Workforce Solutions: Houston-Galveston Area Council

Office: 713-627-3200 Employer Services: 713-688-6890 3355 Timmons Ln, Houston 77027 P.O. Box 22777 Houston, 77227 Astrodome: 713-661-3220 3355 W. Alabama, Suite 350, Houston 77098 (Employer Services) Northline: 713-692-7755 9315 Stella Link (Astrodome) Baytown: 281-837-0079 4424 North Frwy, Suite A (Northline) North Shore: 281-458-1155 4308 B Garth Rd (Baytown) Cypress Station: 281-891-2850 14355 E. Wallisville Rd (North Shore) Southwest: 281-564-2660 70 FM 1960 W (Cypress Station) East End: 713-228-8842 13625 Beechnut, St. (Southwest) Liberty: 936-336-8063 4450 Harrisburg (East End) Texas City: 409-949-9055 2131 Hwy 146 Bypass (Liberty) NE: 713-697-3437 Westheimer: 713-953-9211 3549 Palmer Hwy (Texas City) 4217 Tidwell, Suite A (NE) Katy: 281-644-1030 8373 Westheimer Humble: 281-446-4837 24025 Katy Fwy, #D (Katy) Willowbrook: 281-807-9462 9668 FM 1960 W (Humble) Waller: 979-826-0653 17725 Tomball Pkwy(Willowbrook) Southeast: 512-565-4049 640 10th St, Suite D (Waller) Rosenburg: 281-239-1230 12148 Gulf Fwy, #B (Southeast) Pearland: 832-409-0049

3823 Cartwright Rd (Missouri City) 6730 Antoine Dr. (Acres Homes)

117 Lane Dr., Suite 44 (Rosenburg)

5730 W. Broadway, Suite 122 (Pearland)

Education, training, and employment services. Leadership development training, adult mentoring.

Miscellaneous Numbers

Adult Protective Services Houston office: 713-394-4000

To report abuse of elderly or disabled: 1-800-252-5400

Missouri City: 346-341-7390

Acres Homes: 832-403-2232

www.WRKSolutions.com

Main Office: 713-526-8300 **American Red Cross** 2700 SW Frwy., Houston 77098 N. Bay: 281-424-1300 5301 Decker, Baytown 77520 (N. Bay Area Branch) Fort Bend: 281-342-9480 www.RedCross.org 2610 BF Terry Blvd, Rosenberg 77471 (Fort Bend)

City of Houston-City Services 311

Disaster Distress Helpline 800-985-5990

FEMA Disaster Assistance 800-621-3362

Mayor's Citizens Assistance Office (Houston) 832-393-0955

National Flood Insurance Program 800-621-FEMA

Office of Emergency Management

RESOURCE DIRECTORY

Brazoria County: 979-864-1201 Ft. Bend County: 281-342-6185 Galveston County: 281-309-5002

Houston: 713-884-4500

Montgomery County: 936-523-5000

Office of Homeland Security and Emergency Management

713-881-3100

Texas Consumer Protection

800-621-0508 www.Texasattorneygeneral.gov/consumer-

protection

Towed Cars-finding towed cars due to flooding

713-308-8580 Findmytowedcar.com

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Directory Information Addition and Update Criteria

Submission Deadline for Next Edition: June 30th

In an effort to maintain accuracy, we urge each agency to check their listing in the resource directory. Please report any corrections or changes by contacting Harris County Community Youth Services and requesting an update form. If your agency is not listed and you meet the eligibility criteria, we would be glad to consider your agency for inclusion in the resource directory. If you have any questions, please feel free to contact Harris County Community Youth Services offices at 832-927-6369. If your update or addition is not received by the submission deadline, it will be held until the next edition.

Email: cys_directory@harriscountytx.gov